Creating a Culture of Excellence in the Care of Older Adults

Earn up to 25.25 contact hours. (includes main conference and pre-conference workshops). Pharmacology hours available for designated sessions. Additional credit for corporate-supported symposium.

Register online at www.gapna.org/annual-conference

Marriott Rivercenter • San Antonio, Texas
September 30 - October 3, 2015
www.gapna.org
This conference will provide a format for learning and networking that assists gerontological advanced practice nurses to enhance their knowledge and practice.

What You Can Expect

♦ Relevant general and concurrent sessions designed to offer choice and variety
♦ Eighteen breakout sessions to target your learning
♦ Educational interactions with leading industry representatives
♦ Peer-conducted research presented as interactive poster sessions and oral presentations
♦ Indefinite Online Library access
♦ Dynamic pre-conference workshops designed to meet the needs of APRNs with a range of practice experience
♦ Opportunities to network with colleagues from across the country
♦ The Southwest culture and charm of San Antonio!
♦ Earn up to 15.5 contact hours (main conference)
♦ Earn pharmacology credit for designated sessions (℞)
Conference Faculty

Alan P. Agins, PhD  
President  
PRN Associates, Ltd.  
Tucson, AZ

Jody F. Agins, MSN, FNP/GNP-BC, RNP  
President  
Seminars for Healthcare Education, Inc.  
Tucson, AZ

Janey Cagan Agruss, PhD, APN-BC  
Family Nurse Practitioner & Associate Professor  
Rush University Medical Center College of Nursing  
Chicago, IL

JoAnn Coleman, DNP, ANP, ACNP, AOCN  
Clinical Program Coordinator  
Sinai Center for Geriatric Surgery  
Sinai Hospital  
Baltimore, MD

Damien Doyle, MD, CMD, FAAFP  
Medical Director  
Optum CarePlus  
Elkridge, MD

Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP  
Associate Professor  
Director of the Adult-Gerontology Nurse Practitioner Program  
Brookdale University of Medicine & Dentistry  
Brooklyn, NY

Katherine Aldrich, PhD, ANP-BC  
Clinical Coordinator, Bariatric Surgery  
Sutter Santa Rosa Regional Hospital  
Santa Rosa, CA

Natalie Baker, DNP, GNP-BC, ANP-BC  
Assistant Professor  
University of Alabama at Birmingham School of Nursing  
Birmingham, AL

Manju T. Beier, PharmD, CGP  
Adjunct Clinical Associate Professor of Pharmacy  
University of Michigan Ann Arbor, MI

Margaret T. Bowers, DNP, RN, FNP-BC, FAANP  
Assistant Professor/Nurse Practitioner  
Duke University School of Nursing/Department of Medicine  
Durham, NC

Rebecca Bryant, DNP, FNP-BC  
Assistant Professor  
Ohio University  
Athens, OH

Adam Bursua, PharmD, BCPS  
Clinical Assistant Professor  
University of Illinois at Chicago College of Pharmacy  
Chicago, IL

Vika Bursua, PharmD, CACP  
Clinical Pharmacy Specialist in Anticoagulation  
 Jesse Brown VA Medical Center  
Chicago, IL

JoAnn Coleman, DNP, ANP, ACNP, AOCN  
Clinical Program Coordinator  
Sinai Center for Geriatric Surgery  
Sinai Hospital  
Baltimore, MD

M. Jane Griffith, MSN, RN, GNP-BC, ACHPN  
Hospice and Palliative Care Nurse Practitioner  
LCFH/Mercy Care  
Myrtle Beach, SC

Melodee Harris, PhD, APRN, GNP-BC  
Specialty Coordinator, Adult-Gerontology Primary Care Nurse Practitioner Program  
University of Arkansas for Medical Sciences  
Little Rock, AR

Barbara Harrison, PhD, APRN, FNP-BC, GNP-BC  
Associate Professor  
West Chester University  
West Chester, PA

