

Contemporary Pharmacology

& Prescribing in Older Adults

March 16-17, 2018

Boston Park Plaza 🍀 Boston, MA

**Get
Certified!**

care • continuity • connection

GAPNA
Gerontological Advanced
Practice Nurses Association



Contemporary Pharmacology

& Prescribing in Older Adults

What you can expect:

- Fast, focused education.** In less than 2 days, you can earn up to 11.5 contact hours, which includes 11.5 hours of pharmacology credit.
- Lasting connections.** Network with other attendees focused on pharmacological concerns for their patients and interact with leading experts and industry representatives.
- Free access to the GAPNA Online Library.** Take your learning home with you and access when it is convenient for you!

APRN Gerontological Specialist Certification Exam

The eligibility requirements have been determined.
The exam blueprint has been finalized.
The exam questions have been completed.
Now...Take the exam!

Be among the first APRNs to be certified as a Gerontological Specialist and earn the GS-C credential. This is the ONLY specialty certification that recognizes gerontological advanced practice nurses.

The challenge:

The health care needs of the geriatric patient are complex. Patients require expert providers who create, apply, and communicate knowledge specific to gerontological care.

The solution:

Highly skilled APRNs who are validated in managing care of older adults to ensure patients' needs are being met.

The pivotal role:

You, the distinguished and validated APRN, helping to define a community of expert providers ready to meet the challenge.

The outcome:

Geriatric patients receive the right care, at the right time, by the right health care professional.

We have a seat reserved for you!

Where: Boston Park Plaza, Boston, MA

When: Saturday, March 17, 2018, 2:00 pm – 5:00 pm

See exam listing inside for more information.

THURSDAY, MARCH 15, 2018

4:00 pm – 8:00 pm
Registration Open

6:00 pm – 7:00 pm
Industry-Supported Presentation Theater (Seating is limited)
Presentation theater will be provided if industry support is received.

7:00 pm – 8:30 pm
Opening Reception

FRIDAY, MARCH 16, 2018

6:30 am – 5:45 pm
Registration Open

7:00 am – 8:00 am
Industry-Supported Presentation Theater (Seating is limited)
Presentation theater and breakfast will be provided if industry support is received.

8:00 am – 9:00 am
General Session 101
1.0 contact hour (which includes 1.0 hour of pharmacology credit)
Conscientious Prescribing in Older Adults
Christine Eisenhower, PharmD, BCPS; Erica Estus, PharmD, CGP

An older adult may be prescribed more than eight medications per day. Polypharmacy and age-related changes increase risk for adverse events. Information will be provided regarding safe prescribing strategies and monitoring of medications in older adults. Deprescribing will also be addressed.

9:00 am – 9:45 am
Coffee Break/Networking

9:45 am – 11:15 am
General Session 102
1.5 contact hours (which includes 1.5 hours of pharmacology credit)
Contemporary Heart Failure Management
Marvin Konstam, MD

This session will review existing treatment options and present new and emerging strategies.

11:20 am – 12:20 pm
General Session 103
1.0 contact hour (which includes 1.0 hour of pharmacology credit)
Antimicrobial Stewardship for Geriatric Specialists
Kerry LaPlante, PharmD, FCCP

This session will describe the challenges related to the appropriate diagnosis of infections in older adults. Oral agents used for the prevention of disease and opportunities to improve treatment will be discussed.

12:20 pm – 1:20 pm
Industry-Supported Presentation Theater (Seating is limited)
Lunch will be provided. Attendees will be admitted on a first-come basis.
Supported by Janssen Pharmaceuticals companies of Johnson & Johnson.

1:20 pm – 2:20 pm
General Session 104
1.0 contact hour (which includes 1.0 hour of pharmacology credit)
Treatment of Common Mental Health Issues in Older Adults.
Susan Rouse, PMH, CNS-BC, GNP-BC

This session will review topics related to pharmacokinetics and pharmacodynamics in mental health, including principles of prescribing, common medications used for treatment of psychiatric disorders, and side effect profiles of psychotropic medications.

2:20 pm – 2:50 pm
Refreshment Break/Networking

2:50 pm – 3:50 pm
General Session 105
1.0 contact hour (which includes 1.0 hour of pharmacology credit)
Safe Use of Non-Prescription Medications and Dietary Supplements in Older Adults: From Basic Pharmacology to Clinical Controversies
Katherine Orr, PharmD, AE-C

This session will address the appropriate use of non-prescription medications and dietary supplement use in older adults. Focus will be placed on current trends, safety concerns, and clinical controversies with these products.

3:55 pm – 5:25 pm
General Session 106
1.5 contact hours (which includes 1.5 hours of pharmacology credit)
Special Topics in Psychopharmacology
Geoffrey Phillips McEnany, PhD, PMHCNS-BC

This session aims to enhance the clinician's knowledge of psychopharmacology, including the use of pharmacogenomic testing to guide practice decisions. The presentation will include a special focus on the role of sleep and its relationship to a symptom course, prediction of treatment response, and risk for relapse.

