

Contemporary Pharmacology

& Prescribing in Older Adults

March 28-30, 2019

Hilton Chicago

CHICAGO

care • continuity • connection

GAPNA
Gerontological Advanced
Practice Nurses Association

“Great education sessions and I love the conference length.”
- 2018 Conference Attendee



Learn, Network, and Save

Join us in Chicago for a learning experience uniquely crafted to meet your needs. **Learn** about current trends and topics and earn up to 11.5 contact hours. **Network** with colleagues in the field and vendors in the industry to learn the latest information. **Save** by registering early as a member and by attending **two bonus workshop sessions being offered free to attendees.**

“The expertise and skill of the presenters was impressive. The way attendees and presenters were able to interact/discuss during the sessions was a wonderful feature.”
– 2018 Conference Attendee

Value for You!

- Earn up to 11.5 contact hours, including 11.5 hours of pharmacology credit.
- Attend 2 FREE workshops offered by the Nurse Practitioner Healthcare Foundation.
- Free access to the GAPNA Online Library.

CONFERENCE SCHEDULE

Thursday, March 28, 2019

2:00 pm – 7:00 pm
Registration Open

FREE WORKSHOP FOR ALL ATTENDEES!

3:00 pm – 4:30 pm

010 Pre-Conference Workshop Pathways in Management: Osteoarthritis and Chronic Low Back Pain

1.5 contact hour (which includes 0.5 hour of
pharmacology credit)*

*Wendy Wright, MS, ANP-BC, FNP-BC, FAANP,
FAAN, FNAP*

The pathophysiology of chronic pain, evidence-based pharmacologic and non-pharmacologic treatment options for osteoarthritis and chronic low back pain, and emerging treatment modalities to consider in managing these conditions, as well as appropriate education tools and resources to support patients with OA and CLBP, will be addressed.

*Contact hours awarded by the Nurse Practitioner Healthcare Foundation.

4:30 pm – 6:00 pm

Opening Networking Reception and Exhibits

6:00 pm – 7:00 pm

Industry-Supported Presentation Theater (Seating is limited)

Presentation theater will be provided if industry support is received.

Friday, March 29, 2019

6:30 am – 5:45 pm
Registration Open

7:00 am – 8:00 am

Industry-Supported Presentation Theater (Seating is limited)

Presentation theater and breakfast will be provided if industry support is received or on your own.

8:00 am – 9:00 am

101 General Session Pain Management

1.0 contact hour (which includes 1.0 hour of
pharmacology credit)

Birinder Marwah, MD

Discuss various pharmacological agents for acute and chronic pain in the geriatric population.

9:00 am – 9:45 am

Coffee Break/Networking/Exhibit Displays

9:45 am – 11:15 am

102 General Session

Prescribing and De-Prescribing for the Older Adult Patient

1.5 contact hours (which includes 1.5 hours of
pharmacology credit)

Lynn Borkenhagen, DNP, APRN, CNP, ACHPN

Older adults experience more concurrent illnesses and are prescribed more medications. Many drugs predispose older adults to adverse events. This session will focus on prescribing and de-prescribing practices to optimize drug therapy in multimorbid older adults.

11:20 am – 12:20 pm

103 General Session

Diabetes

1.0 contact hour (which includes 1.0 hour of
pharmacology credit)

Lauretta Quinn, PhD, MSN

In this session, new and future diabetes medications will be reviewed.

12:20 pm – 1:20 pm

Industry-Supported Presentation Theater (Seating is limited)

Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by Janssen Pharmaceuticals, Inc.

1:20 pm – 2:20 pm

104 General Session

Optimizing Cardiovascular Risk Reduction through Lipid Management

1.0 contact hour (which includes 1.0 hour of
pharmacology credit)

*Lynne T. Braun, PhD, CNP, FAHA, FAANP,
FPCNA, FNLA, FAAN*

Current guidelines focus on risk assessment and cardiovascular disease (CVD) risk reduction through lipid-lowering therapies. Statin medications are proven first-line medications; however, other evidence-based agents are available as add-on therapy to statins to reduce CVD events. The indications for statins, PCSK9 inhibitors, and other lipid-lowering therapies with an emphasis on older adult patients, will be discussed.