Linda J. Keilman, DNP, GNP-BC  
Assistant Professor  
Michigan State University, College of Nursing  
East Lansing, MI

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA  
Professor of Nursing  
University of North Carolina at Greensboro  
Greensboro, NC

Deborah Dunn, EdD, MSN, GNP-BC, ACNS-BC  
Dean, Graduate School  
Madonna University  
Livonia, MI

Caroline Duquette, DNP, APRN, GNP-BC, CHPN  
Palliative Care/Hospice Nurse Practitioner  
Lahey Hospital and Medical Center  
Burlington, MA

Suzanne Gillespie, MD, RD, CMD  
Assistant Professor of Medicine, Division of Geriatrics/Aging  
University of Rochester School of Medicine and Dentistry  
Rochester, NY

Vaunette Fay, PhD, FNP, GNP-BC  
Professor of Nursing  
University of Texas School of Nursing at Houston  
Houston, TX

James Lopresti, MA, MDiv, THM, PhD, LMHC  
Director of Education  
Sunshine Social Services, Inc.  
Wilton Manors, FL

Phillip Olla, PhD  
Director, Center for Research  
Madonna University  
Livonia, MI

Douglas Paddon-Jones, PhD  
Professor, Department of Nutrition and Metabolism  
The University of Texas Medical Branch  
Galveston, TX

Patti Parker, PhD(c), APRN, CNS, A/GNP, BC  
Faculty  
University of Texas, Arlington College of Nursing and Health Innovation  
Arlington, TX

George Byron Peraza-Smith, DNP, GNP-BC, CNE  
Associate Dean  
United States University College of Nursing  
Chula Vista, CA

Katherine Pereira, DNP, FAANP, FAAN  
Family Nurse Practitioner, Division of Endocrinology, Metabolism and Nutrition  
Associate Professor, School of Nursing  
Coordinator, Family Nurse Practitioner Program  
Duke University  
Durham, NC

Gail M. Prothe, DNP, APRN, FNP/GNP-BC  
Clinical Nurse Practitioner  
Optum  
Phoenix, AZ

Cathryn Reimanis, DNP(c), MS, CNS, ANP-BC, CWOCN  
Wound and Continence Care Specialist – CO Region  
Genesis Physician Services  
Lakewood, CO

Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP  
Professor  
University of Maryland  
Baltimore, MD

Paul E. Schulz, MD  
Professor of Neurology; Director, Memory Disorders and Dementia Clinics  
Director, Neuropsychiatry and Behavioral Neurology Fellowship  
The Mischer Neuroscience Institute of UT Health Science Center at Houston) and Memorial Hermann Hospital-TMC  
Houston, TX

Jennifer Serafin, MS, BSN, GNP-C  
Geriatric Nurse Practitioner  
Kaiser Permanente  
San Francisco, CA

Laura Steadman, EdD, MSN, CRNP, RN  
Assistant Professor  
University of Alabama at Birmingham School of Nursing  
Birmingham, AL

Donna L. Thompson, MSN, CRNP, FNP-BC, CCCN-AP  
Continence Nurse Practitioner & Owner/Continence Consultant  
Urology Health Specialists, LLC  
Drexel Hill, PA

Kathie S. Bowers, DNP, APRN-BC, GNP-BC, ACNP-BC  
Professor of Nursing  
AssumeCare, LLC  
Kansas City, MO

M. Jane Griffith, MSN, RN, GNP-BC, ACHPN  
Hospice and Palliative Care Nurse Practitioner  
LCFH/Mercy Care  
Myrtle Beach, SC

Melodee Harris, PhD, APRN, GNP-BC  
Specialty Coordinator, Adult-Gerontology Primary Care Nurse Practitioner Program  
University of Arkansas for Medical Sciences  
Little Rock, AR

Register online at www.gapna.org/annual-conference
4 Annual Educational Conference

Approved target-specific oral anticoagulant drugs. The drug classes will be reviewed, including a detailed look at the newly associated bleeding. The clinical profiles of the various anticoagulant treatment decisions in the elderly are challenging, as this population change during the aging process, with case studies used to illustrate concepts. Strategies will be discussed that can promote evidence-based practice in the management of chronic pain, the initiation and modification of ER/LA prescriptions, ongoing monitoring, and counseling for patients. It covers the legal, regulatory, and safety perspectives associated with ER/LA opioid use.