Online Library and Conference Handouts
All registered attendees receive free access to conference sessions in the GAPNA Online Library. Content will be available approximately 3 weeks after the conference. Other library benefits include session handouts available to print 2 weeks before the conference, online evaluation of sessions (onsite or after the conference), and access to CNE certificates in the library any time for viewing and printing.

SATURDAY, MARCH 17, 2018

7:00 am – 12:30 pm

Registration Open

7:00 am – 8:00 am

Industry-Supported Presentation Theater (*Seating is limited*)

Presentation theater and breakfast will be provided if industry support is received.

7:00 am – 8:00 am

Continental Breakfast/Networking

8:00 am – 9:00 am

General Session 201

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Palliative Care: Addressing Pain and Symptom Management without “Giving Up”

Laura McNamara, AGPCNP-BC, ACHPN, CWCN-AP

During this case-based session, the benefit of robust palliative care services addressing pain and symptom management for those struggling with serious illness, whether or not they are actively pursuing aggressive treatment and/or cure, will be described.

9:05 am – 10:05 am

General Session 202

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Wait: You Do What at Home? Taking Palliative Care Principles into the Home

Julia M. Gallagher, MD

The ability to deliver high-quality, patient-centered care in the community has received increased attention as our population ages and patients live longer with multiple, chronic advanced illnesses. Through case studies, this session will review the range of palliative care needs and clinical management approaches encountered in a home-based palliative care program that helps to support primary care practices in caring for advanced illness patients at home.

10:05 am – 10:20 am

Coffee Break/Networking

10:20 am – 11:20 am

General Session 203

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Drug Eruptions in Elders

Victoria Lazareth, MA, MSN, NP-C, DCPN

Geriatric nurse practitioners care for patients who must take pharmacologic agents which can result in a myriad of adverse effects. This session will review allergic hypersensitivity drug reactions, and potential adverse cutaneous effects of immunosuppressive agents, conventional chemotherapeutic agents, and targeted anti-cancer agents.

11:25 am – 12:55 pm

General Session 204

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Hepatitis C – The Road to a Cure

Michelle Baytarian, MMSc, PA-C

Hepatitis C is a viral infection that affects 3-5 million Americans. It can be an insidious infection and often goes undetected. If left untreated, it can lead to devastating consequences, such as cirrhosis, liver cancer, and liver failure. However, once diagnosed, it can be cured!

12:55 pm – 1:15 pm

Closing Remarks

1:30 pm - 6:00 pm

Gerontological Specialist Certification Exam

Pre-registration is required. The certification application booklet is available at gapna.org/certification or call C-NET for details 800-463-0786. All applications must be postmarked by February 2, 2018. Testing begins promptly at 2:00pm.



General Information

Hotel Information

Boston Park Plaza 50 Park Plaza | Boston, MA 02116

Boston Park Plaza is the official hotel for the 2018 GAPNA Pharmacology Conference.

A block of rooms has been secured at the special rate of \$159 single/double. This rate is subject to applicable state and local taxes, currently 14.45%. Check-in is 3:00 pm and check-out is 12:00 pm.

To receive the conference rate, make an online reservation on the GAPNA website (GAPNA.org) or call hotel reservations at (617) 426-2000 and refer to the GAPNA Pharmacology Conference. The conference rate is available through February 14, 2018, or until the room block is full. Reservations received after this date or once the room block is full will be accepted on a space and rate available basis.

Airport/Transportation Information

The Boston Logan Airport is 5 miles from the hotel. Taxi from the airport to hotel is \$25.

Complimentary service on MBTA Silver Line from Boston Logan Airport to South Station. From South Station, the guest should take the red line to Park Street. (Fare: \$2.25) From Park Street take the Green Line to Arlington. The hotel is one block from the Arlington stop.

Parking

Valet Day Parking \$30 (1-8 hours) | 8 Hours/Overnight \$51

Self-parking at Motor Mart Garage rates: 2-3 hr - \$16; 3-12 hr - \$20; 12-24 hr - \$38

All rates are subject to change.

Weather

In March, temperatures in Boston average from daytime highs in the upper 40s to lows of mid 30s in the evening. Remember to wear comfortable walking shoes and bring a sweater in case the meeting rooms are chilly.

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference app are the property of GAPNA and may be used in promotional materials.

Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

Industry-Supported Presentation Theater

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

Payment Policy

Register Early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by February 2, 2018. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

General Information

Conference Planning Committee

Katherine Abraham Evans, DNP, FNP-C, GNP-BC, ACHPN, Chair
Anne Marie Caron, DNP, RN, ANP-BC
Mary Foley, MSN, FNP-BC
Karen Devereaux Melillo, PhD, A-GNP-C, FAANP, FGSA
Mary D. Miller, MSN, AGNPCNP-BC
Karen Tepper, MS, ANP-BC, LNHA
Rosemarie Marmion, MSN, RN-BC, NE-BC, Education Director

Online Library & Paperless Conference!

