

# Annual Conference

**October 4-7, 2017**  
**Gaylord Opryland Resort**  
**and Convention Center**  
**Nashville, TN**

[www.gapna.org](http://www.gapna.org)



Earn up to **21.25** contact hours  
(includes pre-conference workshops).  
Pharmacology hours available for designated sessions.

## Registration Brochure

Register online at [www.gapna.org/annual-conference](http://www.gapna.org/annual-conference)

 **GAPNA**  
Gerontological Advanced  
Practice Nurses Association



# NASHVILLE

## What You Can Expect

**Focused education.** Earn up to 21.25 (including pre-conference workshops) contact hours, which includes hours of pharmacology credit for select sessions. Look for the **R** symbol.

**Specialized workshops.** Take advantage of workshops (additional fee) in wound care, competencies, and cardiac prescribing, and attend the evening session on opioid prescribing at no charge!

**Meaningful connections.** Network with other attendees focused on gerontological concerns for their patients and interact with leading experts and industry representatives.

**Free access to the GAPNA Online Library.** Take your learning home to access when it is convenient for you!

**Delve into the heart of country music.** Experience the sights and sounds of exciting Nashville!

## New APRN Specialty Certification in Gerontology

GAPNA is proud to announce a new APRN Specialty Certification in Gerontology – the APRN Gerontological Specialist. This is the only specialty certification that recognizes gerontological advanced practice nurses. This specialty certification will distinguish experienced APRNs who possess expert knowledge, experience, and skill in managing the complex health needs of frail older adults. GAPNA will be conducting pilot testing for this new certification examination at this year's Annual Conference. Pending successful pilot testing, the new certification examination will be offered for the first time at the spring 2018 Pharmacology Conference in Boston, MA. More information on eligibility and registration will be available once pilot testing is completed.

Each person who sits for the pilot test will receive feedback regarding his or her exam performance.

*There are no fees associated with sitting for the pilot test, and all participants will be entered in a raffle to receive a free GAPNA Conference registration in 2018.*

### Eligibility for Pilot Testing

Nurse practitioners interesting in taking the pilot test must have at least a master's degree and must also be recognized by their state as an advanced practice nurse (APRN). It is also recommended, but not required for the pilot, that applicants have a minimum of 2,000 hours work experience as an APRN with experience with an older adult population. To register for pilot testing, see page 11.



# CONFERENCE FACULTY

## **Brigadier General Clara Adams-Ender**

President and Chief Executive Officer  
Caring About People with Enthusiasm (CAPE)  
Associates, Inc.  
Lake Ridge, VA

## **Katherine Aldrich, PhD, ANP-BC, CNS**

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Santa Rosa, CA

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Project Manager, Engage Illness  
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Durham, NC

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General Counsel, State Legal Assistance  
Developer  
State of Tennessee Commission on Aging and  
Disability  
Nashville, TN

## **Joan Carpenter, PhD, CRNP, ACHPN**

Post-Doctoral Research Fellow  
Corporal Michael J. Crescenzo Veterans  
Administration Medical Center  
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Clinical Program Coordinator, Sinai Center for  
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Arlington, TX

## **Martha Davidson, MN, RN, CWOCN**

Wound, Ostomy, and Continence Nurse  
Vanderbilt University Medical Center  
Nashville, TN

## **Loretta D'Antonio, MBA, BA**

Vice President  
Nurses Service Organization  
Hatboro, PA

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Consultant Clinical Psychologist  
Charles E. Smith Life Communities (CESLC)  
Potomac, MD

## **Elizabeth Galik, PhD, CRNP, FAANP**

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Baltimore, MD

## **Leonard M. Gelman, MD, CMD**

Owner/MD  
Capital Care  
Ballston Spa, NY

## **Sherry Greenberg, PhD, RN, GNP-BC**

Hartford Institute for Geriatric Nursing at NYU  
Rory Meyers College of Nursing  
New York, NY

## **Valerie Gruss, PhD, GNP-BC**

Clinical Assistant Professor  
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## **Mitchell Tod Heflin, MD**

Associate Professor of Medicine  
Senior Fellow, Center for the Study of Aging and  
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## **MJ Henderson, MS, RN, GNP-BC**

Gerontological Nursing Consultant  
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## **Mohana Karlekar, MD, BS**

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of Nursing  
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Program Director, Senior ER  
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Professor and Chair, Department of Geriatrics  
Director, Geriatrics Education Center  
Nova Southeastern University College of  
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Fort Lauderdale, FL

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## **William M. Petrie, MD**

Professor of Clinical Psychiatry  
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## **Karen Tepper, MS, ANP-BC, LNHA**

Primary and Ambulatory Care Nurse Practitioner  
Veterans Administration Healthcare System  
Boston, MA

## **Eduard Vasilevskis, MD, MPH, BS**

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## **Heidi White, MD**

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Durham, NC

## **Brette Winston, MSN, AGPCNP-BC**

Nurse Practitioner  
Wellstar Health System  
Atlanta, GA

## **Wendy L. Wright, MS, FNP-BC, FAANP, FAAN**

Wright & Associates Family Healthcare  
Amherst, NH

## **John Zic, MD**

Professor of Medicine (Dermatology)  
Director, Vanderbilt Cutaneous Lymphoma Clinic  
Dermatologist  
Vanderbilt Dermatology  
Nashville, TN

# CONFERENCE PROGRAM

## TUESDAY • October 3, 2017

- 3:00 p.m. – 7:00 p.m.**      **Registration Open**
- 3:30 p.m. – 6:00 p.m.**      **Gerontological Specialist  
Certification Pilot Exam** (1 of 4)



