



2016 Annual Conference

Earn up to **26.75** contact hours
(includes pre-conference workshops).
Pharmacology hours available for designated sessions.

Registration Brochure

Register online at www.gapna.org/annual-conference

September 21-24, 2016
Arizona Grand Resort
Phoenix, AZ
www.gapna.org

What You Can Expect

Focused education. Earn up to 26.75 contact hours including pre-conference sessions, which includes hours of pharmacology credit for designated sessions. Look for the **R** symbol.

Lasting connections. Network with other attendees focused on gerontological concerns for their patients and interact with leading experts and industry representatives.

Free access to the GAPNA Online Library. Take your learning home to access when it is convenient for you!

Explore the scene. Take time to explore the beautiful desert landscape that Phoenix offers.

GAPNA 2016 Conference Planning Committee

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Conference Faculty

Alan P. Agins, PhD
Pharmacologist & President
PRN Associates, Ltd.
Tucson, AZ

Jody F. Agins, MSN, FNP-BC, GNP-BC
Founder, Executive Director, and
Practicing NP
Collaborative Medical Provider
Group
Clinical Services Director
Agape Hospice and Palliative Care
Tucson, AZ

Katherine Aldrich, PhD, NP, APRN-BC
Trauma Nurse Practitioner
Santa Rosa Memorial Hospital
Santa Rosa, CA

Eric Boyd, MD, DABPM, DABA
Medical Doctor
Desert Pain Institute
Mesa, AZ

Nicole Brandt, PharmD, MBA, CGP, BCPP, FASCP
Professor, Geriatric Pharmacology
University of Maryland School of
Pharmacy
Baltimore, MD

Lisa Byrd, PhD, RN, FNP-BC, GNP-BC
President
Merit Health Medical Group
Brandon, MS

Pamela Z. Cacchione, PhD, RN, CRNP, BC
Associate Professor,
Geropsychiatric Nursing
University of Pennsylvania School
of Nursing
Philadelphia, PA

Carolyn K. Clevenger, RN, DNP, GNP-BC, AGPCNP-BC, FAANP
Assistant Dean for MSN Education
Emory University
Atlanta, GA
Senior Nurse Scholar
Atlanta VA Quality Scholars

Constance Dahlin, APRN-BC, ACHPN, FPCN, FAAN
Director of Professional Practice
Palliative Care Consultant
Hospice and Palliative Nurses
Association
Boston, MA

Rita D'Aoust, PhD, ACNP, ANP-BC, CNE, FAANP, FNAP
Associate Dean
University of South Florida
Tampa, FL

Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP
Associate Professor
Director of the Adult-Gerontology
Nurse Practitioner Program
Associate Director of the University
Center on Aging and Health
Frances Payne Bolton School of
Nursing
Case Western Reserve University
Cleveland, OH

Katherine Abraham Evans, DNP, FNP-C, GNP-BC, ACHPN, FAANP
DNP Program Coordinator and
Clinical Assistant Professor
Georgia State University
Atlanta, GA

Marci Farquhar-Snow, MN, CCRN, CMC, ACNP-BC, AACCC
Assistant Professor and Program
Director
Cardiology Nurse Practitioner
Fellowship
Mayo Clinic
Phoenix, AZ

Elizabeth Galik, PhD, CRNP, FAANP
Associate Professor
University of Maryland School of
Nursing
Baltimore, MD

Leonard Gelman, MD
Medical Director
Capital Care
Ballston Spa, NY

Cynthia Gerstenlauer, ANP-BC, GCNS-BC, CDE
Adult/Gero Nurse Practitioner
Troy Internal Medicine
Troy, MI

Susan Gibson, RN, FNP-BC, ACHPN
Program Coordinator
Community Palliative Care
Program
Visiting Nurse and Hospice Care
Santa Barbara, CA

Teresa Gore, PhD, DNP, FNP-BC, NP-C, CHSE-A
Associate Professor
Director, Experiential Learning
University of South Florida College
of Nursing
Tampa, FL

Melodee Harris, PhD, APRN, GNP-BC
Assistant Professor
University of Arkansas for Medical
Sciences
Little Rock, AR

N. Jennifer Klinedinst, PhD, MPH, RN, FAHA
Assistant Professor
University of Maryland
Baltimore, MD

Kathryn Lanz, DNP, ANP-BC, GNP-BC, ACHPN
Chief Clinical Officer
Aspire Health
Nashville, TN

Amy M. Lewitz, APRN-BC
Clinical Nurse Specialist
Lincolnwood, IL

Marianne McCarthy, PhD, RN, FAANP, FAAN
Associate Professor
Coordinator, AGNP Program
Arizona State University
Phoenix, AZ

Mark McCloskey, PhD, MA
Lead Faculty
Master of Arts in Transformative
Leadership
Bethel University
St. Paul, MN

Carol McMullin, MD, FACP, CPE
Medical Director
Optum
Phoenix, AZ

Melanie Michael, DNP, MS, FNP-C, CPHQ, FNAP
Assistant Professor
Director
Doctor of Nursing Practice
Program
University of South Florida College
of Nursing
Tampa, FL

