

The premier conference for improving your gerontological practice CARE • CONTINUITY • CONNECTION



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The premier conference for improving your gerontological practice

CARE • CONTINUITY • CONNECTION

September 24-26, 2020

The 2020 GAPNA Annual Conference Is Going Virtual!

Tune in for live education beginning Tuesday, September 22, through Saturday, September 26, 2020, designed to incorporate what's best about connecting with colleagues and nursing leaders at our conference with what's best about distancing for individual health.



Invested speakers to help you prepare for the future of gerontological nursing.

What to Expect

- Access to live sessions and on-demand pre-recorded sessions.
- General and breakout sessions on current important topics relevant to your practice.
- Exhibitor Experience Connect with exhibitors live to support our exhibitors and GAPNA!
- Industry-Supported Product Theaters Industry representatives host a session that provides information on a specific product or service of interest to NPs.
- Online poster presentations View posters and listen to recordings on demand and participate in live sessions with selected poster presenter Q&A.
- More contact hours than ever!

Adaptability is a hallmark of nurses, and we know it is the key to our shared success during these times. We look forward to having you join us as part of our virtual conference!

Conference Program

Tuesday, September 22, 2020

All times are Eastern Daylight Time.

11:00 am - 3:00 pm

Pre-Conference Workshop (7.5 CH) – separate fee

(must participate both days to receive contact hours)

010 Dementia Care Specialists Clinical Skills Training – Day 1 - R

Based on the UCLA Alzheimer's and Dementia Care Program

Sherry Greenberg, PhD, RN, GNP-BC, FGSA, FAANP, FAAN; Jennifer Serafin, MS, BSN, RN, GNP-C, GS-C; J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C; Carolyn Clevenger, DNP, RN, AGPCNP-BC, GNP-BC, FAANP; Leslie Evertson, GNP

This session will focus on training APNs as dementia care specialists (DCS) based on the UCLA Alzheimer's and Dementia Care Program model. Methods will include role-playing utilizing evidence-based tools required to perform a comprehensive cognitive assessment. These validated tools will help support a clinical understanding of person-centered care including caregiver needs to formulate a comprehensive dementia care plan.

Note: Prior to participating in this workshop, it is highly recommended the learner complete the DCS course available in the GAPNA Online Library.

Sponsored by UCLA and The John A. Hartford Foundation.

11:00 am – 3:00 pm Pre-Conference Workshop (7.5 CH) – separate fee

(must participate both days to receive contact hours)

020 Gerontological Specialist Certification Exam Review Workshop – Day 1

Megan Pratt, MSN, APRN, FNP-BC, GS-C, Myla Magno, DNP, APRN, GNP-BC, GSC; Geraldine Kanne, MSN, ANP-BC, GS-C; George Peraza-Smith, DNP, ARNP-BC, FAANP, GS-C

The APRN specialty certification in gerontology – the APRN gerontological specialist – certified (GS-C) – distinguishes APRNs who possess expert knowledge, experience, and skill in managing the complex needs of older adults. This session will focus on reviewing material covered on the certification examination. Teaching strategies will include presentations, case studies, and interactive discussion based on the 12 proficiencies for the APRN gerontological specialist.

Conference Program

Wednesday, September 23, 2020

All times are Eastern Daylight Time.

10:00 am – 11:00 am Industry-Supported Product Theater

11:00 am – 3:00 pm Pre-Conference Workshop (7.5 CH) – separate fee

(must participate both days to receive contact hours)

010 Dementia Care Specialists Clinical Skills Training – Day 2 - R Based on the UCLA Alzheimer's and Dementia Care Program

Sherry Greenberg, PhD, RN, GNP-BC, FGSA, FAANP, FAAN; Jennifer Serafin, MS, BSN, RN, GNP-C, GS-C; J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C; Carolyn Clevenger, DNP, RN, AGPCNP-BC, GNP-BC, FAANP; Leslie Evertson, GNP

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Note: Prior to participating in this workshop, it is highly recommended the learner complete the DCS course available in the GAPNA Online Library.

Sponsored by UCLA and The John A. Hartford Foundation.

