

# Contemporary Pharmacology and Prescribing in Older Adults






Grand Hyatt Atlanta in Buckhead  
Atlanta, GA • April 1 & 2, 2016  
[www.gapna.org](http://www.gapna.org)



# Contemporary Pharmacology and Prescribing in Older Adults

## What you can expect:

-  Fast, focused education. In less than 2 days, earn up to 11.5 contact hours which includes 11.5 hours of pharmacology credit R.
-  Lasting connections. Network with other attendees focused on pharmacological concerns for their patients and interact with leading experts and industry representatives.
-  Free, indefinite access to the GAPNA Online Library. Take your learning home to access when it is convenient for you!

**Register by February 8, 2016, and save \$90!**

For additional details, visit [gapna.org/events](http://gapna.org/events)



Connect now on Facebook and Twitter  
with hashtag #GAPNAPharm2016



*Join us in Atlanta, GA!*

## Thursday, March 31, 2016

3:00 pm – 6:00 pm  
Registration Open

6:00 pm – 7:00 pm  
**Industry-Supported Presentation  
Theater** (Seating is limited)  
Presentation theater and light refresh-  
ments will be provided if industry support  
is received.

7:00 pm – 8:30 pm  
Opening Reception

## Friday, April 1, 2016

6:30 am – 5:45 pm  
Registration Open

7:00 am – 8:00 am  
**Industry-Supported Presentation  
Theater** (Seating is limited)  
Presentation theater and breakfast will be  
provided if industry support is received.

8:00 am – 9:00 am  
**101: Prescribing Considerations for  
Older Adults**  
1.0 contact hour / R

*Richard Ackermann, MD, CMD*

Explore how to better manage medication  
lists in older adults, with emphasis on high-risk  
drugs.

9:00 am – 9:45 am  
**Coffee Break/Networking**

9:45 am – 11:15 am  
**102: End-of-Life Symptom Management**  
1.5 contact hours / R

*Debbie A. Gunter, FNP-BC, ACHPN*

Discuss the assessment and treatment of  
common symptoms often seen near the end of  
life, including dyspnea, fatigue, nausea/vomit-  
ing, and terminal restlessness. Appropriate for  
providers caring for patients with incurable ill-  
nesses.

11:20 am – 12:20 pm  
**103: The Facts on Alzheimer's  
Medications**  
1.0 contact hour / R

*Richard Ackermann, MD, CMD*

Develop tools to assess candidates for drug  
treatment of Alzheimer's disease, as well as  
monitor for effectiveness and adverse events.

## Session Key

R = pharmacology hours

12:20 pm – 1:20 pm  
**Industry-Supported Presentation**  
Theater (Seating is limited)  
Presentation theater and lunch will be provided if industry support is received.

1:20 pm – 2:20 pm  
**104: Antipsychotics: To Use or Not to Use? A Complex Decision**

1.0 contact hour / R

*Eve H. Byrd, MSN, MPH, FNP-BC, Psych CNS*

Examine the appropriate use of antipsychotics in the context of the warnings related to their use in the geriatric population.

2:20 pm – 2:50 pm  
**Refreshment Break/Networking**

2:50 pm – 3:50 pm  
**105: Core Elements of Antimicrobial Stewardship**

1.0 contact hour / R

*Nimalie Stone, MD*

Antibiotic overuse is a big and growing problem. Attend to discuss a number of strategies for establishing an antibiotic stewardship program in nursing homes and implementing practices to improve the use of antimicrobials for older adults from a leading national expert on the topic.

3:55 pm – 5:25 pm  
**106: Updates on Medical Management of the Patient with Parkinson's Disease**

1.5 contact hours / R

*Colleen Peach, MSN, RN, CS, FNP*

Parkinson's disease is a chronic degenerative neurological disorder caused by the loss of dopamine in the brain. Attend to examine the pathophysiology, causes and symptoms, categories of medications, treatment, and pharmacology of medications.

## Saturday, April 2, 2016

7:00 am – 12:30 pm  
**Registration Open**

7:00 am – 8:00 am  
**Continental Breakfast/Networking**

8:00 am – 9:00 am  
**201: Bladder Control Problems: What to Prescribe and When**

1.0 contact hour / R

*Ted Johnson, MD, MPH*

You have recommended giving up coffee and soda. Instructed patients on bladder retraining. What to do when bladder control problems are still an issue? Learn which medications are effective in various types of incontinence and when to use them.

9:05 am – 10:05 am  
**202: Enhancing Quality of Prescribing Practices for Older Veterans Discharged from the Emergency Department: EQUIPPED**

1.0 contact hour / R

*S. Nicole Hastings, MD, MHS*

Medications typically used to treat acute symptoms are not necessarily the best choices for older adults. This session will discuss which medications are potentially inappropriate, why they are inappropriate and systematic approaches to decreasing inappropriate prescribing.

10:05 am – 10:20 am  
**Coffee Break/Networking**

10:20 am – 11:20 am  
**203: Skin Deep: Acne to Zoster**  
1.0 contact hour / R

*Tish Anderson, ANP-BC, SANE, DCNP*

Skin conditions can be challenging! Attend to discuss a variety of skin conditions common to the geriatric population and appropriate topical treatment options.

11:25 am – 12:55 pm  
**204: Opioid Prescribing in Chronic Disease**

1.5 contact hours / R

*Kimberly A. Curseen, MD*

Gain evidence-based tools to prescribe opioids for chronic and terminally ill patients, learn how to manage complex cases of pain, and discuss current prescribing guidelines that are recommended by the FDA and AAHPM. Discuss the benefits vs. the burden of commonly prescribed opioids and how to use appropriately.