J. Michelle Moccia, DNP, ANP-BC, CCRN
Program Director Senior ER
St. Mary's Mercy Hospital
Livonia, MI

Naushira Pandya, MD, CMD, FACP
Professor and Chair
Department of Geriatrics
Nova Southeastern University
College of Osteopathic
Medicine
Fort Lauderdale, FL

Patti Parker, PhD(c), APRN, ACNS, ANP, GNP, BC
Faculty, College of Nursing and
Health Innovation
University of Texas
Arlington, TX

Lisa Perez, AGPCNP, WOCN
Nurse Practitioner
UT Southwestern Medical Center
Dallas, TX

Edie Pituskin, PhD, MN (NP Adult), RN
Assistant Professor
Faculty of Nursing
University of Alberta
Edmonton, AB

Julie A. Reisetter, MS, RN
Chief Nursing Officer
Banner Telehealth
Banner Health
Phoenix, AZ

Sandy Chen Stokes, MSN, RN
Founder and Board Chair
Chinese American Coalition for
Compassionate Care
Cupertino, CA

Nimalie Stone, MD, MS
Medical Epidemiologist
Division of Healthcare Quality
Promotion
Centers for Disease Control and
Prevention
Atlanta, GA

Marcia Walmer, DNP(c), RN, AP/MHNP-BC, LCSW, ACSW
Clinical Faculty
School of Nursing and Health
Studies
University of Missouri Kansas City
Kansas City, MO

Eric White, MSN, RN, A/GNP-BC
Nurse Practitioner
Parkland Hospital
Dallas, TX

Cheryl Wilson, DNP, ARNP, ANP-BC
Assistant Professor
Director, Graduate Adult-
Gerontology Primary Care
Concentration
University of South Florida College
of Nursing
Tampa, FL

Conference Program

TUESDAY September 20, 2016

4:00 p.m. – 7:00 p.m. Registration Open

WEDNESDAY September 21, 2016

7:30 a.m. – 7:00 p.m. Registration Open

8:00 a.m. – 11:00 a.m. Pre-Conference Workshop
2.5 contact hours

010 Special Topics in Geropsychiatric Nursing

Melodee Harris, PhD, APRN, GNP-BC; Amy M. Lewitz, APRN-BC; Marcia Walmer, DNP(c), RN, AP/MHNP-BC, LCSW, ACSW, Patricia McCann, MS, ANP, GNP-BC

Evidence-based practices guide this session in the discussion of foundational principles and key concepts of geropsychiatric nursing. Contemporary geropsychiatric nursing issues will be highlighted. Research findings, clinical practice guidelines, and evidence-based practices will be presented on depression, neurocognitive disorders (dementia), substance misuse, and psychotic behaviors of dementia. Case studies will be used to describe screening, assessment, diagnosis, treatment, and coding in the everyday management of complex patients with geropsychiatric conditions and chronic illnesses in real-life situations.

7:30 a.m. – 4:00 p.m. Pre-Conference Workshop
7.5 contact hours

020 End-of-Life Nursing Education Consortium (ELNEC) – for Advanced Practice Registered Nurses

Constance Dahlin, APRN-BC, ACHPN, FPCN, FAAN; Susan Gibson, RN, FNP-BC, ACHPN; Kathryn Lanz, DNP, ANP-BC, GNP-BC, ACHPN

Many palliative care teams across the U.S. are led by APRNs, and they are key team members who exemplify commitment to their varied roles in not only leadership, but practice, education, and research. Participants attending ELNEC-APRN receive advanced education in pain and symptom assessment/management and communication, quality improvement, and finances. This 1-day overview is targeted to APRNs who are:

- Developing a palliative care program.
- Leading a hospice/palliative care team.
- Joining and/or participating in a hospice/palliative care team.
- Incorporating palliative care in their role as an APRN.

(Note: This session will not appear in the GAPNA Online Library.)

12:00 p.m. – 5:00 p.m. Pre-Conference Workshop
4.5 contact hours

030 Pharmacology Workshop: Geropsychiatric Disorders

Nicole Brandt, PharmD, MBA, CGP, BCPP, FASCP; Elizabeth Galik, PhD, CRNP, FAANP

This session will focus on safe medication prescribing for older adults with psychiatric diagnoses and behavioral and psychological symptoms of dementia. It will provide an overview of commonly used medications for the pharmacological management of depression, bipolar states, schizophrenia, behavioral and psychological symptoms of dementia, and other common psychiatric syndromes in older adults. Evidence-based pharmacologic care will be discussed using case study methodology that examines quality care for complex older adults.

1:00 p.m. GAPNA Foundation Scramble Golf Outing

Enjoy a friendly round of golf amidst the panoramic views of the desert landscape. See p. 10 for details.

5:15 p.m. – 6:30 p.m. Industry-Supported Presentation Theater

Seating is limited. Light refreshments will be provided. Attendees will be admitted on a first-come basis.