11:00 am – 3:00 pm

Pre-Conference Workshop (7.5 CH) – separate fee

(must participate both days to receive contact hours)

020 Gerontological Specialist Certification Exam Review Workshop – Day 2

Megan Pratt, MSN, APRN, FNP-BC, GS-C, Myla Magno, DNP, APRN, GNP-BC, GSC; Geraldine Kanne, MSN, ANP-BC, GS-C; George Peraza-Smith, DNP, ARNP-BC, FAANP, GS-C

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11:00 am – 4:00 pm

Pre-Conference Workshop (4.5 CH) – separate fee

030 Medication Safety Updates for Older Adults – R

Jeanne Manzi, PharmD, BCGP, FASCP

This workshop will focus on important areas of medication safety for the older adult, including new drug updates for 2019 and 2020, black box warnings and risk evaluation and mitigation strategies (REMS), the latest evidence on medications in the treatment of COVID-19, and statin and proton pump inhibitor use.

Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

4:00 pm – 5:00 pm

Industry-Supported Product Theater

A Deeper Dive into the Use of Myrbetriq[®] (mirabegron) in Patients 65 and Older with OAB Symptoms of Urge Urinary Incontinence, Urgency, and Urinary Frequency

Sponsored by Astellas Pharma US, Inc.

5:00 pm – 6:00 pm BONUS SESSION (1.0 CH)

040 PAIN COACH – Pain Assessment Interventions Needed When Considering Older Adult Care for Healthcare Providers – R

Patricia Bruckenthal, PhD, APRN-BC, FAAN; Katherine Galluzzi, DO, CMD, FACOFP

This pre-conference program on the treatment and monitoring of pain in older adults who receive opioid analgesics will use a combination of traditional and personalized learning methods, including a brief didactic presentation of highlights of the FDA Blueprint curriculum, interactive "What would YOU do?" case-based clinical practice questions, and a clinician-patient role-play counseling demonstration.

This education is sponsored by UK HealthCare CECentral in collaboration with The France Foundation and is supported by a grant from the REMS Program Companies.

Thursday, September 24, 2020

All times are Eastern Daylight Time.

10:00 am – 11:00 am Industry-Supported Product Theater Clinical Insights in VTE: Treatment and Risk Reduction Through Prophylaxis Sponsored by Janssen Pharmaceuticals, Inc.

11:00 am – 11:15 am Welcome & Introduction

11:15 am – 12:15 pm Opening General Session (1.0 CH) 101 Chronic Kidney Disease – R

Sherry Rivera, DNP, APRN, ANP-C

The geriatric population is at risk for developing kidney disease due to multiple comorbid conditions, age-related changes, polypharmacy, and transitions of care. Join us for an interactive session about how to reduce the risk for kidney disease in the geriatric population.

12:30 pm – 1:30 pm Concurrent Sessions (1.0 CH) 111 The Gerontological Patient in the Emergency Department – AC

J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C

This session will outline the value of geriatric emergency departments versed in the care of an older adult. Comprehensive screenings, management approaches, and safe disposition strategies will be discussed using a case study approach.

112 Palliative Wound Care

Victoria Nalls, GNP-BC, CWS, ACHPN

This presentation will review what is known about end-of-life wounds, describe documentation of a wound prognosis along with the HOPPES and SPECIAL criteria, and discuss wound treatment for maintenance/palliative wounds. Cases will be discussed, demonstrating making the wound prognosis, documentation to support prognosis, and dressing management.

1:30 pm – 2:15 pm Exhibitor Experience

Visit the virtual exhibitor directory to connect with exhibitors live and to support our exhibitors and GAPNA!

2:15 pm – 3:45 pm General Session (1.5 CH) 120 Engaging Clinical Preceptors to Prepare Advanced Practice Nurses to Care for Older Adults

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA; Kala Blakely, DNP, CRNP, NPC; Melissa Kramps, DNP, GNP-BC, NP-C; Sara McCumber, DNP, APRN, AGPCNP, CNP, CNS

An expert panel will present approaches to engage APNs as preceptors in facilitating the learning of nurse practitioner and/or clinical nurse specialist students who will manage the care of older adults. Realistic approaches to recruiting and retaining preceptors, guidance for preceptors, and resources for preceptor training will be discussed, and attendees will become familiarized with the Gerontology Resources for APRN Preceptors and Students.

4:00 pm – 5:00 pm Concurrent Sessions (1.0 contact hour) 131 Disaster Management

K.C. Arnold, ANP, BC-ADM

Nurse practitioner K.C. Arnold made it through Hurricane Katrina in 2005 only to find out she was losing her job 4 weeks later. She will describe how she opened her own diabetes clinic 2 months after a disaster. This is a story of success, perseverance, and hope to conquer whatever disaster comes your way.

132 Making Connections and Reducing Heart Failure Readmissions: Teleconsult to Improve Care Transitions – R

Margaret Bowers, DNP, FNP-BC, FAANP, FAAN

This presentation will describe a project that includes teleconsultation between hospitalists and skilled nursing facility providers with a focus on promoting successful care transitions and reducing rehospitalizations.