## WEDNESDAY • October 4, 2017

- 7:45 a.m. – 7:00 p.m.**      **Registration Open**
- 8:00 a.m. – 10:30 a.m.**      **Gerontological Specialist  
Certification Pilot Exam** (2 of 4)
- 8:00 a.m. – 11:00 a.m.**      **Pre-Conference Workshops**  
2.5 contact hours



- 010      Optimizing Management of Chronic Wounds**  
*Martha Davidson, MN, RN, CWOCN; Marcia Spear, DNP, APRN-BC, CWOCN*

This pre-conference workshop will discuss therapeutic treatment modalities for chronic wounds including pressure, venous, diabetic foot, and arterial ulcers in the older adult. It will include strategies to optimize wound healing and skin protection. Differentiation and diagnosis of these various chronic wounds will be described, including appropriate wound assessment parameters. The wound care dressing selection process will be discussed and simplified, giving the attendee the opportunity to engage in discussion and enhanced learning with examples and wound care products.

- 020      Strategies for Educators and Preceptors to Maximize Competency of Adult-Gerontology APRNs**  
*MJ Henderson, MS, RN, GNP-BC; Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA; Sherry A. Greenberg, PhD, RN, GNP-BC; Julie Stanik-Hutt, PhD, ACNP/GNP-BC, CCNS, FAAN*

Participants, with guidance from the panelists, will use a blueprint to help map strategies presented with courses at their own institution. Preceptors will have an opportunity to link targeted clinical resources with the new competencies. Other advanced practice nurses, such as family nurse practitioners or clinical nurse specialists, will have an opportunity to discuss how to consider relevance of these competencies to the care of older adults, families, and caregivers.



- 1:00 p.m.**      **GAPNA Foundation Scramble Golf Outing**  
(Off-Site)

Enjoy a friendly round of golf while supporting the GAPNA Foundation. See page 10 for details.

- 12:00 p.m. – 5:00 p.m.**      **Pre-Conference Workshop**  
4.5 contact hours

- 030      Pharmacology Workshop: Evidence-Based Cardiac Prescribing**  
*Margaret Bowers, DNP, FNP-BC, FAANP; Mitchell Tod Heflin, MD*

During this session, evidence-based cardiac prescribing in older adults for common cardiovascular conditions such as dyslipidemia, hypertension, atrial fibrillation, and heart failure will be discussed.

- 2:30 p.m. – 5:00 p.m.**      **Gerontological Specialist  
Certification Pilot Exam** (3 of 4)



**5:15 p.m. – 6:30 p.m.**  
**Industry-Supported Presentation Theater**  
**Impacting Lung Function and HRQoL. A Once Daily Maintenance Treatment Option for Your Patients with COPD**  
*Seating is limited. Light refreshments will be provided. Attendees will be admitted on a first-come basis.*  
Supported by  
**Boehringer Ingelheim Pharmaceuticals, Inc.**

- 6:45 p.m. – 9:00 p.m.**      **Evening Session**  
2.25 contact hours

- 040      Opioid Prescribing: Safe Practice, Changing Lives – Update 2017**  
*Wendy L. Wright, MS, FNP-BC, FAANP, FAAN*

This session will address safe practices for patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education associated with prescribing extended and immediate-release opioids for chronic and acute pain management. Pain concepts, CDC guidelines, cannabis, and addiction treatment will also be covered. This activity is intended to be fully compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the FDA.

The Nurse Practitioner Healthcare Foundation (NPHF) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 2.25 hours of CE and pharmacology will be awarded upon completion of the Assessment and Evaluation at the end of the session.

NPHF is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. NPHF is always interested in connecting with NP volunteers to help with CE content development, development of white papers, scholarship and award application reviews, and other projects. Contact: Pam Jenkins-Wallace, MS, NP, Program Director, at [pamjw@nphealthcarefoundation.org](mailto:pamjw@nphealthcarefoundation.org). Website: [nphealthcarefoundation.org](http://nphealthcarefoundation.org)

### Session Key



= Gerontological Specialist Certification Pilot Exam  
(offered at 4 different times, please choose 1)



= Pharmacology hours offered



# CONFERENCE PROGRAM

## THURSDAY • October 5, 2017

6:45 a.m. – 5:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

### 110 New Member/First-Time Attendee Breakfast

7:00 a.m. – 8:00 a.m.

#### Industry-Supported Presentation Theater

*Seating is limited. Presentation theater and breakfast will be provided if industry support is received.*

8:00 a.m. – 9:15 a.m. **Welcome & Introduction**  
**Keynote Address**  
1.0 contact hour

### 120 Staying Focused on Our Passion

Brigadier General Clara Adams-Ender

This session will examine some core values of nursing and explore their relevance to health care and society. Further, it will challenge advanced practice nurses in gerontology to remain committed to those values.

9:15 a.m. – 10:45 a.m. **Grand Opening Exhibit**  
**Hall/Poster Viewing/Coffee**  
**Break**

10:45 a.m. – 12:15 p.m. **General Session**  
1.5 contact hours

### 130 Healthy Aging

Heidi White, MD; Kathryn M. Daniel, PhD, RN, ANP-BC, GNP-BC

This session will define “healthy aging” and the role of geriatric healthcare providers in supporting, promoting, and advocating for healthy aging in our patients, institutions/organizations, and communities. The speakers will identify issues and concepts as well as exemplars of healthy aging programs and practices from around the world and within the United States.