Recommended book to complement course: Johns Hopkins Nursing Evidence-Based Practice Model and Guidelines (2nd ed.). Workshops may purchase this text at the discounted cost of $35 by choosing “Optional Research Book for Workshop” on registration form.

This educational activity is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies (RPC). Please see www.er-la-opioidREMS.com for a listing the member companies. This activity is intended to be fully-compliant with the ER/LA Opioid Analgesic REMS education requirements issued by the US Food & Drug Administration (FDA).

Continuing education credit of 2.25 hours, in pharmacology, is provided by the Nurse Practitioner Healthcare Foundation. The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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8:00 a.m. – 9:15 a.m.  Welcome & Introduction  
Keynote Address  
1.0 contact hour

120 Transforming Care of Older Adults through QAPI  
Suzanne Gillespie, MD, RN, CMD  
Continuing concerns about nursing home quality are generating interest nationally in integrating quality assurance and performance improvement (QAPI) into existing improvement efforts. This session will discuss how QAPI introduces innovative thinking and new methods for improvement and explore how APNs have a critical leadership role in leveraging QAPI to foster effective change in delivering long-term care.

9:15 a.m. – 10:45 a.m.  Grand Opening Exhibit Hall/Poster Viewing/Coffee Break

10:45 a.m. – 11:45 a.m.  General Session  
1.0 contact hour

130 Dealing with Difficult Situations in Advanced Directives  
Damien Doyle, MD, CMD, FAAFP  
Clinicians have long recognized when we focus on the right things for the patient the right outcomes result. This session will explore what can happen when disease progression and prognosis are not clearly understood and why it is necessary to ensure appropriate utilization and cost while decreasing suffering and prolonging quality of life.

12:00 p.m. – 1:00 p.m.  Industry-Supported Presentation Theaters  
(Seating is limited / Lunch will be provided. Attendees will be admitted on a first-come basis.)

Treatment Option for Patients with Symptomatic Neurogenic Orthostatic Hypertension  
Supported by Lundbeck

Pneumococcal Immunization for Nursing Facility Residents  
Supported by Pfizer

1:15 p.m. – 2:15 p.m.  Concurrent Sessions  
1.0 contact hour

141 Best Practice Guidelines for the Preoperative Assessment of the Older Adult: Implications for the Nurse Practitioner  
JoAnn Coleman, DNP, ANP, ACNP, AOCN  
This session will explore why a geriatric preoperative assessment may be critical for the nurse practitioner caring for the preoperative and postoperative patient for developing an individualized plan of care, identifying special needs of the patient, instituting safety measures and proactive interventions, and preparing for discharge planning.

142 The Sexual Revolution Revisited – Coming of Age  
Katherine Aldrich, PhD, ANP-BC; Teresa Kiresuk, DNP, ANP/GNP; George Byron Peraza-Smith, DNP, GNP-BC, CNE  
This session will examine the impact of sexually transmitted infections (STIs) in older adults and the best evidence and practices for preventing, screening, treating, and educating sexually active older adults on STIs. Using a case-based approach, strategies for communication and education will be discussed.

143 Research and Clinical Project Abstract Presentations  
Several research or clinical projects will be presented that discuss the creative work APNs are doing to further the care of older adults.