5:00 pm – 6:00 pm

Industry-Supported Product Theater The First LAMA for Inhalation Using Natural Breathing Including Chronic Bronchitis and/or Emphysema

Supported by Sunovion Pharmaceuticals, Inc.

Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

6:00 pm – 6:30 pm Poster Session (0 5 cor

Poster Session (0.5 contact hours)

Attendees will view posters with complementary video recordings and participate in a live interactive chat with presenters. Additional posters will be available for viewing on-demand in the GAPNA Online Library. Attendees must view a minimum of 20 posters to earn the available 1.5 contact hours for full poster viewing.

Friday, September 25, 2020

All times are Eastern Daylight Time.

9:30 am – 10:00 am Poster Session (0.5 contact hours)

Attendees will view posters with complementary video recordings and participate in a live interactive chat with presenters. Additional posters will be available for viewing on-demand in the GAPNA Online Library. Attendees must view a minimum of 20 posters to earn the available 1.5 contact hours for full poster viewing.

10:00 am – 11:00 am

Industry-Supported Product Theater

Understanding the Impact and Consequences of Dementia-Related Hallucinations and Delusions From the Long-Term Care Perspective Supported by ACADIA Pharmaceuticals Inc.

11:00 am - 12:00 pm General Session (1.0 contact hour) 201 When Non-Pharmacological Approaches Are Not Enough: Psychotropic Medication Management of Neuropsychiatric Symptoms of Dementia - R

Elizabeth Galik, PhD, CRNP, FAAN, FAANP

This session will provide a framework for making safe and evidence-based prescribing decisions when treating neuropsychiatric symptoms of dementia that have not been responsive to non-pharmacological approaches.

12:15 pm – 1:15 pm

Concurrent Sessions (1.0 contact hour)

211 Meeting Nutritional Needs of Older Adults: Opportunities and Challenges

Evelyn Duffy, DNP, AGPCNP-BC, FAANP

This session will review the changes with aging that affect the ability of older adults to acquire adequate nutrition, along with changes in the gastrointestinal system and at the cellular level that compromise absorption of nutrients. The unique dilemma of the overweight older adult and risk factors for malnutrition and interventions to prevent or to address them also will be shared.

212 Hidden Tears of the Homebound

Rachel Zimmer, DNP, AGPCNP-C

This presentation will review how to identify and treat common mental health concerns in homebound older adults, the role of social isolation, trauma-informed approaches to care, and suicide trends in older adults as well as prevention strategies. It will also review national, evidence-based strategies that have been used to help relieve social isolation and identify mental illness or distress in homebound older adults.

1:15 pm – 2:00 pm

Exhibitor Experience

Visit the virtual exhibit hall to connect with exhibitors live and to support our exhibitors and GAPNA!

2:00 pm – 3:00 pm

General Keynote Session (1.0 contact hour)

220 America's Health Rankings[®] Related to Older Adults

Rhonda Randall, DO

America's Health Rankings[®] provides the latest insights and health trends among this growing population to help identify priorities and create a roadmap for action to improve the health and well-being of seniors.

3:15 pm – 4:15 pm

Concurrent Sessions (1.0 contact hour)

231 Application of 2019 Guidelines for Management of Atrial Fibrillation – AC, R

Margaret Bowers, DNP, FNP-BC, FAANP, FAAN

This presentation will discuss updates to the 2019 clinical guidelines for managing atrial fibrillation including anticoagulation, left atrial appendage closure devices, and rate versus rhythm control.

232 Get Paid for Practice: Quality Care Means Aligning Quality Measures, Risk Adjustment, and Performance Management (HEDIS)

Lisa Byrd, PhD, FNP, GNP, FAANP

This session will educate the nurse practitioner on a basic understanding of quality measures, risk adjustment, and performance measurement according to HEDIS measures. Nurse practitioners will learn treatment guidelines and how to be rated as an excellent clinician, thus increasing revenue and increasing their value as clinicians, ensuring sustainability in the healthcare market.

4:15 pm – 4:45 pm Exhibitor Experience

Visit the virtual exhibit hall to connect with exhibitors live and to support our exhibitors and GAPNA!

4:45 pm – 5:45 pm Industry-Supported Product Theater BAQSIMI™ (glucagon) nasal powder

Supported by Lilly USA, LLC

5:45 pm – 6:15 pm Poster Session (0.5 contact hours)

Attendees will view posters with complementary video recordings and participate in a live interactive chat with presenters. Additional posters will be available for viewing on-demand in the GAPNA Online Library. Attendees must view a minimum of 20 posters to earn the available 1.5 contact hours for full poster viewing.

Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

Saturday, September 26, 2020

All times are Eastern Daylight Time.

10:00 am – 11:00 am Industry-Supported Product Theater Addressing Challenges in T2DM Treatment: Role of Fixed-Dose & Fixed-Ratio Combination Therapies Sponsored by Sanofi Pharmaceuticals NA

11:00 am – 12:00 pm General Session (1.0 contact hour) 301 GAPNA Health Affairs Committee: A Year in Review and Looking Forward

Deborah Wolff-Baker, MSN, ACHPN, FNP-BC, GS-C

Attendees will learn about the activities of GAPNA's Health Affairs Committee, important legislative issues affecting their day-to-day practice, and how to become engaged in legislative advocacy actions to improve healthcare outcomes for older adults and APRN practice.

12:15 pm – 2:15 pm In-Depth Focus Sessions (2.0 contact hours) 311 Trauma-Focused Care Topics

Speakers will highlight approaches to managing trauma-focused issues in gerontological care.

311a Trauma-Informed Care for the Older Adult

Christina Ramsey, MSN, RN, GNP-BC, LNCC, CWS; Stacey Chapman, MSN, ANP-BC

It is essential for the clinician in skilled nursing facilities to identify areas of prior trauma because of the impact on the psychosocial well-being of each resident. Unidentified stressors can lead to disruptive behavioral changes and potentially place residents and staff at risk for harm. Attendees of this session will learn to apply information and resources of trauma-informed care, including knowledge, awareness, and training on how trauma affects the health and emotional wellness of the older adult.

311b Recognizing, Diagnosing, and Treating PTSD in Older Adults

Linda Keilman, DNP, MSN, GNP-BC, FAANP; Tamatha Arms, DNP, PMHNP-BC, NPC; Deborah Kernohan, MSN, NP-C

Best evidence on how to recognize, screen, diagnosis, treat, refer, and manage posttraumatic stress disorder as a comorbid chronic condition in older adults will be discussed. Differential diagnoses of acute stress/adjustment disorder, anxiety disorders, and disinhibited social engagement disorder will be described.

312 No Time for Shoulda, Woulda, Coulda: Refining 12/15 Lead EKG Interpretation Skills

J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C

Correct analysis and interpretation of 12/15 lead electrocardiogram (ECG) is imperative for management that can make the difference between life and death. By attending this session, you'll learn a systematic approach to identify patterns of ischemia, injury, and infarction; differentiate between right and left bundle branch block; and recognize high-risk ECG patterns indicating lethal electrolyte disturbances, acute pulmonary embolism, pericardial effusions, Brugada syndrome, and significance of Osborne waves along with QRS differentiation patterns of VT versus SVT. Advanced cardiac life support principles will also be discussed. This session will provide a new level of confidence of an essential skill.

2:15 pm – 3:15 pm

320 GAPNA Membership Meeting

Join your colleagues as awards are presented to the 2020 GAPNA Excellence, Foundation, and Research Award recipients. The incoming members of the Board of Directors will be introduced.

3:15 pm – 4:15 pm

Concurrent Sessions (1.0 contact hour)

331 Transcatheter Aortic Valve Replacements: History, Patient Selection, and Management Strategies – AC

Gregory Marler, DNP, ACNP, RN T

The percutaneous transcatheter aortic valve replacement has been designed to treat patients who are deemed at high-risk for surgical valve procedures. Understanding the history, ideal patient selection, literature, and postoperative complications and management strategies will provide healthcare practitioners a basis to build upon for optimal patient outcomes.

332 Delivering Difficult News: What NPs Need to Know

Debbie Gunter, APRN, FNP-BC, ACHPN

Current evidence shows providers' behavior and the way they deliver news to a patient are key elements that strongly influence a patient's future therapy. Delivering difficult news is a multifaceted task that can be managed successfully if done correctly. Using a template or communication protocol while delivering difficult news can help to instill and assure quality and empathy in this delicate communication process.

4:30 pm – 5:30 pm Industry-Supported Product Theater The New Science of SANTYL: Debridement That Delivers More Sponsored by Smith & Nephew

5:45 pm – 6:45 pm BONUS SESSION (1.0 CH)

901 Building Pathways in Pain Management: Osteoarthritis and Chronic Low Back Pain – R

Wendy Wright, DNP, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP

This session will provide successful strategies and resources for management of chronic pain including osteoarthritis (OA) and chronic low back pain (CLBP) and address how to support the art and science of medicine, increase knowledge and confidence in caring for patients with OA and CLBP, and support a patient-clinician partnership in chronic pain.