Receive added educational value for your conference investment. FREE access to the GAPNA Online Library! www.gapna.org/library

Continuing Nursing Education

Earn up to 11.5 continuing nursing education (CNE) contact hours for professional development, recertification, and relicensure:

- ♣ Friday, March 16: 7.0 contact hours
- ♣ Saturday, March 17: 4.5 contact hours


All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the presentation time and content outline. Pharmacology credit of 11.5 hours can be accumulated by any one person attending conference sessions.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.



Register by **February 2, 2018**, and
save \$80 on the regular/onsite fee!
(Note: Mailed forms must be postmarked by February 2.)

REGISTRATION FORM

GAPNA

Contemporary Pharmacology and Prescribing in Older Adults
March 16-17, 2018 — Boston, MA

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business	
E-mail (required) <input type="checkbox"/> Personal <input type="checkbox"/> Business	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

3 Ways To Register

- 1** Register Online at www.gapna.org
- 2** By Fax: 856-218-0557
- 3** Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pitman, NJ 08071-0056

Registration cannot be processed without payment.
Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by February 2, 2018, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after February 2, 2018, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting. To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 30, 2018, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

*Non-members may register at the Member rate by including membership fee with registration fees.	GAPNA member	Non-member
Main Conference Registration Fees		
Postmarked 2/2/18 & before - Early Bird Fee	<input type="checkbox"/> \$279	<input type="checkbox"/> \$389
Postmarked 2/3/18 & after - Regular/Onsite Fee	<input type="checkbox"/> \$359	<input type="checkbox"/> \$469
Daily Rate		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$235	<input type="checkbox"/> \$305
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$135	<input type="checkbox"/> \$185
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$ _____
→ TOTAL ENCLOSED		\$ _____

Please contact us via GAPNA@ajj.com to confirm any dietary or disability needs.

PAYMENT OPTIONS

Check enclosed made payable in U.S. funds to GAPNA

Charge my:   

* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card # _____

Exp. Date _____ Security # * _____

Billing address _____

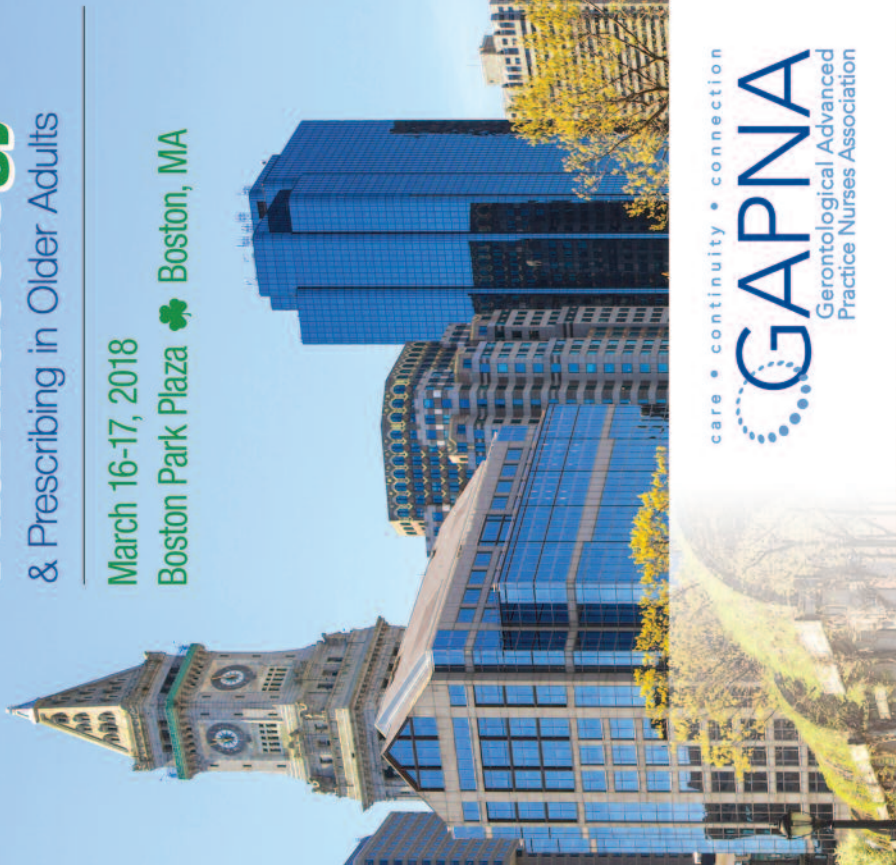
Signature _____ Name on Card (please print) _____

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