Reducing the Risk of Thrombotic Events across Multiple Indications A Focus on Non-Valvular Atrial Fibrillation (NVAF) and Introducing Praxbind® (idarucizumab) an Immediate Reversal Agent Specifically for PRADAXA

Supported by Boehringer Ingelheim Pharmaceuticals, Inc.

6:45 p.m. – 9:00 p.m. Evening Session
2.25 contact hours

040 Opioid Prescribing: Safe Practice, Changing Lives

Alan P. Agins, PhD; Jody F. Agins, MSN, FNP-BC, GNP-BC

This session will address safe practices for patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education associated with prescribing opioids for chronic pain management. This activity is intended to be fully compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the FDA.

The Nurse Practitioner Healthcare Foundation (NPHF) is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. Their projects include developing continuing education programs, supporting NP leadership development as well as scholarship and award programs, and focusing on health disparities and improving healthcare access through community engagement. NPHF is always interested in connecting with NP volunteers to help with peer review, development of white papers, award application reviews, and CE content development. Contact: Pam Jenkins-Wallace, MS, NP, NPHF Program Director at pamjw@nphealthcarefoundation.org. Website: nphealthcarefoundation.org

Continuing education credit of 2.25 hours, in pharmacology, is provided by the Nurse Practitioner Healthcare Foundation.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Program

THURSDAY September 22, 2016

6:30 a.m. – 5:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

110 New Member/First-Time Attendee Breakfast

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

8:00 a.m. – 9:15 a.m. Welcome & Introduction
Keynote Address
1.0 contact hour

120 The Art of Virtue-Based Transformative Leadership

Mark McCloskey, PhD, MA

Virtues are the essence of what we are; they are what drive us every day, help us select the work we do, the relationships we build, and ultimately, the groups and organizations that we participate in and lead. Knowing one's virtues and therefore knowing one's self is foundational to engaging with others, inspiring others, helping others to do what they may not want to do. Learn how understanding the critical linkages between your virtues and effective practices fosters change in your patients and change in the organizations you engage with.

9:15 a.m. – 10:45 a.m. Grand Opening of Exhibit Hall/Poster Viewing/Coffee Break

Note for GAPNA education poster presenters: Please be prepared to share a 5-minute presentation on your poster content during this poster viewing time.

10:45 a.m. – 12:15 p.m. General Session
1.5 contact hours

130 Antimicrobial Stewardship

R Nicole Brandt, PharmD, MBA, CGP, BCPP, FASCP; Naushira Pandya, MD, CMD, FACP; Nimalie Stone MD, MS; Katherine Abraham Evans, DNP, FNP-C, GNP-BC, ACHPN, FAANP

This session will review an interprofessional approach to antibiotic stewardship. Strategies, including the CDC Core Elements of antibiotic stewardship and effective quality improvement, will be discussed along with best practices for effectively implementing an antibiotic stewardship program.

12:30 p.m. – 1:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Thrombosis: AFib & DVT/PE – An Exploration in Risk Reduction

Supported by Janssen Pharmaceuticals

The Role of Nurses in Making Pneumococcal Vaccination a Priority in Adult Patients Aged 65+

Supported by Pfizer

1:40 p.m. – 2:40 p.m. General Session
1.0 contact hour

150 Health Affairs: Advocate, Influence, Change Your World

Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP

The GAPNA 2016-2017 Health Affairs agenda will be presented. This is your opportunity to provide feedback on the GAPNA health affairs initiatives.

2:50 p.m. – 3:50 p.m. Concurrent Sessions
1.0 contact hour

141 What Do You Do When You Can't Give Opioids?

R Eric Boyd, MD, DABPM, DABA

Pain management in elderly patients often requires using alternatives to opioids due to side effects and social situations. Alternative strategies for different types of pain will be discussed. The best starting points for working with patients who have opioid issues but require opioids also will be discussed.

142 Advanced Assessment of the Older Adult

Pamela Z. Cacchione, PhD, RN, CRNP, BC; Carolyn K. Clevenger, RN, DNP, GNP-BC, AGPCNP-BC, FAANP

This session unveils an upcoming module for advanced practice nurses on the comprehensive geriatric assessment, focused on the frail individual with multiple conditions. Specific topics include the critical role of function, atypical presentations, and geriatric syndromes.

143 Designing and Implementing an Interprofessional Education and Practice Model to Transform Clinical Practice for Primary Care of Older Adults

R Rita F. D'Aoust, PhD, ACNP, ANP-BC, CNE, FAANP, FNAP; Cheryl Wilson, DNP, ARNP, ANP-BC; Melanie Michael, DNP, MS, FNP-C, CPHQ, FNAP; Teresa Gore, PhD, DNP, FNP-BC, NP-C, CHSE-A

Discuss a detailed description of an interprofessional education and practice model to transform clinical practice for primary care of older adults, including templates and processes; description of the results of the pilot, including lessons learned; and implications for faculty teaching in nurse practitioner programs, interprofessional team care, clinical practice priorities, and quality improvement projects.