12:30 p.m. – 1:30 p.m.

#### Industry-Supported Presentation Theater

#### Clinical Data and Real-World Evidence to

#### Support NVAf & DVT/PE Treatment Decision Making

*Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis. Supported by Janssen Healthcare*

### GAPNA 2017 Conference Planning Committee

Kathryn M. Daniel, PhD, RN, ANP-BC, GNP-BC,  
Planning Chair

Margaret Bowers, DNP, FNP-BC, FAANP

Gail Prothe, DNP, APRN, FNP/GNP-BC

Linda Beuscher, PhD, GNP-BC, FNAP

Jennifer Kim, DNP, GNP-BC

Victoria Nalls, GNP-BC, CWS, ACPHN

Katherine Abraham Evans, DNP, FNP-C, GNP-BC, ACPHN,  
Board Liaison

Rosemarie Marmion, MSN, RN-BC, NE-BC,  
Education Director

1:40 p.m. – 2:40 p.m.

### Concurrent Sessions

1.0 contact hour

### 141 Frailty: More than Just the Dwindles

Cathy Maxwell, PhD, RN

This session will equip nurses and other providers with a thorough understanding of the concept of frailty and approaches to patient-centered care. An emphasis on the biology and bioenergetics of frailty enhances an understanding of how to incorporate shared decision-making into patient management.

### 142 Delirium: Assessment and Interventions that Work

R Elizabeth Galik, PhD, CRNP, FAANP

Delirium is under-recognized and frequently results in negative outcomes for older adults and negatively impacts health-care systems. This session will discuss the challenges and solutions to the identification and management of older adults with delirium across acute and long-term care settings.

### 143 Diastolic Heart Failure Management

R Margaret Bowers, DNP, FNP-BC, FAANP

During this session, factors impacting diastolic dysfunction in older adults and effective management strategies will be explored.

2:50 p.m. – 3:50 p.m. **General Session**  
1.0 contact hour

### 150 Health Policy and Advocacy: “Be at the Table or Be on the Menu”

Susan Mullaney, DNP, APRN, GNP-BC

In this session, acquire an understanding of GAPNA's health policy agenda and discover your role in advocacy.

4:00 p.m. – 5:00 p.m. **Concurrent Sessions**  
1.0 contact hour

### 161 Osteoporosis Update: Emerging Pharmacologic Strategies

R

Abigail Luck Parish, DNP, AGPCNP-BC, GNP-BC;  
Angel Anthamatten, DNP, BC-ADM, FNP-BC

Osteoporosis and osteopenia are prevalent problems among older adults. This session will provide an update on standard of care for diagnosis, treatment, and follow-up to optimize older adults' bone health, including the application of calcium/vitamin D and newer biologic agents.

### 162 Deprescribing: What It Is and How Do You Do It?

Sandra Simmons, PhD; Eduard Vasilevskis, MD, MPH, BS

Polypharmacy is highly prevalent and associated with numerous geriatric syndromes and additional adverse outcomes. Several tools exist to help identify potentially inappropriate medications. This session will highlight the epidemic of polypharmacy and provide a structured patient-centered framework for deprescribing among older patients.



# CONFERENCE PROGRAM

## THURSDAY • October 5, 2017

(continued)

### 163 Health Care for Veterans: Recognizing Needs and Finding Solutions

Marianne Shaughnessy, PhD, AGPCNP-BC; Karen Tepper, MS, ANP-BC, LNHA; Joan Carpenter, PhD, CRNP, ACHPN

This session is designed to update the advanced practice nurse in a primary care or nursing home setting on unique healthcare needs of America's aging veterans. Special attention will be given to discussion of end-of-life care for veterans with dementia and access to VA services.

5:00 p.m. – 6:30 p.m. Exhibits Open/Poster Reception

6:30 p.m. – 8:00 p.m.

#### Industry-Supported Presentation Theater Inside Aptiom® (eslicarbazepine acetate)

Seating is limited. Light refreshments will be provided.

Attendees will be admitted on a first-come basis.

Supported by Sunovion Pharmaceuticals, Inc.

## FRIDAY • October 6, 2017

6:00 a.m. – 7:00 a.m. Foundation Fun Run/Walk

Get energized with an exhilarating morning run or walk and enjoy the beautiful Nashville scenery. See p. 10 for details.

6:45 a.m. – 4:45 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

#### Industry-Supported Presentation Theater

Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

8:15 a.m. – 9:15 a.m.

### General Session

1.0 contact hour

### 210 Integrating Palliative Care into Acute Care

Mohana Karlekar, MD, BS; Jill R. Nelson, MSN, ANP-C, ACHPN

In this session, participants will discuss and learn ways to implement goals of care into an acute care setting.

9:15 a.m. – 10:45 a.m.

### Exhibits Open/Poster Viewing/Coffee Break

10:45 a.m. – 11:45 a.m.

### General Session

1.0 contact hour

### 220 Assessment of Decisional Capacity

Carolyn G. Eichberg, PhD

The role psychologists play in capacity assessment can assist nurse practitioners confronting complexities of managing medical treatment when a patient's decision-making ability is questionable. Involvement of a psychologist can reduce potential uncertainties by generating quantitative scores for a patient's abilities to understand, appreciate, and manipulate information to form rational decisions.

(Note: This session will not appear in the GAPNA Online Library.)

12:00 p.m. – 1:00 p.m.

#### Industry-Supported Presentation Theater

Seating is limited. Presentation theater and lunch will be provided if industry support is received.

1:15 p.m. – 2:15 p.m.