2:30 p.m. – 3:30 p.m.  General Session  
1.0 contact hour

150 Get Informed, Get Involved, Make a Difference: Getting Our Voices Heard by Those Who Make Decisions  
Evelyn G. Duffy, DNP, AGPCNP-BC, FAANP  
The GAPNA 2014-2015 Health Affairs Agenda and an overview of the GAPNA strategic initiatives for the coming year will be presented during this meeting. This is your opportunity to provide feedback on the GAPNA initiatives.

3:45 p.m. – 4:45 p.m.  Concurrent Sessions  
1.0 contact hour

161 Quality Improvement Skills for Advanced Practice Nurses in Long-Term Care: Culture, Teams, and Tools  
Linda J. Keilman, DNP, GNP-BC; George Byron Peraza-Smith, DNP, GNP-BC, CNE  
This session will provide APNs with the skill set required to effectively lead interprofessional teams in improving systems and practices, discussing the formation of teams and the role teams play in continuous quality improvement (CQI), and assisting the APN in utilizing QI techniques and tools for examining system and practice challenges.

162 Managing the Multiple Symptom Burdens of Advanced Disease Management  
Caroline Duquette, DNP, APRN, GNP-BC, CHPN; M. Jane Griffith, MSN, RN, GNP-BC, ACHPN  
Persons living and dying with multimorbid advanced diseases present an opportunity for interdisciplinary, patient-family centered care. This session will utilize comprehensive case studies with evidence-based palliative care interventions to improve outcomes.

163 Diabetes Management Strategies  
Katherine Pereira, DNP, FAANP, FAAN  
This session will discuss major classes of diabetes medications and the latest recommendations from the American Diabetes Association for individualized disease management. Case studies will be used to help participants synthesize and apply concepts to clinical practice.

4:45 p.m. – 6:15 p.m.  Exhibits Open/Poster Reception

6:30 p.m. – 8:00 p.m.  Industry-Supported Presentation Theater  
(Seating is limited / Light refreshments will be provided. Attendees will be admitted on a first-come basis.)

Addressing Chronic Hepatitis C Virus (HCV) Infection  
Supported by AbbVie
FRIDAY, October 2, 2015

6:00 a.m. – 7:00 a.m.  Foundation Fun Run/Walk

Get energized with morning exercise and earn a contact hour for listening to a downloadable MP3 recording from the GAPNA Online Library. See below and p. 10 for more info.

201  Osteoporosis Diagnosis and Management
℞  Update for the Advanced Practice Nurse

Janyce Cagan Agruss, PhD, APN-BC

This MP3 session will review the topic of bone health in the mature woman, including osteopenia, as well as osteoporosis and the use of the dexscan to diagnose both osteopenia and osteoporosis. Use of pharmacologic and nonpharmacologic agents for osteopenia and osteoporosis will also be included.

12:30 p.m. – 1:30 p.m.

Industry-Supported Presentation Theaters
(Seating is limited/Lunch will be provided. Attendees will be admitted on a first-come basis.)

Exploring Risk Reduction in Thrombosis
Supported by Janssen Pharmaceuticals, Inc.

Opioid-Induced Constipation: The Science, the Struggle, and an Orally Administered Treatment Plan
Supported by AstraZeneca

1:45 p.m. – 2:45 p.m.

231  Nutrition, Protein Intake, and Sarcopenia Prevention and Treatment in the Older Adult

Douglas Paddon-Jones, PhD

This session will highlight current protein/nutrition recommendations and review the potential translation of basic science and clinical research trials to effective nutritional strategies to optimize muscle health during adult life.

232  Home-Based Care: A Practical Guide for Start-Up and Management for Nurse Practitioners

Rebecca Bryant, DNP, FNP-BC

This session will share a practical, systematic approach for nurse practitioners (NPs) in the start-up of a NP-owned house call practice or integrating home-based care into their current practice environment.

2:45 p.m. – 3:45 p.m.