Conference Program

THURSDAY September 22, 2016

continued

4:00 p.m. – 5:00 p.m. Concurrent Sessions
1.0 contact hour

161 How to Write an Award-Winning Abstract
Lisa Byrd, PhD, RN, FNP-BC, GNP-BC; N. Jennifer Klinedinst, PhD, MPH, RN, FAHA; J. Michelle Moccia, DNP, ANP-BC, CCRN

The abstract can make or break the acceptance of an article or a presentation. This session will present an overview of what is necessary to write an award-winning abstract for publication and for acceptance as a presenter at a conference. The attendees also will learn how to review abstracts to discover if the article or presentation is worth their interest.

**162 Anxiety Assessment and Management of
R Anxiety Disorders among Older Adults**
Elizabeth Galik, PhD, CRNP, FAANP

Anxiety disorders are prevalent among older adults; however, there is significant variation in symptom expression due to co-occurring medical co-morbidities and functional changes. This session will use a case-based approach to address the risk factors, differential diagnosis, assessment, and treatment of anxiety disorders among older adults.

163 Nephrology/CKD
Eric White, MSN, RN, A/GNP-BC

Identify the prevalence of CKD in the U.S.; causes, stages, and when to refer to nephrology; what to do when renal function declines; dialysis options; and ESRD and the elderly.

**5:00 p.m. – 6:30 p.m. Exhibits Open/Poster
Reception/Prize Drawing**

Note for Research and Clinical Project Poster Presenters: Please be prepared to answer questions on your poster content from the Research Committee during this poster viewing time.

6:30 p.m. – 8:00 p.m.
Industry-Supported Presentation Theater

*Seating is limited. Light refreshments will be provided.
Attendees will be admitted on a first-come basis.*

**COPD in the Long-Term Care Setting: A Case-Based
Discussion of Nebulized Therapy**
Supported by Sunovion Pharmaceuticals, Inc.

FRIDAY September 23, 2016

6:00 a.m. – 7:00 a.m. Foundation Fun Run/Walk
Get energized with an exhilarating morning run or walk and enjoy the beautiful Arizona sunrise. See p. 10 for details.

7:00 a.m. – 4:45 p.m. Registration Open

7:00 a.m. – 8:00 a.m.
Industry-Supported Presentation Theater

*Seating is limited. Presentation theater and breakfast
will be provided if industry support is received.*

8:15 a.m. – 9:15 a.m. General Session
1.0 contact hour

210 Music and Memory
Marianne McCarthy, PhD, RN, FAANP, FAAN

Health care providers are challenged to provide interventions for geriatric clients with moderate to severe dementia. Music-based interventions have shown merit. Examine the efficacy of music-based interventions for assisted living residents with moderate to severe dementia. Our speaker is an expert on the topic who will share her experience and the results of an interdisciplinary music-based intervention study. Physiologic and psychological variables investigated, as well as the findings of the study, will be discussed.

**9:15 a.m. – 10:45 a.m. Exhibits Open/Poster
Viewing/Coffee Break**

10:45 a.m. – 11:45 a.m. General Session
1.0 contact hour

220 Palliative Care
Kathryn Lanz, DNP, ANP-BC, GNP-BC, ACHPN

This session serves as a time capsule, taking you through the past, present, and future of palliative care. Value-based care has pushed systems to begin investing and supporting palliative care like no other time in history. As a result, new payment models, delivery models, and opportunities for advanced practice nurses have arisen. Join me on the journey back to the future!

12:00 p.m. – 1:00 p.m.
Industry-Supported Presentation Theater

*Seating is limited. Lunch will be provided.
Attendees will be admitted on a first-come basis.*

**A Nebulized Long-Acting Beta2-Agonist for the
Maintenance Treatment of COPD in Long-Term Care:
Who, When, and Why?**
Supported by Mylan

Conference Program

FRIDAY

September 23, 2016

continued

1:15 p.m. – 2:15 p.m. Concurrent Sessions
1.0 contact hour

231 Core Elements of Antimicrobial Stewardship

Nimalie Stone, MD, MS

Antibiotic overuse is a big and growing problem. Attend to discuss a number of strategies for establishing an antibiotic stewardship program in nursing homes and implementing practices to improve the use of antimicrobials for older adults from a leading national expert on the topic.

232 Wound Care Update

Lisa Perez, AGPCNP, WOCN

The special needs of the geriatric patient with chronic wounds are addressed by the newest advanced dressings and procedures. This session will review the wound healing process and the barriers to healing seen with increasing age and co-morbidity, and provide promising solutions to these barriers found in the newest advanced dressings, treatments, and procedures. While not all APNs will have access to these advancements, knowing when to consult a specialist can put your patients in the best place for timely healing.

233 Pre-Travel Health for Older Adults

R *Cynthia Gerstenlauer, ANP-BC, GCNS-BC, CDE*

This session will discuss infectious and non-infectious risks related to travel of the older adult, how to perform a comprehensive individualized risk assessment, and provide an overview of routine, recommended, and required vaccines for travelers based on age and destination.

