



PHARMACOLOGY &  
Prescribing in Older Adults

The background of the entire page is a vibrant tropical beach scene. It features several tall palm trees with lush green fronds against a clear blue sky with scattered white clouds. The turquoise ocean meets a white sandy beach at the bottom. Overlaid on the lower half of the image is a large, stylized pink hibiscus flower graphic with a white outline.

**Honolulu, Hawaii**  
**April 25-29, 2023**  
**Hilton Hawaiian Village**

A green hibiscus flower graphic with a white outline, positioned to the left of the registration information.

*Register by March 1, 2023 and save \$80*  
[www.gapna.org](http://www.gapna.org)



Join us in 2023  
to get your education  
and enjoy your vacation!

## Highlights

**Education.** Earn up to 18.0 contact hours, which includes 18.0 hours of pharmacology credit. Virtual registration option available for all sessions.

**Networking.** Meet other attendees focused on pharmacological concerns for their patients and interact with leading experts and industry representatives.

**Exploration.** Discover the unique personality, adventures, activities, and sights of the Hawaiian islands. Immerse yourself in the Hawaiian culture.

**Time.** Take advantage of a specially modified schedule to earn your education and enjoy your vacation. Conference sessions during the first half of the day allow for relaxation and exploration in the afternoon and evening.

## Waikiki Starlight Luau

Friday, April 28 | Doors open at 5:30 pm

education • practice • research  
**GAPNAF**  
Gerontological Advanced Practice  
Nurses Association Foundation, Inc.



On Friday, April 28, 2023, join your colleagues for a unique feast of music, food, color, and dance at the Waikiki Starlight Luau at our conference hotel, the Hilton Hawaiian Village. Waikiki's only outdoor luau features lei greetings, hula performers, acrobatic fire dancers, and authentic Hawaiian cuisine in an unforgettable setting beneath the starlit Pacific skies.

The GAPNA Foundation has arranged a special discount price for GAPNA conference attendees of **\$139** including tax (regular \$234.00). Tickets may be purchased during the conference registration process. Space is limited. The luau is held on the great lawn at the Hilton Hawaiian Village.

# CONFERENCE SCHEDULE

## Tuesday, April 25, 2023

3:00 pm – 7:30 pm

**Registration Open**

5:00 pm – 6:00 pm

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and light refreshments will be provided if industry support is received.*

6:00 pm – 7:30 pm

**Opening Reception**

## Wednesday, April 26, 2023

6:30 am – 2:45 pm

**Registration Open**

7:00 am – 8:00 am

**Continental Breakfast/Exhibit Displays**

8:00 am – 8:10 am

**Conference Welcome**

8:10 am – 9:10 am

**Session 101: Antibiotic Therapy for Common Pulmonary, Urinary, and Skin Infections**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*William Simonson, PharmD, FASCP*

This session will focus on the use of antibiotics for common pulmonary, urinary, and skin infections. Areas of focus will include a review of individual antibiotics including current evidence of risk vs. benefit. Pertinent clinical practice guidelines will also be reviewed.

9:10 am – 10:00 am

**Coffee Break/Exhibit Displays**

10:00 am – 11:30 am

**Session 102: Management of Behavioral Symptoms in Dementia**

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

*Brett Lu, MD, PhD*

Patients with dementia can suffer from behavior issues that cause distress to themselves and caregivers. Severe symptoms often do not respond to behavioral interventions. This session will provide an overview of dementia-related behaviors that may be targets for pharmacological intervention and an evidence-based medication algorithm pertinent in a primary care setting.

11:35 am – 12:35 pm

**Session 103: Oral Anticoagulants**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Chad Kawakami, PharmD, BCPS*

Older adults suffer with many chronic conditions that may require anticoagulation but also parallel the risk for bleeding. Appropriate risk vs. benefit analysis, coupled with appropriate drug selection, is necessary in achieving optimal outcomes. This session will review the pathophysiology of thromboembolic disorders and appropriate therapy base on the drugs' pharmacological activity, efficacy, and side-effect profile.