2:20 pm – 2:50 pm

Refreshment Break/Networking and Exhibits

2:50 pm – 3:50 pm

105 General Session

Psychotropic Medications and Psychiatric Disorders

1.0 contact hour (which includes 1.0 hour of
pharmacology credit)

Ben Inventor, PhD, CNP

Common psychiatric conditions affecting older adults, appropriate use of psychotropic medications, and utilizations of pharmacogenomics to guide psychotropic medication management will be discussed.

CONFERENCE SCHEDULE

3:55 pm – 5:25 pm

106 General Session

Caring for the “Broken Heart”

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Karolina Marinescu, MD

Treatments for heart failure, including medications and advanced options such as mechanical circulatory support and transplant, will be reviewed.

Saturday, March 30, 2019

7:00 am – 1:15 pm

Registration Open

7:00 am – 8:00 am

Continental Breakfast/Networking

8:00 am – 9:00 am

201 General Session

Anticoagulation in Older Adults

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Vika Bursua, PharmD, CACP

This session will focus on the challenges of anticoagulation treatment in older adults, given the high risk for thrombotic events and anti-coagulation-associated bleeding. The clinical profiles of the various anticoagulants will be reviewed, including a detailed look at the direct oral anticoagulant medications.

9:05 am – 10:05 am

202 General Session

Tips and Tricks for Prescribing COPD Medications and Inhaler Devices

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Lori Wilken, PharmD, BCACP, AE-C, NCTTP

The prescribing of COPD medications, with a focus on patient needs and inhaler devices, will be reviewed.

10:05 am – 10:20 am

Coffee Break/Networking

10:20 am – 11:20 am

203 General Session

Oncology

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Kelly Szymanski, APN

Common short- and long-term treatment side effects, as well as an overview of cytopenia and anticoagulation management, will be explored.

11:25 am – 12:55 pm

204 General Session

Antibiotic Prescribing across the Continuum of Care

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Lisa R. Young, PharmD, BCPS, AQ-ID

An overview of common infectious diseases and antimicrobials utilized in the geriatric population will be provided. An update on the risk factors and antimicrobials available for multi-drug resistant organisms also will be included.

12:55 pm – 1:30 pm

Closing Remarks

2:00 pm – 6:00 pm

Reach for Excellence!

Gerontological Specialist Certification Exam

Pre-registration is required. The certification application booklet is available at gapna.org/certification or call C-NET for details 800-463-0786. All applications must be postmarked by February 2, 2019. Testing begins promptly at 2:00 pm.

BONUS WORKSHOP – FREE TO ALL ATTENDEES!

2:15 pm – 4:30 pm

901 Post-Conference Workshop Pain Management and Opioids: Balancing Risks and Benefits

2.25 contact hours (which includes 2.25 contact hours of pharmacology credit)*

Theresa Mallick-Searle, MS, ANP-BC

This session addresses safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient caregiver education. Includes a discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction, and integrates the CDC Guideline (2016). Fully compliant with the FDA requirement for opioid REMS education.

*Contact hours awarded by the Nurse Practitioner Healthcare Foundation.

Register by **February 6, 2019**, and save \$80 on the regular/onsite fee!

(Note: Mailed forms must be postmarked by February 6.)

Reach for Excellence! We have a seat reserved just for you.

Test at the conference. Be among the elite APRNs to be certified as a Gerontological Specialist and earn the GS-C credential. This is the **ONLY** specialty certification that recognizes your gerontological advanced practice nurse expertise. *Demonstrate your expertise!*

GNCC

Gerontology Nursing
Certification Commission

GENERAL INFORMATION

Hotel Information

Hilton Chicago
720 S. Michigan Avenue
Chicago, IL 60605

Hilton Chicago has been designated as the official hotel for the 2019 Pharmacology Conference.

A block of rooms has been secured at the special rates of **\$169 single/double**. This rate is subject to applicable state and local taxes, currently 17.5%. Check-in is 3:00 pm and check-out is 11:00 am.

To receive the conference rate, make an online reservation on the GAPNA website (GAPNA.org) or call hotel reservations at 877-865-5320 and refer to the GAPNA Pharmacology Conference. The conference rate is available through **February 1, 2019**, or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

Important Notice: Hotel reservations should be made through the GAPNA reservation link on the GAPNA Pharmacology Conference Website or directly with the hotel. GAPNA does not use a housing agency to handle hotel reservations, and no one will call and ask you to make your hotel reservations by phone. Anyone who calls you or sends an email to you who wants to make your reservation is working a SCAM. Hang up or delete the email and do not give them any information.