2:15 p.m. – 3:15 p.m. Exhibits Open/Poster Viewing/Refreshment Break/Prize Drawing

3:15 p.m. – 4:15 p.m. Concurrent Sessions
1.0 contact hour

241 Volume-Based to Value-Based Care Utilizing Telehealth

Julie A. Reissetter, MS, RN

Changes in payment approaches require providers to lower costs and improve outcomes at the same time. Telehealth-enabled clinical programs offer an opportunity to achieve both goals. In this session, insights will be provided into strategies for using telehealth-based care models in both the inpatient and ambulatory settings to improve outcomes and lower costs, preparing their systems for the new landscape of health care.

242 Delirium

R *Marianne McCarthy, PhD, RN, FAANP, FAAN*

Delirium is one of the most commonly occurring neuro-psychiatric conditions among older patients and its significance as a grave prognosticator is well established. Regardless, delirium continues to go unrecognized and/or continues to be managed inadequately. Current evidence supporting best practices suggesting effective ways to identify and manage delirium will be discussed.

243 East Meets West: End-of-Life Issues for Older Asian Individuals

Sandy Chen Stokes, MSN, RN; Katherine Aldrich, PhD, NP, APRN-BC

This session will identify culturally appropriate resources available to APRNs and interventions to promote appropriate end-of-life care for Asian-American older adults. APRNs with this information will be able to decrease the health care disparities by assisting older Asian adults with advanced care planning, symptom management, pain control, and other end-of-life issues.

4:30 p.m. – 5:30 p.m. Committee/Special Interest Group (SIG) Meetings

Members of the following Committees and SIGs are invited to meet at this time to discuss issues of concern. If you are interested in joining a committee or SIG, you are encouraged to attend.

- Awards
- Chapter Leadership
- Communications
- Cross-Cultural Care
- Education
- GeroPsych
- Health Affairs
- Historical
- Hospice/Palliative Care
- House Calls
- Leadership
- Post Acute Care/LTC
- Research
- Transitional Care

5:45 p.m. – 7:00 p.m.
Industry-Supported Presentation Theater
Seating is limited. Light refreshments will be provided. Attendees will be admitted on a first-come basis.

Welcome to Aptiom® (eslicarbazepine acetate)
Supported by Sunovion Pharmaceuticals, Inc.

6:30 p.m. – 10:00 p.m. Foundation Pool Party “Phoenix Style”

Join your friends and colleagues for an evening of fantastic food, fun, and dancing. See p. 10 for details.

SATURDAY **September 24, 2016**

6:30 a.m. – 8:00 a.m.
Breakfast Symposium
*Breakfast will be provided. Attendees will be admitted on a first-come basis. 1.5 CE Credit Hours**

Management of Overactive Bladder in the Elderly: Achieving Realistic Patient-Centered Treatment Goals
Supported by an education grant from Astellas
**1.5 CE Credit Hours have been applied for through AANP.*

6:30 a.m. – 5:00 p.m. Registration Open

8:15 a.m. – 9:15 a.m. General Session
1.0 contact hour

Conference Program

SATURDAY September 24, 2016

continued

310 Hypertension in the Elderly

R *Marci Farquhar-Snow, MN, CCRN, CMC, ACNP-BC, AACC*

Discuss the evaluation and management of the growing elderly population diagnosed with hypertension. There are controversies in HTN management and the speaker will address use of the evidence to manage hypertension in this population. Focus will be on prevention of cardiovascular risk and potential co-morbidities and identification of co-morbidities that may alter pharmacological management strategies.

9:30 a.m. – 11:30 a.m. In-Depth Focus Sessions 2.0 contact hours

321 Research and Clinical Project Presentations

Several research or clinical projects will be presented that will discuss the creative work APRNs are doing to further the care of older adults.

322 Successful Manuscript Development

Pamela Z. Cacchione, PhD, RN, CRNP, BC

Two nursing journal editors will share tips for writing for publication. They will discuss selection of an appropriate journal, pre-submission queries, writing and editing tips, as well as reviewer feedback responses.

323 Management of Diabetes in the Geriatric Patient

Carol McMullin, MD, FACP, CPE

This session will focus on managing diabetes in the geriatric patient. The speaker will present the new guidelines for treatment of diabetes. Participants will leave the session with an understanding of both the diagnosis and treatment of the disease in this special population.

11:45 a.m. – 2:00 p.m.

330 Awards Luncheon/Membership Meeting

Join us during this special luncheon as awards are presented to the 2016 GAPNA Excellence, Foundation, and Research Award Winners. The incoming Board of Directors also will be introduced. Please confirm your attendance by marking the appropriate line on the registration form.

2:15 p.m. – 3:15 p.m. Concurrent Sessions 1.0 contact hour

341 Dermatology Emergencies

R *Patti Parker, PhD(c), APRN, ACNS, ANP, GNP*

Review presentation, diagnosis, and treatment of dermatologic urgent/emergent problems and, through the use of case studies, explore problems such as (but not limited to) bullous dermatoses, graft vs. host disease, erythema multiforme, and toxic epidermal necrolysis.