### Concurrent Sessions

1.0 contact hour

### 231 The Un-Befriended Older Adult (Elder Orphan)

Laura E. Brown, Esquire

Unfortunately, elders are falling into the category of "un-befriended." What does this mean? How can advanced practice nurses better identify and provide support to elders who find themselves un-befriended? This session will help answer those and other questions about this ever-increasing segment of the over 60 population.

### 232 Should Seniors Say Yes to Cannabis?

JoAnn Coleman, DNP, ACNP, AOCN, GCN

Cannabis as medicine is now available in several states and Washington, DC. It may be used to treat pain, movement disorders, anxiety, nausea, and other disorders. Many of these disorders affect the older adult who may seek treatment with cannabis. Learn the evidence for medical cannabis and research opportunities.

### 233 Recognizing Malignant Skin Growths

John Zic, MD

This session will review the vocabulary of dermatology and how to describe skin conditions accurately. Benign and malignant skin growths seen in the elderly will be emphasized, with a focus on distinguishing between the two.





# CONFERENCE PROGRAM

## FRIDAY • October 6, 2017 (continued)

## SATURDAY • October 7, 2017

**2:15 p.m. – 3:15 p.m.** Exhibits Open/Poster Viewing/Refreshment Break

**3:15 p.m. – 4:15 p.m.** Concurrent Sessions  
1.0 contact hour

**241 Older Adults with Lifelong Intellectual and Developmental Disorders in the LTC Setting**  
Katherine Aldrich, PhD, ANP-BC, CNS; Linda Keilman, DNP, GNP-BC; Douglas P. Olsen, PhD, RN

Culturally appropriate resources available to APRNs and interventions to promote appropriate care for older adults with lifelong cognitive and communicative disabilities in the long-term setting will be described.

**242 Clinical Competence: Are You Up for a 12/15 Lead EKG Challenge?**  
J. Michelle Moccia, DNP, ANP-BC, CCRN

Explore the value of identifying acute coronary syndrome and utilizing a 12/15 lead ECG to identify metabolic abnormalities/conditions and pharmacotherapy effects to determine interventions.

**243 Initiating Family Discussions about Goals of Care**  
Jennifer Kim, DNP, GNP-BC, FNAP; Kanah Lewallen, DNP, AGPCNP-BC, GNP-BC

This session will involve a short presentation on the mechanics of both initiating and conducting a family discussion about an elderly family member's goals of care. Session participants will also engage in practicing goals of care discussions with standardized patients.

**4:30 p.m. – 5:30 p.m.** Committee and Special Interest Group (SIG) Meetings

Members of the following committees and SIGs are invited to meet at this time to discuss issues related to the interest area. If you are interested in joining a committee or SIG, you are encouraged to attend.

- Acute Care
- Awards
- Chapter Leadership
- Communications
- Education
- Health Affairs
- Historical
- Research
- GeroPscyh
- Hospice/Palliative Care
- House Calls
- Leadership
- Cross-Cultural Care
- Post Acute Care/LTC
- Transitional Care
- Veterans Care-VA

**5:45 p.m. – 7:00 p.m.**  
**Industry-Supported Presentation Theater**  
**COPD in Long-Term Care Setting**

Seating is limited. Light refreshments will be provided.  
Attendees will be admitted on a first-come basis.  
Supported by **Sunovion Pharmaceuticals, Inc.**

**6:45 a.m. – 5:00 p.m.** Registration Open

**7:00 a.m. – 8:00 a.m.**  
**Industry-Supported Presentation Theater**  
Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

**8:15 a.m. – 9:15 a.m.** General Session  
1.0 contact hour

**310 Update on Diabetes Best Practice for Older Adults**  
Naushira Pandya, MD, CMD, FACP

This session will use a case-based approach to management of diabetes in post-acute/long-term care utilizing various patient scenarios and present the relevant evidence base.

**9:30 a.m. – 11:30 a.m.** In-Depth Focus Sessions  
2.0 contact hours

**321 Research and Clinical Project Presentations**

Several research or clinical projects will be presented that outline the creative work APRNs are doing to further the care of older adults.

**322 Geropsych Pharmacology Update**  
William M. Petrie, MD

The session will review recent developments in drug treatment of psychiatric and behavioral symptoms in the elderly. Pharmacokinetics, adverse effects, and assessing efficacy will be reviewed. Special attention will be given to treatment of behavioral symptoms of dementia and recent developments in depressive disorders. The special vulnerability of elderly patients to pharmacologic agents will be emphasized.

**323 Updates in Billing for Geriatric Practice**  
Leonard M. Gelman, MD, CMD

This session will provide a billing and coding update for geriatric advanced practice nurses. In addition to accurate coding and documentation, clinicians will increase their understanding of new CPT codes that are extremely relevant to geriatrics. Updates on coding for chronic care management, transitional care management services, and advanced care planning will be discussed.

**330 11:45 a.m. – 1:30 p.m. Membership Meeting and Awards Luncheon**

Join us during this special luncheon as awards are presented to the 2017 GAPNA Excellence, Foundation, and Research Award recipients. The incoming Board of Directors also will be introduced. Please confirm your attendance by marking the appropriate line on the registration form.

**1:45 p.m. – 2:45 p.m.** Concurrent Sessions  
1.0 contact hour

**341 Connecting the Dots: Participatory Health Education and Empowerment Program with Community-Dwelling Older Adults**

Valerie Gruss, PhD, GNP-BC; Anna Baccellieri, MPA

This session will discuss the creation of a health education program which empowers older adults and caregivers to adopt healthy behaviors and improve self-efficacy, using a community-based participatory research approach.