241  Acute and Chronic Heart Failure: Key Points from 2013 Guidelines

Margaret T. Bowers, DNP, RN, FNP-BC, FAANP

This session will review the 2013 Clinical Guidelines for heart failure with application to the geriatric population in both acute and chronic settings.

242  Opioid Therapy and Analgesic Management in Geriatrics

Adam Bursua, PharmD, BCPS

This session will provide an overview of the clinical profile of analgesic medications, with a focus on opioid analgesics. Trends in opioid use and outcomes will be discussed. Application of pharmacokinetic and pharmacodynamic properties of opioid medications in geriatrics will be highlighted.

243  Make Your Practice Gender Neutral: Compassionate Care for Older LGBT Patients

Katherine Aldrich, PhD, ANP-BC; James Logresti, MA, MDiv, ThM, PhD, LMHC; Jennifer Serafin, MS, BSN, GNP-C

This session will address the health care needs of older LGBT adults while exploring means of decreasing bias and perceived discrimination. Case studies and small group interactions will be utilized to increase participants’ confidence in providing care in a gender-neutral manner.

6:30 a.m. – 4:45 p.m.  Registration Open

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theaters
(Seating is limited/Breakfast will be provided. Attendees will be admitted on a first-come basis.)

Welcome to APTIOM (eslicarbazepine acetate)
Supported by Sunovion Pharmaceuticals, Inc.

A Nebulized Long-Acting Beta Antagonist for the Maintenance Treatment of COPD: Who, When, and Why
Supported by Mylan, Inc.

8:15 a.m. – 9:45 a.m.  General Session

1.5 contact hours

210  Update on Vaccinations
℞  Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

This session will review current information on vaccines based on national guidelines and their relevance for older adults. In addition, updates on the vaccines currently available, the benefit of these vaccines for older adults, and the ways to improve vaccination rates within settings of care will be shared.

9:45 a.m. – 11:15 a.m.  Concurrent Sessions

1.0 contact hour

233  Research and Clinical Project Abstract Presentations

Several research or clinical projects will be presented that discuss the creative work APNs are doing to further the care of older adults.

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2:45 p.m. – 3:45 p.m.  Exhibits Open/Poster Viewing/Refreshment Break

3:45 p.m. – 4:45 p.m.  Concurrent Sessions

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6:30 a.m. – 5:00 p.m.  Registration Open

6:00 p.m. – 6:00 p.m.  Committee Meetings/Special Interest Group (SIG) Meetings

Members of the following Committees and SIGs are invited to meet at this time to discuss issues of concern. If you are interested in joining a committee or SIG, you are encouraged to attend.

- Awards
- Chapter Leadership
- Communications
- Education
- Health Affairs
- Historical
- Nominating
- Practice
- Research
- GeroPsych
- Hospice/Palliative Care
- House Calls
- Leadership
- LGBT
- Post Acute Care/LTC
- Transitional Care
- GNP Taskforce

7:00 p.m.  Foundation “Texas Hoedown”
See p. 10 for details.

SATURDAY, October 3, 2015

6:30 a.m. – 8:00 a.m.  Breakfast Symposium

(Breakfast will be provided. Attendees will be admitted on a first-come basis.)

1.5 CE Credit Hours*

Best Practices Recommendations for Management of Overactive Bladder in the Elderly

This symposium aims to provide advanced practice nurses managing elderly patients with a better understanding of the differential diagnosis of idiopathic overactive bladder (OAB), goals of therapy, benefits and limitations of behavioral and pharmacologic interventions, and expected outcomes from treatment. Expert recommendations on effective communication techniques and patient counseling strategies to enhance adherence to OAB therapy, minimize treatment-related adverse effects, and improve treatment satisfaction will also be highlighted.

Jointly provided by Medical Learning Institute Inc. and PVI, Peer-View Institute for Medical Education.

Supported by an education grant from Astellas Scientific and Medical Affairs, Inc.

*1.5 CE Credit Hours have been applied for through AANP.