Sponsored by the Nurse Practitioner Healthcare Foundation.

Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

Nursing Continuing Professional Development

Earn nursing continuing professional development contact hours.

Earn up to 19.0 continuing nursing education (CNE) contact hours from the full live virtual conference and additional "on-demand" sessions via the GAPNA Online Library for your professional development, certification/recertification, and relicensure during the conference.

Pre-Conference Workshops and Bonus Sessions

Workshop 010: Dementia Care Specialist	7.5 CH
Workshop 020: Gerontological Specialist	7.5 CH
Workshop 030: Pharmacology	4.5 CH
Bonus Session 040: PAIN COACH	1.0 CH

Bonus Session 901: Osteoarthritis and Chronic Low Back Pain 1.0 CH

Sessions marked with \mathbb{R} contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP 5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Workshop 010: This session is jointly provided by UCLA, GAPNA, and Anthony J. Jannetti, Inc.

Bonus Session 040: This session is sponsored by UK HealthCare CECentral in collaboration with The France Foundation and is supported by a grant from the REMS Program Companies.

An application for nursing continuing professorial development credit has been submitted to the Montana State Nursing Association.

The Montana Nurses Association is an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

This education is sponsored by UK HealthCare CECentral in collaboration with The France Foundation and is supported by a grant from the REMS Program Companies.

Bonus Session 901: Contact hours for this session are awarded by the Nurse Practitioner Healthcare Foundation.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

About the Nurse Practitioner Healthcare Foundation: The Nurse Practitioner Healthcare Foundation (NPHF) is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. NPHF is always interested in connecting with NP volunteers to help with CE content development, development of white papers, scholarship and award application reviews, and other projects.

Contact: Jennifer Koenig, MA, CCMEP, Director of Education & Special Projects at jkoenig@nphealthcarefoundation.org. Website: nphealthcarefoundation.org

Registration Form

GAPNA Virtual Premier Conference September 24-26, 2020

Print Name:	Credentials:	
Organization/Employer Name:		
Mailing Address - Street: 🗆 Home 🗆 Work		
City / State / Zip:		
Nursing License #	State	Exp. date
Daytime Phone: 🗆 Home 🗀 Work ()		
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E-mail (required)
Home Work _____

 \Box Do not share my email address with any GAPNA exhibitor or networking vendors

Non-members may register at the Member rate GAPNA by including membership fee with registration fees. Member		Non- Member	
	Rate	Rate	
Premium Access			
Postmarked 8/15/20 & before - Early Fee	□ \$350	□ \$470	
Postmarked 8/16/20 & after	□ \$450	□ \$570	
Deluxe Access	□ \$300	□ \$420	
Standard Access	□ \$250	□ \$370	
2-day Pre-Conference Workshop 010: Dementia Care	□ \$125	□ \$175	
2-day Pre-Conference Workshop 020: Geriatric Specialist	□ \$125	□ \$175	
Pre-Conference Workshop 030: Pharmacology	□ \$115	□ \$165	
BONUS Session 040: PAIN COACH (no additional fee)	🗆 Yes, I v	vill attend	
BONUS Session 901: Pathways (no additional fee)	🗆 Yes, I v	🗆 Yes, I will attend	
Membership Fees New Renewal			
Regular (advanced practice nurses) Associate (other)		□ \$100	
Student - \$60 Retired - \$75 (enter dollar amount)			
Foundation Donation 🗆 \$25 🗆 \$50 🗆 \$75 🗆 \$100 🗆 Other		\$	
TOTAL ENCLOSED			



Geontological Advanced Practice Nurses Association Foundation, Inc.

The mission of the GAPNA Foundation is to provide financial grants to support scholarly research projects related to gerontological nursing and provide educational opportunities for registered and advanced practice nurses working with older adults.

Every year the foundation is able to award multiple scholarships and grants to support GAPNA members research and educational opportunities because of your donations.

PAYMENT OPTIONS	Tax ID #93-0832304 s to GAPNA Charge my:	VISA MosterCard	* Last 3 digits after signature on back of VISA/Master- Card – Last 4 digits on front right of American Express.
Credit Card Number		Exp. Date	Security Number *
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Registration cannot be processed without payment. Purchase Orders cannot be accepted.

Cancellations must be received in writing. For cancellations received by August 27, 2020, a \$75 administrative fee will be retained, as per GAPNA's policy. More cancellation information can be found at www.gapna.org.