342 Late Effects of Surviving Cancer Treatment: Risk Identification and Treatment in Older Adults

Edie Pituskin, PhD, MN (NP Adult), RN

This session will address common long-term sequelae of cancer treatment in older survivors and review current clinical recommendations for APNs.

3:30 p.m. – 4:30 p.m. General Session 1.0 contact hour

350 Updates in Billing for Geriatric Practice

Leonard Gelman, MD

This session will provide a billing and coding update for geriatric advanced practice nurses. In addition to accurate coding and documentation, clinicians will increase their understanding of new CPT codes that are extremely relevant to geriatrics. Updates on coding for chronic care management, transitional care management services, and advanced care planning will be discussed in detail.

Access Online Library and Conference Handouts

Thanks to the GAPNA Online Library, you get even more value for your registration.

All attendees receive free access to convention sessions at www.gapna.org/library. Listen to sessions you may have missed onsite or revisit courses you found interesting. Content will be available approximately 3 weeks after the convention, so be sure to take advantage of this additional learning experience at your convenience.

Your other library benefits and options include the following:

- Session handouts available to print 2 weeks before convention (use code GAPNA16).
- Evaluate sessions online (onsite or after the convention). Please do so within 4 weeks.
- Access your CNE certificates in the library and print any time.

GAPNA Research/Project Consults Available

Finishing up your doctorate? Working on an evidence-based project? Having difficulty submitting your research proposal? Not sure how to go about your first research project? Need to speak about your project with someone with experience in research?

GAPNA recognizes your needs and wants to help. The Research Committee will provide free consultations and one-on-one guidance. Please send an email to GAPNA@ajj.com and provide your name, email contact, and a brief description of the research/project issue you would like to discuss. You will be contacted to set up a time to meet at the Annual Conference with a committee member who has experience in your research area. The meeting will be scheduled during Exhibit Hall or lunch on your own time.

GAPNA Research Committee members will have a booth in the Exhibit Hall where your consultation can take place. We're reaching out to you; tell us how we can help you with your research/clinical project.

General Information

Continuing Nursing Education

Gain continuing nursing education (CNE) contact hours for your professional development, recertification, and relicensure. Contact hours will be awarded on a 60-minute contact hour basis as follows:

Main Conference	Up to 14.5 contact hours
Thursday, September 22	5.5 contact hours
Friday, September 23	4.0 contact hours
Saturday, September 24	5.0 contact hours

Pre-Conference Workshops

Geropsychiatric	2.5 contact hours
End-of-Life Nursing	7.5 contact hours
Pharmacology	4.5 contact hours

Sessions marked with **R** contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the objectives and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

Exhibits

Representatives from a variety of leading companies and organizations will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for gerontological advanced practice nurses. Conference badges must be worn to gain admittance to the exhibit hall.

Industry-Supported Presentation Theaters

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

Guest Registration

Guest registration includes admittance to the exhibit hall on Thursday (9/22) and Friday (9/23) only.

Payment Policy

Register Early! To qualify for the member rate, you must be a GAPNA member through September 30, 2016. Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by **August 17, 2016**. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

Catch Up with Colleagues

Registrants of the GAPNA Conference may be interested in finding out if colleagues in the field will also be in attendance. If you are interested in being included on a published list of attendees so that colleagues can confirm you will be in attendance, please check the relevant box when registering for the conference. Your name and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

Share a Room

If you are interested in sharing a room during the conference and would like your name added to the Willingness to Share a Room List, simply check the appropriate box when you are registering for the conference. Your name, telephone number, city, state, and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

**Register by August 10
and save big!**

See page 11 for details.

Hotel Information

Arizona Grand Resort and Spa
8000 South Arizona Grand Parkway
Phoenix, AZ 85044

Arizona Grand Resort and Spa has been designated as the official hotel for the GAPNA 2016 Annual Conference. A block of rooms has been secured at the special rate of **\$179**. This rate is subject to applicable state and local taxes, currently 12.27%. Check-in is 4:00 p.m. and check-out is 11:00 a.m.

To receive the conference rate, make online reservations through the GAPNA website (GAPNA.org) or call hotel reservations at (877) 800-4888 and refer to the 2016 GAPNA Conference. The conference rate is available through **August 21, 2016 or until the room block is full**. Reservations received after this date will be accepted on a space and rate available basis.

Nestled at the base of America's largest urban park and wilderness preserve, Arizona's only AAA Four Diamond all-suite resort features spacious one and two-bedroom suites. Each of the suites and villas have been designed to reflect the natural comfort of a desert oasis. From savory steaks and seafood to authentic Mexican fare, the Arizona Grand Resort and Spa offers six unique dining venues to satisfy every palate. The Arizona Grand Spa envelops you in a relaxing and serene environment. Choose from a complete menu of relaxing massage treatments, rejuvenating facials, therapeutic body treatments or one of the many salon services. The unique links course features panoramic views of the surrounding desert landscape. The Oasis Water Park was voted by the Travel Channel as one of the country's Top 10 Water Parks. Your dynamic desert destination awaits. Make your reservations early!