## GAPNA 2016 Pharmacology Conference Planning Committee

Carolyn K. Clevenger, DNP, GNP-BC,  
AGPCNP-BC, FAANP, *Chair*

Dian Dowling Evans, PhD, FNP-BC, ENP-BC,  
FAANP

Katherine Evans, DNP, FNP-C, GNP-BC, ACHPN

Charles Perry Kemp, PharmD, LNHA

Rosemarie Marmion, MSN, RN-BC, NE-BC,  
*Education Director*





## General Information

### Online Library & Paperless Conference!

Receive added educational value for your conference investment. FREE access to the GAPNA Online Library!

[www.gapna.org/library](http://www.gapna.org/library)

### What does this mean?

- Indefinite free online access to all approved sessions after attending the conference.
- "Virtually" attend sessions you missed onsite or revisit courses you found interesting.
- Never have to choose between concurrent sessions again!
- Handouts available online
- Complete the evaluation and print your CNE certificate at your convenience from home or work!

Content will be available approximately 3 weeks after the conference, so you can take advantage of this additional learning experience at your convenience.

### Continuing Nursing Education

Earn up to 11.5 continuing nursing education (CNE) contact hours for professional development, recertification, and relicensure:

- Friday, April 1: 7.0 contact hours
- Saturday, April 2: 4.5 contact hours

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the objectives and content outline. Pharmacology credit of 11.5 hours can be accumulated by any one person attending conference sessions.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

### Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

### Industry-Supported Presentation Theater

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to advanced practice nurses working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

### Payment Policy

Register Early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

### Cancellation Policy

Upon fax (856-218-0557), email ([GAPNA@ajj.com](mailto:GAPNA@ajj.com)), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be received at the National Office by March 7, 2016. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

### Hotel Information

Grand Hyatt Atlanta  
3300 Peachtree Rd NE  
Atlanta, GA 30305

Grand Hyatt Atlanta has been designated as the headquarters hotel for the Gerontological Advanced Practice Nurses Association (GAPNA) Pharmacology Conference. A block of rooms has been secured for attendees at the special rate of **\$169 single/double**. Rates are subject to applicable state and local taxes (currently at 16%). The special conference rate is available until Friday, **March 4, 2016**. Reservations received after this date will be accepted on a space and rate available basis. To make your reservations, call 888-421-1442 and refer to the GAPNA Conference, or make your reservations online at [www.gapna.org](http://www.gapna.org).

Check-in time is 3:00 pm and check-out time is 11:00 am.

The Grand Hyatt Atlanta, located in the heart of Atlanta's upscale Buckhead neighborhood, is within walking distance to fashionable shopping, dining, and entertainment at Lenox Square and Phipps Plaza malls, as well as the vibrant Buckhead Atlanta retail, dining, and nightlife district.

### Airport/Transportation Information

The hotel is approximately 19 miles from Hartsfield-Jackson International Airport. Taxi service will cost approximately \$42 each way, while Super Shuttle Service is approximately \$21 each way. (All rates are subject to change.)

Grand Hyatt Atlanta guests can board the Metropolitan Atlanta Rapid Transit Authority (MARTA) train within the airport. Train fare is \$2.50. (All rates are subject to change.)

### Parking

Valet parking is \$34 with in and out privileges. Self-parking is \$24. Rates are subject to change.

### Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in print or electronic media.

**Register by February 8, 2016, and save \$90 on the regular/onsite fee!**  
(Note: Mailed forms must be postmarked by February 8.)

## REGISTRATION FORM

### GAPNA

Contemporary Pharmacology and Prescribing in Older Adults

April 1-2, 2016 - Atlanta, GA

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Home <input type="checkbox"/> Work	
E-mail (required) <input type="checkbox"/> Home <input type="checkbox"/> Work	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

### 3 Ways To Register

1  
2  
3

Register Online at  
[www.gapna.org](http://www.gapna.org)

By Fax: 856-218-0557

Mail completed form with payment to:  
GAPNA Registration  
East Holly Avenue/Box 56  
Pitman, NJ 08071-0056

Registration cannot be processed without payment.  
Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by to March 7, 2016, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after March 7, 2016, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through April 30, 2016, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

<b>*Non-members may register at the Member rate by including membership fee with registration fees.</b>	<b>GAPNA member</b>	<b>Non-member</b>
<b>Main Conference Registration Fees</b>		
Postmarked 2/8/16 & before - Early Bird Fee	<input type="checkbox"/> \$259	<input type="checkbox"/> \$369
Postmarked 2/9/16 & after - Regular/Onsite Fee	<input type="checkbox"/> \$349	<input type="checkbox"/> \$459
<b>Daily Rate</b>		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$225	<input type="checkbox"/> \$295
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$125	<input type="checkbox"/> \$175
<b>Membership Fees:</b> <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$ _____
→		<b>TOTAL ENCLOSED \$</b>

Dietary / disability needs?

\_\_\_\_\_

\*Please let your server know that you requested a special meal.

#### PAYMENT OPTIONS

☐ Check enclosed made

payable in U.S. funds to GAPNA Charge my: ☐



\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security # \* \_\_\_\_\_

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_



**2016 Annual Conference**

*Save the Date*

**September 21-24, 2016  
Arizona Grand Resort**

**Phoenix, AZ**

**[www.gapna.org](http://www.gapna.org)**



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