8:15 a.m. – 9:15 a.m.  General Session

1.0 contact hour

310  The Hype and the Science of Pharmacogenomics: Promising or Problematic?

Manju T. Beier, PharmD, CGP

This session will provide a brief background on the science of pharmacogenomics and applications in cardiovascular, psychiatry, and pain management. Brief case scenarios will be presented to illustrate pharmacogenetic-guided medication therapy. Ethical, legal, social, and economic challenges of translating pharmacogenomics into clinical practice will be discussed.

9:30 a.m. – 11:30 a.m.  In-Depth Focus Sessions

2.0 contact hours

321  Innovative Projects

This session will showcase innovative projects that GNP...
Online Library &

Paperless Conference!

Receive added educational value for your conference investment.

FREE access to the GAPNA Online Library!

www.gapna.org/library

What Are the Benefits?

• Unlimited free online access to all approved sessions after attending the conference.
• “Virtually” attend sessions you missed onsite or revisit courses you found interesting.
• Never have to choose between concurrent sessions again!
• Share the meeting content with two colleagues at no charge.

Content will be available approximately 3 weeks after the conference, so you can take advantage of this additional learning experience at your convenience. (Additional CNE contact hours may be obtained for a separate fee.)

Handouts Available Online

Approximately 2 weeks before the conference, redeem the conference code GAPNA15 in the Online Library (www.gapna.org/library) to access the session handouts.

Paperless Online Evaluations and CNE Certificates

No need to worry about filling out paper forms and submitting them onsite. Simply complete the evaluation and print your CNE certificate at your convenience from home or work!

GAPNA Research/Project Consults Available

Trying to finish up your doctorate? Working on an evidence-based project? Having difficulty submitting your research proposal? Not sure how to go about your first research project? Need to speak about your project with someone with experience in research?

GAPNA recognizes your needs and wants to help. The Research Committee will provide free consultations and one-on-one guidance. Please send an email to GAPNA@ajj.com and provide your name, email contact, and a brief description of the research/project issue you would like to discuss. You will be contacted to set up a time to meet at the Annual Conference with a committee member who has experience in your research area. The meeting will be scheduled during Exhibit Hall or lunch-on-your-own time.

GAPNA Research Committee members will have a booth in the Exhibit Hall where your consultation can take place. We’re reaching out to you; tell us how we can help you with your research/clinical project.
Continuing Nursing Education

Gain continuing nursing education (CNE) contact hours for your professional development, re-certification, and relicensure. Contact hours will be awarded on a 60-minute contact hour basis as follows:

Main conference: Up to 15.5 contact hours

Thursday, October 1  5.0 contact hours
Friday, October 2  (includes MP3 recording)  5.5 contact hours
Saturday, October 3  5.0 contact hours

Pre-Conference Workshops
Research:  2.5 contact hours
Education:  2.5 contact hours
Pharmacology:  4.5 contact hours

Sessions marked with R contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the objectives and content outline. Pharmacology credit can be accumulated by any one person attending conference sessions (if attending sessions offering the highest number of pharmacology hours available). Additional pharmacology credit is available for pre-conference workshops where indicated.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Exhibits

Representatives from a variety of leading companies and organizations will be on hand to answer your questions and demonstrate their products and services. You will learn about the latest products and services for gerontological advanced practice nurses. Conference badges must be worn to gain admittance to the exhibit hall.

Industry-Supported Presentation Theaters

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

Guest Registration

Guest registration includes admittance to the exhibit hall on Thursday (10/1) and Friday (10/2) only.

Payment Policy

Register Early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier’s check or money order with an additional $15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, your registration fee will be refunded, less a $50 administration fee. Cancellations must be received at the National Office August 26, 2015. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants’ expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members’ and registrants’ investment in the conference and association.

Catch Up with Colleagues

Registrants of the GAPNA Conference may be interested in finding out if colleagues in the field will also be in attendance. Your name and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It is your responsibility to contact others on the list and make arrangements with them directly.

