

# 2024 Pharmacology Conference

**March 21-23, 2024**

**Hilton Chicago • Chicago, IL**

## CONFERENCE SCHEDULE

### THURSDAY, MARCH 21, 2024

*All times in Central Time (CT).*

2:00 pm – 6:15 pm

Registration Open

4:30 pm – 6:00 pm

Welcome and Exhibits

### FRIDAY, MARCH 22, 2024

*All times in Central Time (CT).*

6:30 am – 5:45 pm

Registration Open

7:00 am – 8:00 am

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and breakfast will be provided if industry support is received.*

8:00 am – 9:00 am

**Session 101: Anticoagulant Considerations for Older Adults**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Nancy Shapiro, PharmD, FCCP, BCACP, CACP**

This session will address some of the considerations and management strategies for anticoagulation that exist for older adults.

9:00 am – 9:45 am

**Coffee Break and Exhibit Networking**

9:45 am – 11:15 am

**Session 102: New Dementia Medications**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

**Dawn Gerber, PharmD, BCGP, FASCP, FAzPA**

This session will address new medications for the treatment of dementia in older adults, including the common pharmacological classes of medications used, mechanisms of action and potential side effects, and expectations of patients and caregivers related to use.

11:20 am – 12:20 pm

**Session 103: 2023 COPD Gold Standard Update: Focus on Pharmacotherapy**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

**Annie Ottney, PharmD, BCPS**

This session will focus on the role of pharmacotherapy in the management of COPD, including differences in drug classes, dosage forms, and benefits of treatment.

12:20 pm – 1:20 pm

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and lunch will be provided if industry support is received.*

# CONFERENCE SCHEDULE



1:20 pm - 2:20 pm

**Session 104: SGLT2 Inhibitors for Prevention of Chronic Kidney Disease and Heart Failure: Implications for Older Adults**

contact hour (which includes 1.0 hour of pharmacology credit)

*Lynn Sheppard, MSN, RN, CHF, ANP-BC*

Individuals with chronic kidney disease (CKD) are at an increased risk of heart failure; conversely, kidney function decline is common in individuals with heart failure (HF). Sodium-glucose co-transporter 2 (SGLT2) inhibitors reduce the risk of kidney disease progression and hospitalization for heart failure, both in patients with CKD and in patients with HF. This session will address the beneficial effects of SGLT2 inhibitors for the treatment of CKD and HF in older adults.

2:20 pm - 2:50 pm

**Refreshment Break and Exhibit Networking**

2:50 pm - 3:50 pm

**Session 105: Antiretroviral Therapy for Older Adults Living with HIV**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Melissa Badowski, PharmD, MPH, FCCP, FIDSA, BCIDP, BCPS, AAHIVP*

According to the CDC, over half of the people in the United States diagnosed with HIV are aged 50 and older. Many HIV risk factors are the same for people of any age, but older adults are less likely to get tested for HIV. Treatment with antiretroviral therapy is recommended for everyone with HIV. This session will address considerations related to antiretroviral therapy treatment in older adults.

3:55 pm - 5:25 pm

**Session 106: Genomics of Medication Metabolism**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

*Ben Inventor, PhD, CNP*

Differences in genetic makeup among individuals affect what the body does to a drug and what the drug does to the body. The age of an individual can also be a factor since as the body ages, changes can decrease the body's ability to break down or remove certain medications from the system. This session will address considerations related to the pharmacogenomics of medication metabolism in older adults.

## SATURDAY, MARCH 23, 2024

All times in Central Time (CT).

7:00 am - 4:00 pm

**Registration Open**

7:00 am - 8:00 am

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and breakfast will be provided if industry support is received.*

8:00 am - 9:00 am

**Session 201: Promoting Equitable Care Transitions: A Focus on Medication Reconciliation**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Sally Arif, PharmD, BCPS, BCCP*

Medication reconciliation has been recognized as an important process in care transitions to prevent adverse health outcomes. Older adults may have multiple comorbid conditions and use multiple medications, so they are more likely to experience complicated transitions between acute and long-term care settings. This session will address why it is important to develop effective interventions to protect older adults at transition points of care.

### GAPNA 2024 Pharmacology Conference Planning Committee

Patricia McCann, MS, APRN-BC, *Chair*

Linda Keilman, DNP, MSN, RN, GNP-BC, FAANP

Anne Maynard, MSN, APRN, ANP-BC, GNP-BC

Misty Pagán, DNP, MSN, APRN, AGNP-C

Mandy Peacock, DNP, APRN, AGNP-C

Rosemarie Marmion, MSN, RN, NPD-BC, NE-BC,  
*Education Director*

# CONFERENCE SCHEDULE

9:05 am - 10:05 am

## **Session 202: Anti-Psychotic Use in Older Adults with Behavioral and Psychological Symptoms of Dementia (BPSD)**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Amy Lewitz, MS, PMHCNS, BC*

This session will assist attendees in assessing behavioral and psychological symptoms of dementia and identifying appropriate interventions that provide benefit with minimization of risk to the patient.