## SATURDAY • October 7, 2017

(continued)

### 342 Leadership Is Everyone's Responsibility: Engage and Advocate

Joan Carpenter, PhD, CRNP, ACHPN; Susan Mullaney, DNP, APRN, GNP-BC; Brette Winston, MSN, AGPCNP-BC

Advanced practice registered nurses are in a unique position to leverage their strengths in communication, quality and process improvement, and clinical care to impact the health-care system. Emphasis in this session will be placed on the APRN role in organizational issues including communication, building partnerships, goal setting, and inspiring others to be involved.

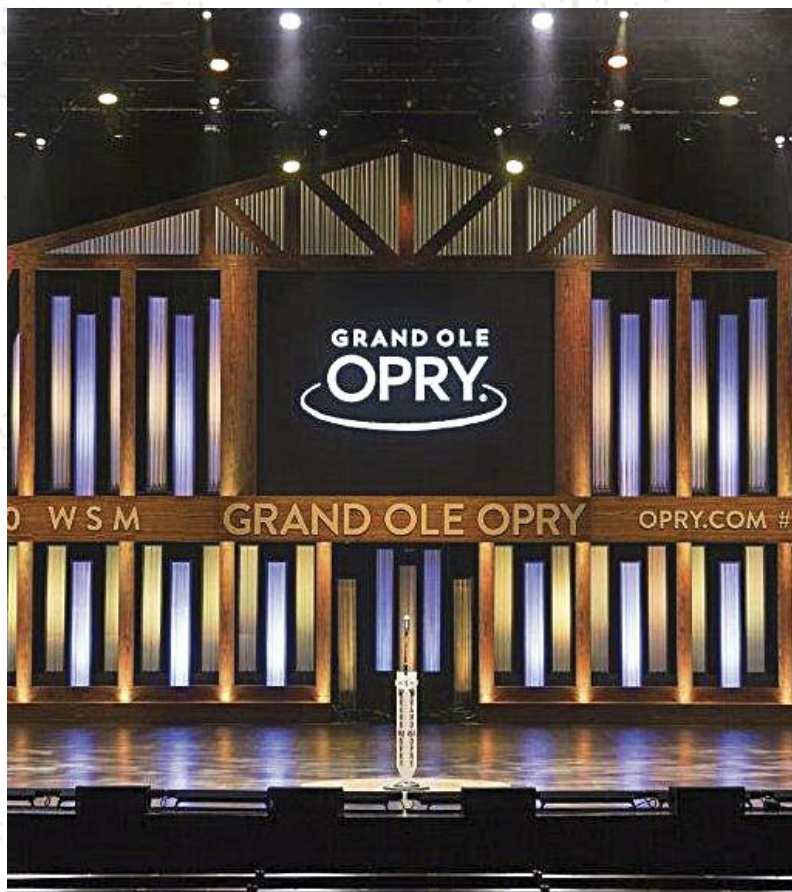
**3:00 p.m. – 4:00 p.m.**      **General Session**  
1.0 contact hour

### 350 Stay Ahead of the Curve: Don't Become a Malpractice Case Study

Loretta D'Antonio, MBA, BA

This session will enable nurse practitioners to understand the nature of malpractice claims through the exploration of current claims data against nurse practitioners across the country.

**4:15 p.m. – 6:45 p.m.**      **Gerontological Specialist**  
 **Certification Pilot Exam** (4 of 4)



### 9:30 p.m. • Grand Ole Opry Birthday Bash

Please join us on Saturday, October 7, 2017, at 9:30 p.m. to experience a dynamic line-up of new stars, superstars, and legends of country music. Artists will be added to the lineup as they are confirmed, but you can trust it will be spectacular. Tickets must be purchased in advance. Tickets have limited availability and are non-refundable once purchased. See registration form on page 11.

### Access Online Library and Conference Handouts

The GAPNA Online Library gives you even more value with your registration. All attendees receive free access to conference sessions in the GAPNA Online Library. Listen to sessions you may have missed onsite or revisit courses you found interesting. Content will be available approximately 3 weeks after the conference, so be sure to take advantage of this additional learning experience at your convenience.

Your other library benefits and options include:

- Session handouts available to print 2 weeks before the conference.
- Evaluate sessions online (onsite or after the conference).
- Access your CNE certificates in the library and print any time.

### GAPNA Research/Project Consults Available

Finishing up your doctorate? Working on an evidence-based project? Having difficulty submitting your research proposal? Not sure how to go about your first research project? Need to speak about your project with someone with experience in research?

GAPNA recognizes your needs and wants to help. The Research Committee will provide free consultations and one-on-one guidance. Please send an email to [GAPNA@ajj.com](mailto:GAPNA@ajj.com) and provide your name, email contact, and a brief description of the research/project issue you would like to discuss. You will be contacted to set up a time to meet at the Annual Conference with a committee member who has experience in your research area. The meeting will be scheduled during Exhibit Hall or lunch on your own time.

GAPNA Research Committee members will have a booth in the Exhibit Hall where your consultation can take place. We're reaching out to you; tell us how we can help you with your research/clinical project.