Share a Room

If you are interested in sharing a room during the conference and would like your name added to the Willingness to Share a Room List, simply check the appropriate box when you are registering for the conference. Your name, telephone number, city, state, and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the conference registration confirmation email. It is your responsibility to contact others on the list and make arrangements with them directly.

Hotel Information

San Antonio Marriott Rivercenter
101 Bowie Street
San Antonio, TX 78205
San Antonio Marriott Rivercenter has been designated as the headquarters hotel for the Gerontological Advanced Practice Nurses Association Annual Conference. A block of rooms has been secured for attendees at the special rate of $182 single/double. Rates are subject to applicable state and local taxes (currently at 16.75%). The special conference rate is available until Tuesday, September 4, 2015. Reservations received after this date will be accepted on a space and rate available basis. To make your reservations, call 800-648-4462 and refer to the GAPNA Conference, or make your reservations online at www.gapna.org.

Check-in time is 4:00 p.m. and check-out time is 12:00 p.m.

The San Antonio Marriott Rivercenter is just steps away from the world famous San Antonio River Walk, a premier shopping, dining, and entertainment destination. Featuring luxurious rooms and suites, guests will enjoy supreme comfort conveniently located near many area attractions, including Sea World, Six Flags Fiesta Texas, and the San Antonio Zoo. The Alamo, one of the nation’s most storied and revered landmarks, is within easy walking distance from the hotel.

Airport/Transportation Information

San Antonio International Airport is approximately 8 miles from the hotel. Airport Express shuttle service is available for approximately $18 one way (reservation required). Taxi service is available for approximately $22 one way.

All pricing is current at the time of printing and is subject to change.

Weather

Temperatures in late September and early October in San Antonio range from a high of 87 degrees to a low of 56 degrees. Plan to pack a sweater or wear layers due to air conditioning in the meeting rooms.

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in print or electronic media.
Participate in These Enjoyable Events and Support the GAPNA Foundation, Nursing Scholarships, and Research!

GAPNA Foundation Events
The goal of the Gerontological Advanced Practice Nurses Association Foundation, Inc. (GAPNAF) is to promote leadership and scholarship in advanced nursing practice, education, and research to enhance the health care for older adults through its administrative activities, scholarly activities, and resource development. GAPNAF provides financial grants to support scholarly research and projects related to gerontological nursing and educational opportunities for registered nurses and advanced practice nurses working with older adults. Help GAPNAF achieve this important mission by participating in their exciting events during the conference in San Antonio.

Scramble Golf Outing
Wednesday, September 30
Tee time: 1:00 p.m. (rain or shine)
Canyon Springs Golf Club, located in north central San Antonio at the edge of the beautiful Texas Hill Country, resides amidst the original Clausen Homestead. It was recently voted Best Overall Public Golf Club, as well as Reader’s Favorite. Canyon Springs Golf Club opened in 1998 and offers an 18-hole par 72 championship course taking full advantage of the natural terrain. Cost: $150 per person (includes electric cart with GPS, practice balls, and guaranteed fun). Golf clubs available for rental at pro shop. Full bar and restaurant onsite. Bring your sense of humor!

Fun Run/Walk
Friday, October 2
6:00 a.m. – 7:00 a.m.
Get energized with an exhilarating morning run or walk in beautiful San Antonio! Enjoy morning exercise and, as an added bonus, earn contact hours for listening to a downloadable MP3 recording from the GAPNA Online Library*. Cost: $25 per person. *Downloadable MP3 recording provided at no extra charge to Fun/Run Walk attendees if registered for main conference or Friday daily rate.

“Texas Hoedown”
Friday, October 2
7:00 p.m.
Come join us for a fun-filled, spirited evening of great Texas food, country music, and dancing with your colleagues. Feel free to dress in your favorite jeans and boots. It’s going to be a fantastic time that you don’t want to miss. Cost: $80 per person. Cash bar available.