12:35 pm – 1:35 pm

**Industry-Supported Presentation Theater (Seating is limited)**

*Presentation theater and lunch will be provided if industry support is received.*

1:35 pm – 2:35 pm

**Session 104: Chronic Pain Management**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Chad Kawakami, PharmD, BCPS*

There are many barriers to effective chronic pain management in older adults. The barriers include limited guidelines that specifically target older adults, lack of healthcare professional education, healthcare professionals' concerns about the potential treatment-related adverse effects, and older adult beliefs about pain and pain treatments.

## Thursday, April 27, 2023

6:45 am – 1:45 pm

**Registration Open**

7:00 am – 8:00 am

**Continental Breakfast/Exhibit Displays**

8:00 am – 9:00 am

**Session 201: Parkinson's Disease and Movement Disorders**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Stuart Pang, MD*

This session will address the latest information on the pharmacological treatment of movement disorders in the older adult population, with a specific focus on Parkinson's disease.

9:05 am – 10:05 am

**Session 202: Headache Management Update 2023**

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Monique Canonico, DO*

This session will discuss treatment of headache pain management in older adults, including red flag and medication overuse headaches and rescue and preventive pharmacologic interventions.

# CONFERENCE SCHEDULE

10:05 am – 10:50 am

## Coffee Break/Exhibit Displays

10:50 am – 11:50 am

## Session 203: Overview of Common Respiratory Medications

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Lynda Mackin, PhD, AGPCNP-BC, CCNS, GS-C*

This session will provide an overview of common respiratory medications used in the management of COPD, asthma, and other respiratory disorders in older adults.

11:55 am – 1:25 pm

## Session 204: Optimal Medical Management for Heart Failure and Atrial Fibrillation

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

*Mandi Benton Cummings, APRN, FNP-BC; Kailie Wong, MSN, APRN-Rx, NP-C*

Expand your knowledge of the optimal medical management for heart failure and atrial fibrillation in the geriatric population.

## Friday, April 28, 2023

7:00 am – 1:15 pm

## Registration Open

7:00 am – 8:00 am

## Industry-Supported Presentation Theater (Seating is limited)

*Presentation theater and breakfast will be provided if industry support is received.*

8:00 am – 9:00 am

## Session 301: Pharmacologic Therapy for Common Gastrointestinal Conditions

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*William Simonson, PharmD, FASCP*

This session will focus on the use of medications for common gastrointestinal conditions including dyspepsia, GERD, and *C. difficile* infection. Content will include a review of commonly used medications including current evidence of risk vs. benefit. Pertinent clinical practice guidelines will also be reviewed.

9:05 am – 10:05 am

## Session 302: Chronic Kidney Disease and Pharmacologic Management

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Jana Sanders Wilkinson, MSN, APRN, FNP*

This session will provide an overview of considerations for practitioners when prescribing medications for geriatric patients with chronic kidney disease. Additional discussion will focus on acceptable prescribing principles required while acknowledging decreased kidney function in the older adult.

10:05 am – 10:15 am

## Coffee Break

10:15 am – 11:15 am

## Session 303: Osteoporosis Management

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Lynda Mackin, PhD, AGPCNP-BC, CCNS, GS-C*

This session will relate the pathophysiology of osteoporosis to pharmacotherapeutic algorithms used in the management of the disease. Risks and benefits of osteoporosis pharmacotherapy will be addressed.

11:20 am – 12:50 pm

## Session 304: Diabetes Management

1.5 contact hour (which includes 1.5 hour of pharmacology credit)

*Kelli Williams, APRN, FNP-BC, CDE, CDCES; Amanda Tanhchaleun, DNP, AGNP-C, CDCES, APRN-Rx*

This session will provide an overview of the most commonly used antihyperglycemic medications on the market, including a review of the most current ADA/AACE A1c goals along with geriatric considerations.

5:30 pm

## Foundation Event: Waikiki Starlight Luau

Registration required. Space is limited. More information on page 2.