Parking

Valet and self-parking are included in the hotel rate. Rates are subject to change.

Transportation

Sky Harbor International Airport in Phoenix is less than 10 minutes from the hotel. Estimated taxi fare is \$15-\$25 one way.

Weather

Phoenix in September is typically bathed in sunshine and described as pleasant and perfect for outdoor fun during the day, with averages in the high 90s. The warm daytime temperatures give way to cooler nights, with temperatures in the low 70s and ideal for dining al fresco or just exploring the city!

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in print or electronic media.

Participate in These Fun Events and Support the Foundation, Nursing Scholarships, and Research!



GAPNA Foundation Events

The mission of the GAPNA Foundation is to provide financial grants to support scholarly research projects related to gerontological nursing and provide educational opportunities for registered and advanced practice nurses working with older adults. Help us achieve this mission by supporting in our fundraising events in Phoenix this year.

Scramble Golf Outing

Wednesday September 21, 2016

Tee time: 1:00 pm (rain or shine)

Arizona Grand Hotel Golf Links: For over 2 decades, the Arizona Grand Golf Course has supported the rich tradition of the game with its unique links course, featuring panoramic views of the surrounding desert landscape. Pro shop dining facilities and practice range onsite. Golfers of all abilities are welcome. This is friendly golf with great prizes presented at the end of play.

Cost: \$130 per person (includes electric cart with GPS, practice balls, and guaranteed fun!). Golf clubs available for rental at pro shop.

Fun Run/Walk

Friday September 23, 2016

6:00 a.m. – 7:00 a.m.

Get energized with an exhilarating morning run or walk and enjoy the beautiful Arizona sunrise. Which chapter will have the most participants this year?

Cost: \$25 per person

Pool Party Phoenix Style

Friday September 23, 2016 at Arizona Grand Hotel

6:30 p.m. – 10:00 p.m.

Come and join your friends and colleagues for a spirited evening of great food and exercise as we dance the night away poolside. Feel free to dress in your favorite poolside attire. There will be a poolside fashion show with prizes for the most creative outfit. Each chapter is challenged to surprise us with their theme for the evening. It's going to be a fantastic time that you don't want to miss! Party on!

Cost: \$80 per person. Cash bar available.

Cash donations are also accepted and all donations are tax deductible. See p. 11 to register or donate.

Experience Phoenix and the Great American Southwest

Phoenix is the location of GAPNA's 2016 Annual Conference and it is also red rocks, blue sky, and golden sunshine. Phoenix is mountain trails and city lights, palm-canopied resorts and mural-adorned streetscapes. Phoenix is the cosmopolitan heart of Arizona and the soul of the American Southwest.

Phoenix's perpetual sunshine might tempt you to find a secluded resort and spend all your days sipping margaritas next to the swimming pool. Don't give in. Exploring the city and finding things to do in Phoenix's desert horizons will broaden yours.

The Great Outdoors

Hikers, bikers, and climbers in Greater Phoenix have come to the same conclusion as coyotes, roadrunners, and jackrabbits: The Sonoran Desert, with its majestic saguaro cactuses, is a great place to play. Biking, hiking, riding; hot air expeditions; tours and sightseeing; and gardens, parks, and zoos offer many exciting outdoor adventures.

Downtown Phoenix

This is where you'll find sports arenas, live music, rooftop lounges, museums, theaters, art galleries, and more than 100 restaurants – all served by one of the newest light rail systems in the nation. CityScape, a two-block concentration of restaurants, bars, and fashion retailers, is home to an urban-chic bowling alley, a dance club and arcade, a live-music venue with 60 beers on tap, and a comedy theater and supper club.

Shopping

From charming antique shops to chic boutiques to some of the nation's most fashionable shopping centers, Greater Phoenix can claim some of the best retail therapy in the Southwest. The basic breakdown for where to find what goes like this: Scottsdale for high fashion, Central Phoenix for vintage finds, Uptown Phoenix for hipster goods, and Downtown Glendale for antiques.

Arts & Culture

A highlight of any visit to Greater Phoenix is the area's rich arts and culture environment. Performances at a multitude of theaters, concert halls, and cultural centers are constant attractions (Herberger Theater, Orpheum Theater, Phoenix Symphony, and others), while art and history lovers can flock to a diverse group of fascinating museums (Heard Museum, Phoenix Art Museum, Penske Racing Museum, Arizona Science Center, and more).

Dining

Buzz-worthy eateries are as plentiful in Greater Phoenix as cactuses, and they come in just as many varieties. Some are the creations of celebrity chefs who grace the pages of magazines and the sets of cooking shows. Others are local gems who serve Southwestern and Mexican dishes crafted from homegrown ingredients such as peppers, pomegranates, and citrus fruits.

In between you'll find flavors from faraway lands and cozy wine bars that pair fantastic food with great grape. And if you're hankering for some meaty American fare, be sure to swagger into one of Phoenix's famous steakhouses.