10:05 am - 10:20 am

## **Coffee Break**

10:20 am - 11:20 am

## **Session 203: Antimicrobial Treatment of Common Infections in the Older Adult**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Hubert Lin, APRN*

This session will explore treatments for several types of infections common in the care of older adults. Attendees will gain improved confidence in choosing antibiotics and in being better stewards of antibiotic use.

11:25 am - 12:55 pm

## **Session 204: Prescribing/Deprescribing and Shared Decision-Making**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

*Laura Hanson, PharmD, BCGP*

Polypharmacy is common in the care of older adults and can lead to the use of potentially inappropriate medications and severe adverse outcomes. Deprescribing is an essential step of the prescribing process to decrease the use of potentially inappropriate medications and is especially beneficial when incorporating patient preferences and shared decision-making. This session will explore the benefits of the deprescribing process and ways to use shared decision-making principles to assess the potential for deprescribing in a variety of situations.

12:55 pm - 1:00 pm

## **Closing Remarks**



## **On-Demand Pre-Registration**

If you cannot register to attend the conference in person, you can register in advance for On-Demand virtual access to education sessions after the conference ends.

With the On-Demand registration option, you can pre-purchase access to this conference for convenient, on-demand viewing after the conference. You will have access to recorded sessions and slides from the conference program to view or listen at any time from the convenience of your work, home or mobile device.

This purchase includes access to all educational conference sessions, excluding industry-supported presentation theaters.

You will be able to evaluate and earn up to 11.5 nursing continuing professional development (NCPD) contact hours, including pharmacology credit.

NCPD credit from this conference is available through the posted date, which is approximately 2 years after the live event.

## **Nursing Continuing Professional Development**

Earn up to 11.5 nursing professional continuing development (NCPD) contact hours for professional development, recertification, and relicensure.

All NCPD sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcome and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

## **GAPNA Online Library and Session Handouts**

Full conference attendees receive free access to all conference sessions on the GAPNA Online Library conference page. Session recordings will be available approximately 4 weeks after the conference. Session handouts will be available approximately 2 weeks prior to the conference.

Print Name:		
Organization/Employer Name:		
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work		
City / State / Zip:		
Nursing License #:		
Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business		
E-mail (required): <input type="checkbox"/> Personal <input type="checkbox"/> Business		
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors		
<b>Non-members may register at the Member rate by including membership fee with registration fees.</b>	<b>GAPNA Member</b>	<b>Non-member</b>
<b>In-Person Main Conference Registration Fees</b>		
Postmarked 2/8/24 & before - Early Bird Fee	<input type="checkbox"/> \$319	<input type="checkbox"/> \$429
Postmarked 2/9/24 & after - Regular/Onsite Fee	<input type="checkbox"/> \$399	<input type="checkbox"/> \$509
<b>On Demand Main Conference Registration Fees</b>		
Postmarked 2/8/24 & before - Early Bird Fee	<input type="checkbox"/> \$319	<input type="checkbox"/> \$429
Postmarked 2/9/24 & after - Regular/Onsite Fee	<input type="checkbox"/> \$399	<input type="checkbox"/> \$509
<b>Daily Rate - For In-Person Registration Only</b>		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$255	<input type="checkbox"/> \$325
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$155	<input type="checkbox"/> \$205
<b>No Contact Hour Registration Fee</b>	<input type="checkbox"/> \$199	
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice Nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$125
<input type="checkbox"/> Student <input type="checkbox"/> Retired		<input type="checkbox"/> \$95
	<b>Foundation donation</b>	<input type="checkbox"/> \$ _____
Please contact us via <a href="mailto:GAPNA@ajj.com">GAPNA@ajj.com</a> to advise of any dietary or disability needs.		

### 3 Ways to Register

- ▶ **1** Register online at [www.gapna.org](http://www.gapna.org)
- ▶ **2** By fax: 856-218-0557
- ▶ **3** Mail completed form with payment to:  
**GAPNA Registration**  
 East Holly Avenue/Box 56  
 Pitman, NJ 08071-0056

Registration cannot be processed without payment.  
 Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by February 22, 2024, we will refund registration cost, less a \$75 administration fee. We are unable to make refunds after February 22, 2024, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 31, 2024, to qualify for member rates. Current may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

### PAYMENT OPTIONS

Check enclosed made payable in U.S. funds to: GAPNA

Charge my:        

**Name of cardholder** (please print) \_\_\_\_\_

**Billing address if different from above mailing address** \_\_\_\_\_

Credit Card Number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

### PAYMENT SUMMARY

Registration .....	\$ _____
Membership application .....	\$ _____
Donate to Foundation .....	\$ _____
<b>Total Enclosed</b> .....	\$ _____