

# GAPNA *eAlert*

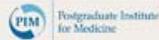
July 18, 2017



## ENHANCING THE MANAGEMENT of Insomnia in Older Patients

1.0 AMA PRA Category 1 Credit™  
1.0 ANCC contact hour  
1.0 contact hour of pharmacotherapy credit

CLICK HERE FOR A FREE  
CE/CME activity!



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## ***REGISTER NOW for our 36th Annual Conference***

Our 36th annual conference will be held in Nashville, TN at the Gaylord Opryland Hotel on October 4 – 7, 2017. Read more below!

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## ***Dementia Symptoms: Warning Signs vs Normal Aging***

What's normal and what's dementia? Symptoms can tip you off as to whether a patient may be experiencing early dementia signs. Read more below.

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**1.0 CE/CME CREDIT**

**PCE**

Improve Your Ability to Recognize & Manage Neurogenic Orthostatic Hypotension

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## ***Keeping Lonely Seniors Company Can Help Keep them Healthy***

Research shows older adults who feel lonely are at greater risk of memory loss, strokes, heart disease and high blood pressure. The health threat is similar to that of smoking 15 cigarettes a day, according to AARP. Read more below.

Read More

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## ***NEW APRN Specialty Certification***

“The purpose of the certification is to better identify APRNs who are most qualified and experienced in managing patient care,” according to GAPNA President Katherine Abraham Evans, DNP, FNP-C, GNP-BC, ACHPN, FAANP. Read more below!

Read More

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## ***Foundation Events at the Annual Conference***

Come support the GAPNA Foundation in Nashville and take part in some fun-filled events with your colleagues.

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### **The Importance of Improving Early Diagnosis in Alzheimer Disease**

1.25 AMA PRA Category 1 Credits™ | 1.2 ANCC contact hours

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The Gerontological Advanced Practice Nurses Association (GAPNA) is the organization of choice for advanced practice nurses who want to pursue continuing education in gerontological care and who seek peer support from experienced clinicians.

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