Beyond the City

Consider day trips to the Grand Canyon, Sedona/Oak Creek Canyon, Prescott, Flagstaff, White Mountains, Lake Powell, Apache Trail, Mogollon Rim, or Montezuma Castle.

Prepare for your journey to the Valley of the Sun and request a free travel guide at www.visitphoenix.com

REGISTRATION FORM
GAPNA 35th Annual Conference
September 21 - 24, 2016 – Phoenix, AZ

Print Name:	Credentials:	
Organization/Employer Name:		
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work		
City / State / Zip:		
Nursing License #	State	Exp. date
Daytime Phone: <input type="checkbox"/> Home <input type="checkbox"/> Work ()		
E-mail (required): <input type="checkbox"/> Home <input type="checkbox"/> Work _____		
<input type="checkbox"/> Do not share my email address with any GAPNA exhibitor or networking vendors		

3 Ways To Register

Register Online at
www.gapna.org/annual-conference

By Fax: 856-218-0557

Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pitman, NJ 08071-0056

Registration cannot be processed without payment.

Purchase Orders cannot be accepted.

Make checks payable in U.S. funds to: **GAPNA**

All cancellations and transfers must be received in writing. For cancellations postmarked prior to August 17, 2016, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after August 17, 2016, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your **receipt/confirmation** information via the email address used to register for this meeting.

<i>*Non-members may register at the Member rate by including membership fee with registration fees.</i>	GAPNA Member	Non-Member*
Main Conference Registration Fees (Pre-Conference Workshops not included)	Rate	Rate
Postmarked 8/10/16 & before - Early Fee	<input type="checkbox"/> \$469	<input type="checkbox"/> \$589
Postmarked 8/11/16 & after - Regular/Onsite Fee	<input type="checkbox"/> \$559	<input type="checkbox"/> \$689
Student/Retired (CNE not included) CNE may be obtained at a discounted rate through Online Library	<input type="checkbox"/> \$259	<input type="checkbox"/> \$359
<input type="checkbox"/> Pre-Conference Workshop 010: Geropsych	<input type="checkbox"/> \$95	<input type="checkbox"/> \$135
<input type="checkbox"/> Pre-Conference Workshop 020: ELNEC	<input type="checkbox"/> \$195	<input type="checkbox"/> \$275
<input type="checkbox"/> Pre-Conference Workshop 030: Pharmacology	<input type="checkbox"/> \$115	<input type="checkbox"/> \$155
<input type="checkbox"/> Pre-Conference Workshop 040: Opioid (no additional fee)	<input type="checkbox"/> Yes, I will attend	
Daily Rate		
Daily - (indicate 1 day only) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	<input type="checkbox"/> \$259	<input type="checkbox"/> \$369
Daily Student/Retired (CNE not included) - (indicate day) <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	<input type="checkbox"/> \$119	<input type="checkbox"/> \$169
Guest Badge for Exhibit Hall only - (see page 9)	<input type="checkbox"/> \$175	<input type="checkbox"/> \$175
Guest Badge for Awards Luncheon only	<input type="checkbox"/> \$85	<input type="checkbox"/> \$85
Guest Name:		
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$_____
GAPNA Foundation Event Fees		
9/21/16 Scramble Golf Outing _____ # persons @ \$130 = \$		
9/23/16 Fun Run/Walk _____ # persons @ \$25 = \$		
9/23/16 Pool Party _____ # persons @ \$80 = \$		
Foundation Donation <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> Other		\$
TOTAL ENCLOSED		\$

Catch Up with Colleagues/Share a Room

Catch Up with Colleagues

No, I do not want my information included on a list of attendees.

Share a Room

I am interested in sharing a room.

Special Needs* (dietary, access, etc.)

* Please let your server know that you reserved a special needs meal.

Session Selections — Indicate 1st and 2nd choice for all Concurrent Sessions. Attendees are automatically registered for the Keynote Address and all General Sessions.

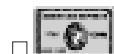
Thursday, September 22	Friday, September 23	Saturday, September 24
New Member/First-Time Attendee Breakfast 7:00 am – 8:00 am 110 _____	Concurrent Sessions – 1:15 pm – 2:15 pm 231 _____ 232 _____ 233 _____	In-Depth Focus Sessions – 9:30 am – 11:30 am 321 _____ 322 _____ 323 _____
Concurrent Sessions – 2:50 pm – 3:50 pm 141 _____ 142 _____ 143 _____	Concurrent Sessions – 3:15 pm – 4:15 pm 241 _____ 242 _____ 243 _____	Awards Luncheon – 11:45 am – 2:00 pm 330 _____
Concurrent Sessions – 4:00 pm – 5:00 pm 161 _____ 162 _____ 163 _____		Concurrent Sessions – 2:15 pm – 3:15 pm 341 _____ 342 _____

PAYMENT OPTIONS

Tax ID #93-0832304

Check enclosed made payable in U.S. funds to GAPNA

Charge my:



* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card Number _____ Exp. Date _____ Security Number * _____

Billing address _____

Signature _____ Name on Card (please print) _____



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