Airport/Transportation Information

The O'Hare Airport is 18.2 miles from the hotel. The Midway Airport is 11.7 miles from the hotel. Taxi from the O'Hare airport to hotel is \$55. Taxi from Midway Airport is \$40.

Parking

Daily Valet 0-6 Hours: \$44.00
Daily Valet 6-12 Hours: \$75.00
Overnight Valet (out by 3:00 pm)
Check Out Day: \$75.00

Daily Self-Park 0-6 hours: \$39.00
Daily Self-Park 6-12 hours: \$42.00
Overnight Self-Park (out by 3:00 pm)
Check Out Day: \$62.00

All rates are subject to change.

Weather

In March, the temperatures in Chicago average from daytime highs in the upper 40s to lows of mid 30s in the evening. Remember to wear comfortable walking shoes and bring a sweater in case the meeting rooms are chilly.

Networking

A key benefit of attending this conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

Industry-Supported Presentation Theater

An industry-supported presentation theater is a dedicated time for industry sponsors and companies to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

Payment Policy

Register early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit card is denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by February 13, 2019. Telephone cancellations will not be accepted. No refunds will be made after that date.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. In whatever manner the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

GENERAL INFORMATION

GAPNA 2019 Pharmacology Conference Planning Committee

Joanne Miller, PhD, APRN, GNP-BC, Chair
Karla Anderson, APN, FNP-BC
Lory Arquilla-Maltby, MSN, APRN
Dana Frank, PharmD, BCGP
Michael J. Koronkowski, PharmD
Patricia Ann McCann, MSN, BS, RN, APRN
Rosemarie Marmion, MSN, RN-BC, NE-BC, Education Director
Michelle Boyd, MSN, RN, Education Director

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference app are the property of GAPNA and may be used in promotional materials

Online Library and Paperless Conference!

Receive added educational value for your conference investment with FREE access to the GAPNA Online Library at www.gapna.org/library

Continuing Nursing Education

Earn up to 11.5 continuing nursing education (CNE) contact hours for professional development, recertification, and relicensure:

Friday, March 29: 7.0 contact hours | Saturday, March 30: 4.5 contact hours

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcomes and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Contact hours for workshops 010 and 901 are awarded by the Nurse Practitioner Healthcare Foundation.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

About the Nurse Practitioner Healthcare Foundation: The Nurse Practitioner Healthcare Foundation (NPHF) is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. NPHF is always interested in connecting with NP volunteers to help with CE content development, development of white papers, scholarship and award application reviews, and other projects.

Contact: Pam Jenkins, MS, NP, Program Director at pamjw@nphealthcarefoundation.org. Website: nphealthcarefoundation.org



Register online at www.gapna.org

REGISTRATION FORM

GAPNA

Contemporary Pharmacology and Prescribing in Older Adults
March 28-30, 2019 — Chicago, IL

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business	
E-mail (required) <input type="checkbox"/> Personal <input type="checkbox"/> Business	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

3 Ways To Register

- 1 Register Online at www.gapna.org
- 2 By fax: 856-218-0557
- 3 Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pitman, NJ 08071-0056

Registration cannot be processed without payment.
Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by to February 13, 2019, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after February 13, 2019, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 30, 2019, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

Non-members may register at the Member rate by including membership fee with registration fees.	GAPNA member	Non-member
Main Conference Registration Fees		
Postmarked 2/6/19 & before - Early Bird Fee	<input type="checkbox"/> \$279	<input type="checkbox"/> \$389
Postmarked 2/7/19 & after - Regular/Onsite Fee	<input type="checkbox"/> \$359	<input type="checkbox"/> \$469
Daily Rate		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$235	<input type="checkbox"/> \$305
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$135	<input type="checkbox"/> \$185
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$ _____
—————→ TOTAL ENCLOSED		\$

Please contact us via GAPNA@ajj.com to advise of any dietary or disability needs.

PAYMENT OPTIONS

☐ Check enclosed made payable
in U.S. funds to GAPNA

Charge my: ☐



☐



☐



Credit Card # _____

Exp. Date _____ Security # * _____

* Last 3 digits after signature on back of
VISA/MasterCard – Last 4 digits on front right of
American Express.

Billing address _____

Signature _____ Name on Card (please print) _____

Gerontological Advanced Practice Nurses Association

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March 28-30, 2019

Hilton Chicago



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