# GENERAL INFORMATION

## Continuing Nursing Education

Gain continuing nursing education (CNE) contact hours for your professional development, recertification, and relicensure. Contact hours will be awarded on a 60-minute contact hour basis as follows:

<b>Main Conference</b>	Up to 14.5 contact hours
<b>Thursday, October 5</b>	5.5 contact hours
<b>Friday, October 6</b>	4.0 contact hours
<b>Saturday, October 7</b>	5.0 contact hours

## Pre-Conference Workshops

Wound Care	2.5 contact hours
APRN Competencies	2.5 contact hours
Pharmacology	4.5 contact hours

Sessions marked with **R** contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

## Networking

A key benefit of attending the GAPNA Annual Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

## Exhibits

Representatives from leading companies and organizations will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for gerontological advanced practice nurses. Conference badges must be worn to gain admittance to the exhibit hall.

## Industry-Supported Presentation Theaters

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. These can be non-CNE programs (no contact hours are available for these sessions) or CNE programs (contact hours are available for these sessions).

## Guest Registration

Guest registration includes admittance to the exhibit hall on Thursday (10/5) and Friday (10/6) only.

## Payment Policy

**Register Early!** To qualify for the member rate, you must be a GAPNA member through October 31, 2017. Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

## Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by **August 30, 2017**. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

## Catch Up with Colleagues

Registrants of the GAPNA Annual Conference may be interested in finding out if colleagues in the field will also be in attendance. If you are interested in being included on a published list of attendees so that colleagues can confirm you will be in attendance, please check the relevant box when registering for the conference. Your name and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

## Share a Room

If you are interested in sharing a room during the conference and would like your name added to the Willingness to Share a Room List, simply check the appropriate box when registering. Your name, telephone number, city, state, and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

## Weather

In October, the weather brings the Music City to life with comfortable daytime temperatures in the low 70s and nighttime lows in the 50s. Remember to wear comfortable walking shoes and bring a sweater in case the meeting rooms are chilly.

## Hotel Information

Gaylord Opryland Resort and Convention Center  
2800 Opryland Drive  
Nashville, TN 37214

Gaylord Opryland Resort and Convention Center has been designated as the official hotel for the GAPNA 2017 Annual Conference. A block of rooms has been secured at the special rates of **\$199** single/double. This rate is subject to applicable state and local taxes, currently 15.25%. Check-in is 3:00 p.m. and check-out is 11:00 a.m.

To receive the conference rate, make online reservations on the GAPNA website (GAPNA.org) or call hotel reservations at 615-889-1000 and refer to the 2017 GAPNA Annual Conference. The conference rate is available through **September 4, 2017**, or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

Experience the finest in Southern hospitality at Gaylord Opryland Resort & Convention Center in Nashville, TN. This premier hotel offers guests an unforgettable getaway with all the excitement and energy of Music City under one spectacular roof. Located only 10 minutes from the airport and featuring an extraordinary selection of dining, shopping, recreational activities, and entertainment, there's never a shortage of things to do at the resort. After unwinding at Relâche Spa & Salon, practice your swing at Gaylord Springs Golf Links, make a splash at the indoor or outdoor pool, hit the gym at the state-of-the-art fitness center, or explore nine acres of lush, indoor gardens and cascading waterfalls. Following a day of Nashville fun or an exciting evening at the Grand Ole Opry, return to deluxe accommodations with modern amenities. Experience why the Gaylord Opryland Resort and Convention Center is in a class of its own!

## Parking

Valet parking is \$32 daily. Self-parking is \$23 daily. Rates are subject to change.

## Transportation

Nashville International Airport is 8.3 miles from the hotel. Airport shuttle service is available by reservation at \$19 (one way) by calling 618-883-2211. Taxis are \$30 (approximately) one way.

## Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference App are the property of GAPNA and may be used in promotional materials.



# Participate in These Fun Events and Support the Foundation, Nursing Scholarships, and Research!

## GAPNA Foundation Events

The mission of the GAPNA Foundation is to provide financial grants to support scholarly research projects related to gerontological nursing and provide educational opportunities for registered and advanced practice nurses working with older adults. Help us achieve this mission by supporting our fundraising events in Nashville this year.

### Scramble Golf Outing

**Wednesday, October 4, 2017 / Tee time: 1:00 p.m. (rain or shine)**

Gaylord Springs Golf Links has consistently been recognized among *GolfWeek's* best courses in Tennessee! Carved from the banks of the meandering Cumberland River, the Scottish links-style, par-72 layout offers 18 holes bordered by limestone bluffs and wetlands. With challenges around every fairway bend, Gaylord Springs forces you to think and react, creating a satisfying finish every time a flag is pulled from the cup. The golf course is accessible by free hotel shuttle. From tee to green, no matter your skill level, you'll be inspired by the beauty that surrounds you.

Golfers of all abilities are welcome. All you need to do is bring your sense of humor and be prepared for a fun-filled day of golf.

**Cost: \$150 per person** (includes electric cart with GPS, practice range, chipping and putting greens, locker facilities) and guaranteed fun! Golf clubs and shoes available for rental at pro shop. Food and beverages available at clubhouse bar.

### Fun Run/Walk

**Friday, October 6, 2017 / 6:00 a.m. - 7:00 a.m.**

A great way to start your day and help support the GAPNA Foundation! Join us for an eye-opener fun run/walk following the fitness trail around the Gaylord Resort. Bring your sneakers and a sense of good cheer!

**Cost: \$25 per person**

**Cash donations are also accepted and all donations are tax deductible as the law allows. See p. 11 to register and donate.**

## For the Love of Music (and Dining, Sightseeing, and Shopping): Experience Nashville!

From its very beginnings, Nashville grew from a foundation built on music. Music has been the common thread connecting the life and soul of the city and its people. And visitors have ventured here to experience the music that weaves such a fundamental pattern in its cultural, business, and social fabric. Visit and experience it for yourself during GAPNA's Annual Conference!