## Saturday, April 29, 2023

7:00 am – 1:15 pm

## Registration Open

7:00 am – 8:00 am

## Industry-Supported Presentation Theater (Seating is limited)

*Presentation theater and breakfast will be provided if industry support is received.*

8:00 am – 9:00 am

## Session 401: Treatment of Common Dermatologic Problems in Older Adults

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Doug Johnson, MD*

This session will review dermatological physical diagnosis and discuss autoimmune dermatological disease.

9:05 am – 10:05 am

## Session 402: Palliative Care Symptom Management

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Aimee Finau Cama, MSN, GNP-C, ACHPN*

Palliative care symptom management focuses on the relief of uncomfortable symptoms in patients with life-limiting illness. These symptoms may arise as a direct result from advancing disease processes or as a side effect from

# CONFERENCE SCHEDULE

disease-modifying treatment. This session will focus on pharmacological and adjuvant interventions that alleviate discomfort with a goal of improving quality of life.

10:05 am – 10:15 am

## Coffee Break

10:15 am – 11:15 am

## Session 403: Cannabis 101 for Clinicians

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

*Me Fuimaono-Poe, APRN, FNP-BC*

This session will discuss the history of cannabis as medicine and provide a brief overview of the endocannabinoid system. Symptom management with cannabis, methods of use, dosing side effects, and how to assist patients in obtaining a 329 card also will be addressed.

11:20 am – 12:50 pm

## Session 404: Polypharmacy De-Prescribing

1.5 contact hour (which includes 1.5 hour of pharmacology credit)

*Shari Kogan, MD*

Polypharmacy is an epidemic in the United States which leads to wasted resources and

poor outcomes. Feel confident using tools that will assist you in prescribing, de-prescribing, and adjusting medication regimens for older adults.

12:50 pm – 1:00 pm

## Closing Remarks

2:00 pm – 6:00 pm

## Gerontological Specialist Certification Exam (Pre-Registration Required)

**GNCC** Gerontology Nursing Certification Commission

Test at the conference to become certified as a gerontological specialist and earn the GS-C credential. This is the ONLY specialty certification that recognizes your gerontological advanced practice nurse expertise. Demonstrate your expertise! The certification application specifically for this paper and pencil exam is available at [gerocert.org](http://gerocert.org) or for more details call C-NET at 800-463-0786. All applications must be postmarked by **March 18, 2023**. Testing begins promptly at 2:00 pm.

# HOTEL INFORMATION



## Hilton Hawaiian Village 2005 Kalia Road | Honolulu, HI 96815

A block of rooms has been secured at the single/double special rates of \$239 resort view, \$259 partial ocean view, \$279 ocean view. There is an additional person charge (3rd and 4th) of \$50 per person, per night. This rate is subject to applicable state and local taxes, currently 14.962%. Check-in is 3:00 pm and check-out is 11:00 am.

There is an optional \$20 resort charge per room, per night including:

- High-speed internet access/wi-fi access
- PlayStation® 3 access with unlimited movies and games
- No access fee for local or toll-free calls
- Hawaiian cultural activities
- Resort audio
- Movies on Wednesdays and Saturdays
- Outdoor morning exercise classes
- One personalized photo postcard per stay

**To receive the conference rate**, make an online reservation on the GAPNA website ([GAPNA.org](http://GAPNA.org)) or call hotel reservations at 808-949-4321 and refer to the GAPNA MidYear Conference. The conference rate is available through **March 10, 2023, or until the room block is full**. Reservations received after this date will be accepted on a space and rate available basis.

# GENERAL INFORMATION

## Airport/Transportation Information

The Daniel K. Inouye International Airport is about 9 miles from the hotel.

### Hotel Parking

Self-Parking: \$57/day

All rates are subject to change.

## Weather

In April, the weather in Honolulu will be warm with average temperatures in the mid-80s during the day and low 70s at night. Be sure to pack a sweater for air-conditioned conference rooms in the hotel and comfortable walking shoes for your conference activities.

## Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

## Industry-Supported Presentation Theater

An industry-supported presentation theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

## Payment Policy

**Register early!** Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

## Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$75 administration fee. Cancellations must be received at the National Office by March 15, 2023. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. In whatever manner the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

## Online Library and Paperless Conference!

Receive added educational value for your conference investment. FREE access to all conference content to view post event in the GAPNA Online Library! [www.gapna.org/library](http://www.gapna.org/library)

## GAPNA 2023 Pharmacology Conference Planning Committee

Valisa Saunders, MSN, APRN, GNP-BC, *Chair*  
Jennifer Serafin, GNP-BC, GS-C  
Sandy Kakiuchi, DNP, APRN, GCNS-BC  
Jaime Green, APN, GNP  
Rosemarie Marmion, MSN, RN, NPD-BC, NE-BC  
*Education Director*

## Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Conference Event Page are the property of GAPNA and may be used in promotional materials.

## Nursing Continuing Professional Development

Earn up to 18.0 nursing continuing professional development (NCPD) contact hours for professional development, recertification, and relicensure.

All NCPD sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcome and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the NCPD requirements for relicensure in the states in which they hold a license.



Register online at [www.gapna.org](http://www.gapna.org)

## REGISTRATION FORM GAPNA

Contemporary Pharmacology and Prescribing in Older Adults  
April 25-29, 2023

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business	
E-mail (required) <input type="checkbox"/> Personal <input type="checkbox"/> Business	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

### 3 Ways To Register

- ▶ **1 Register Online at [www.gapna.org](http://www.gapna.org)**
- ▶ **2 By fax: 856-218-0557**
- ▶ **3 Mail completed form with payment to:  
GAPNA Registration  
East Holly Avenue/Box 56  
Pitman, NJ 08071-0056**

Registration cannot be processed without payment.  
Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by to March 15, 2023, we will refund registration cost, less a \$75 administrative fee. We are unable to make refunds after March 15, 2023, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.  
To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through April 30, 2023, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

Non-members may register at the Member rate by including membership fee with registration fees.	GAPNA member	Non-member
<b>Main Conference Registration Fees</b>		
Postmarked 3/1/23 & before - Early Bird Fee	<input type="checkbox"/> \$329	<input type="checkbox"/> \$439
Postmarked 3/2/23 & after - Regular/Onsite Fee	<input type="checkbox"/> \$409	<input type="checkbox"/> \$519
<b>Virtual Registration Fees</b>		
Postmarked 3/1/23 & before - Early Bird	<input type="checkbox"/> \$454	<input type="checkbox"/> \$564
Postmarked 3/2/23 & after - Regular	<input type="checkbox"/> \$534	<input type="checkbox"/> \$644
<b>Daily Rate (In-Person Only)</b>		
Daily - <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	<input type="checkbox"/> \$285	<input type="checkbox"/> \$355
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$125
<input type="checkbox"/> Student - \$95 <input type="checkbox"/> Retired - \$95 (enter dollar amount)		<input type="checkbox"/> \$ _____
<b>GAPNA Foundation Event Fees (In-Person Only)</b>		
Starlight Luau (Friday) _____ # persons @ \$139 per =		<input type="checkbox"/> \$ _____
—————▶ TOTAL ENCLOSED		\$

Please contact us via [GAPNA@ajj.com](mailto:GAPNA@ajj.com) to advise of any dietary or disability needs.

**PAYMENT OPTIONS**

Check enclosed made payable  
in U.S. funds to GAPNA

Charge my:

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security # \* \_\_\_\_\_

\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_



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**GAPNA** | **PHARMACOLOGY & Prescribing in Older Adults**  
Gerontological Advanced Practice Nurses Association

The background of the top section is a vibrant photograph of a tropical beach. Several tall palm trees with green fronds are silhouetted against a bright blue sky filled with white, fluffy clouds. In the foreground, the clear, turquoise water of the ocean meets a sandy beach. The overall scene is bright and sunny.

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**April 25-29, 2023**  
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