### Grand Ole Opry®

What began as a simple radio broadcast in 1925 is today a live entertainment phenomenon. Dedicated to honoring country music's rich history and dynamic present, the Grand Ole Opry showcases a mix of country legends and the contemporary chart-toppers who have followed in their footsteps. The Opry, an American icon and Nashville's number-one attraction, is world famous for creating one-of-a-kind entertainment experiences for audiences of all ages. Join your colleagues for the Grand Ole Opry Birthday Bash on Saturday, October 7.

### Honky Tonk Highway

For those who don't know, a honky tonk is an establishment that contains at least one rockin' stage, cold beverages, and a party that lasts all day, everyday. And we mean every *single* day. Nashville's Honky Tonk Highway, located on Lower Broadway, is a row of these beautiful things pumping live music into the streets from 10:00 a.m. to 3:00 a.m. One of the best parts: it doesn't cost a thing. Meaning no cover charge. Meaning save your money for more important things like the tip jar! Because Music City believes music should be shared to all. And you never know who you'll see in these Lower Broadway clubs. Willie Nelson, Kris Kristofferson, Gretchen Wilson, Dierks Bentley, and other stars began their careers on this amazing street. The person you see singing on stage in Music City might be the next big thing. Enjoy the ride along Music City's Honky Tonk Highway.

### Country Music Hall of Fame

The Country Music Hall of Fame® and Museum adds a strikingly modern touch to the Nashville skyline and is situated at the epicenter

of the city's rapidly growing core, a block from the popular honky tonks of Broadway. The museum, called the "Smithsonian of country music" because of its unrivaled collection, recently unveiled a \$100 million expansion, doubling its size to 350,000 square feet of dynamic state-of-the-art galleries, archival storage, education classrooms, retail stores, and special event space boasting stunning downtown views.

### Belmont Mansion

Belmont Mansion is a must-see for anyone interested in Tennessee history, the Civil War, architecture, art, and decorative arts. Adelia and Joseph Acklen, who were once among Nashville's richest citizens, built the Italian Villa house in 1853. Belmont was part of a large country estate created as a summer getaway from the family's Louisiana plantations. Despite the Acklen's wealth and status, they were not immune to the troubles of war. In December of 1864, the 4th Corps of the Union Army occupied the house and grounds before the Battle of Nashville. Most rooms in Belmont Mansion have been meticulously restored, including many original furnishings, artwork, and statuary.

### Dining

While Nashville has long been known for its expansive music landscape, the talent and creativity of its culinary scene has recently put Nashville on the map. *Food & Wine* highlighted the "booming Music City food scene," *Food Arts Magazine* noted the "emerging culinary scene putting Nashville on the gastronomic radar," and, most recently, *Condé Nast Traveler* stated this about Music City: "There's enough going on food-wise to warrant a trip solely for eating." Nashville's creative spirit has certainly infiltrated into its kitchens, turning them into the chef's studio. From Southern fare to haute cuisine to quite literally everything in between, Nashville's palate offers it all.

### Opry Mills® Shopping

Within walking distance from the Opryland Hotel is Tennessee's largest outlet and value retail destination. This beautiful indoor mall boasts

200+ stores such as Saks Fifth Avenue OFF 5TH, Forever 21, J. Crew Factory Store, Vera Bradley Outlet, Bass Pro Shops Outdoor World, and more. Enjoy the Opry Mills experience with retailers ranging from jewelry to women's apparel to sporting goods. Dining options include Aquarium Restaurant, Rainforest Cafe, and Chuy's Mexican Food, as well as quick and fast options such as Johnny Rockets, Subway, and Panda Express. To top it off, Opry Mills offers entertainment options with Regal Cinema 20 and IMAX Theater, and Dave & Buster's!

### Ryman Auditorium

When you walk through the doors of the historic Ryman Auditorium, one thing becomes clear right away: this isn't just another nightly music venue, and it's so much more than a daytime tourist stop. This place is hallowed ground. This is the exact spot where bluegrass was born, where Johnny Cash met June Carter, where souls were saved and a slice of history was nearly lost. It was right here that country music found an audience beyond its own back porch, and countless careers took off as deals were signed on napkins and paper scraps backstage. This is a building where anything is possible: a soul can find redemption, a crumbling building can find salvation, and an unknown kid with a guitar can find his or her name in lights.

### Cheekwood Estate & Gardens

Cheekwood is a 55-acre botanical garden and art museum located on the historic Cheek estate. Originally built as the home of Leslie and Mabel Cheek in 1929, Cheekwood is one of the finest examples of an American Country Place Era estate. Since being converted into a museum of art and botanical garden in 1960, Cheekwood has presented world-class art exhibitions, spectacular gardens, and an historic estate unlike anything else.



# REGISTRATION FORM

## GAPNA 36th Annual Conference • October 4-7, 2017 – Nashville, TN

Print Name: _____		Credentials: _____	
Organization/Employer Name: _____			
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work _____			
City / State / Zip: _____			
Nursing License # _____	State _____	Exp. date _____	
Daytime Phone: <input type="checkbox"/> Home <input type="checkbox"/> Work (      ) _____			
E-mail (required): <input type="checkbox"/> Home <input type="checkbox"/> Work _____			
<input type="checkbox"/> Do not share my email address with any GAPNA exhibitor or networking vendors			
<b>*Non-members may register at the Member rate by including membership fee with registration fees.</b>		<b>GAPNA Member</b>	<b>Non-Member*</b>
<b>Main Conference Registration Fees</b> (Pre-Conference Workshops not included)		<b>Rate</b>	<b>Rate</b>
Postmarked 8/23/17 & before - Early Fee		<input type="checkbox"/> \$469	<input type="checkbox"/> \$589
Postmarked 8/24/17 & after - Regular/Onsite Fee		<input type="checkbox"/> \$559	<input type="checkbox"/> \$689
Student/Retired (CNE not included) CNE may be obtained at a discounted rate through Online Library		<input type="checkbox"/> \$259	<input type="checkbox"/> \$359
<input type="checkbox"/> Pre-Conference Workshop 010: Chronic Wounds		<input type="checkbox"/> \$95	<input type="checkbox"/> \$135
<input type="checkbox"/> Pre-Conference Workshop 020: APRN Competencies		<input type="checkbox"/> \$95	<input type="checkbox"/> \$135
<input type="checkbox"/> Pre-Conference Workshop 030: Pharmacology		<input type="checkbox"/> \$115	<input type="checkbox"/> \$155
<input type="checkbox"/> Evening Session 040: Opioid (no additional fee)		<input type="checkbox"/> Yes, I will attend	
<b>Daily Rate</b>			
Daily - (indicate 1 day only) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday		<input type="checkbox"/> \$259	<input type="checkbox"/> \$369
Daily Student/Retired (CNE not included) - (indicate day) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday		<input type="checkbox"/> \$119	<input type="checkbox"/> \$169
Guest Badge for Exhibit Hall only - (see page 9)		<input type="checkbox"/> \$175	<input type="checkbox"/> \$175
Guest Badge for Awards Luncheon only		<input type="checkbox"/> \$85	<input type="checkbox"/> \$85
Guest Name: _____			
<b>Membership Fees</b> <input type="checkbox"/> New <input type="checkbox"/> Renewal			
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)			<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount) _____			<input type="checkbox"/> \$ _____
<b>Grand Ole Opry Birthday Bash</b> (Saturday) _____ # persons @ \$49 = \$ _____			
<b>GAPNA Foundation Event Fees</b>			
Scramble Golf Outing (Wednesday) _____ # persons @ \$150 = \$ _____			
Fun Run/Walk (Friday) _____ # persons @ \$25 = \$ _____			
Foundation Donation <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> Other _____			\$ _____
<b>TOTAL ENCLOSED</b>			\$ _____

### 3 Ways To Register

**Register Online at**  
**www.gapna.org/annual-conference**  
**By Fax: 856-218-0557**

Mail completed form with payment to:  
**GAPNA Registration**  
**East Holly Avenue/Box 56**  
**Pitman, NJ 08071-0056**

**Registration cannot be processed without payment.**

**Purchase Orders cannot be accepted.**

Make checks payable in U.S. funds to: **GAPNA**

All cancellations and transfers must be received in writing. For cancellations postmarked prior to August 30, 2017, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after August 30, 2017, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your **receipt/confirmation** information via the email address used to register for this meeting.

### Gerontological Specialist Certification Pilot Exam

#### Choose one

- ☐ Tuesday – 3:30 pm – 6:00 pm  
☐ Wednesday – 8:00 am – 10:30 am  
☐ Wednesday – 2:30 pm – 5:00 pm  
☐ Saturday – 4:15 pm – 6:45 pm

### Catch Up with Colleagues/Share a Room

#### Catch Up with Colleagues

- ☐ No, I do not want my information included on a list of attendees.

#### Share a Room

- ☐ I am interested in sharing a room.

### Special Needs\* (dietary, access, etc.)

**Session Selections — Indicate 1st and 2nd choice for all Concurrent Sessions. Attendees are automatically registered for the Keynote Address and all General Sessions.**

#### Thursday, October 5

**New Member/First-Time Attendee Breakfast**  
**7:00 am – 8:00 am**  
 110 \_\_\_\_\_

**Concurrent Sessions – 1:40 pm – 2:40 pm**  
 141 \_\_\_\_\_ 142 \_\_\_\_\_ 143 \_\_\_\_\_

**Concurrent Sessions – 4:00 pm – 5:00 pm**  
 161 \_\_\_\_\_ 162 \_\_\_\_\_ 163 \_\_\_\_\_

#### Friday, October 6

**Concurrent Sessions – 1:15 pm – 2:15 pm**  
 231 \_\_\_\_\_ 232 \_\_\_\_\_ 233 \_\_\_\_\_

**Concurrent Sessions – 3:15 pm – 4:15 pm**  
 241 \_\_\_\_\_ 242 \_\_\_\_\_ 243 \_\_\_\_\_

#### Saturday, October 7

**In-Depth Focus Sessions – 9:30 am – 11:30 am**  
 321 \_\_\_\_\_ 322 \_\_\_\_\_ 323 \_\_\_\_\_

**Membership Meeting and Awards Luncheon – 11:45 am – 1:30 pm**  
 330 \_\_\_\_\_

**Concurrent Sessions – 1:45 pm – 2:45 pm**  
 341 \_\_\_\_\_ 342 \_\_\_\_\_

### PAYMENT OPTIONS

Tax ID #93-0832304

☐ Check enclosed made payable in U.S. funds to GAPNA

Charge my: ☐



\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Number \* \_\_\_\_\_

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_





# NASHVILLE

## Annual Conference



**October 4-7, 2017**

**Gaylord Opryland Resort and  
Convention Center  
Nashville, TN**

**[www.gapna.org](http://www.gapna.org)**