Cash donations also are accepted and all donations are tax deductible. See p. 11 to register or to donate.

Discover the Unforgettable in San Antonio
Noted for its heavy Spanish influence, San Antonio was named for Saint Anthony of Padua by a 1691 Spanish expedition in that area. It is the seventh most populous city in the United States and second most populous in Texas. You have a fiesta of options to explore when you visit San Antonio during GAPNA’s 2015 Annual Conference. The Marriott Rivercenter offers an ideal location and easy access to immerse yourself in this fascinating city. Here is a taste.

Remember the Alamo
The Alamo (Mission San Antonio de Valero) was founded in 1718 as the first mission in San Antonio, serving as a way station between east Texas and Mexico. In 1836, decades after the mission had closed, the Alamo became an inspiration and a motivation for liberty during the Texas Revolution. For 13 days in 1836, close to 200 Texas defenders held the Alamo from over 1,000 of General Santa Anna’s troops from Mexico. The most famous of the defenders, William Travis, Jim Bowie, and Davy Crockett, died fighting overwhelming odds for freedom.

River Walk
The San Antonio River Walk is a verdant oasis of cypress-lined paved paths, arched stone bridges, and lush landscapes. It gently winds through the city center, providing millions of visitors each year with easy access to the city’s cultural hot spots, historic sites, restaurants, and other attractions.

Dining
San Antonio’s culinary palette derives from the influence of European and Mexican traditions of generations ago. New arrivals who settled here introduced us to fragrant spices, cooking styles reflecting both heritage and innovation, and foods of exotic lands. Many of the city’s acclaimed chefs who studied elsewhere bring their world-class training back to this culinary landscape. Talented new chefs are honing their skills every day at the prestigious Culinary Institute of America – San Antonio.

Shopping
A top shopping destination, according to Forbes.com, offers “options, ease and affordability.” Your shopping experience will show San Antonio features all of those assets and more, making it clear why that publication placed the city among the top ten best cities for shopping. Great western wear shops, unique boutiques, upscale department stores, incomparable malls, and regional outlet centers are just a few of the reasons San Antonio ranks high on the shopping list.

Local Art Scene
San Antonio has captivated people from cultures around the world since the city was first established in the early 1700s. Mexican, European, Asian, African, and Western traditions all blend together into a personality that’s uniquely San Antonio. You’ll find outdoor sculptures and artwork, art galleries, more than 25 museums, over 40 performing arts stages, and many cultural arts festivals. Together, these artistic attractions make San Antonio one of the top 25 cities for art in the United States.

Nightlife
When the stars come out over San Antonio, it’s time to head to the nightclubs and dance halls. Main Plaza, in the heart of downtown, has live music all year long. Two-step to a country-western band at Cowboys Dance Hall, or soak up Tejano’s Latin rhythms at Graham Central Station. San Antonio is home to the revered Jim Cullum Jazz Band (you may have heard their weekly radio show on NPR) and they play live at Bohanan’s Prime Steaks & Seafood. Whatever your mood, San Antonio offers a wide range of entertainment options when the sun goes down.

Experience the culture and history of this vibrant city during GAPNA’s 34th Annual Conference. To learn more about San Antonio and request a free visitors guide, visit www.visitsanantonio.com or www.sanantonio.gov/visitors.

Annual Educational Conference
REGISTRATION FORM
GAPNA 34th Annual Conference
September 30 - October 3, 2015 – San Antonio, TX

Print Name: ___________________________ Credentials: ___________________________

Organization/Employer Name: ___________________________

Mailing Address - Street: _____________________________

City/State/Zip: _____________________________

Nursing License #: _____________________________ Exp. date: _____________________________

Daytime Phone: _____________________________

E-mail (required): _____________________________

☐ Do not share my email address with any GAPNA exhibitor or networking vendors

* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

3 Ways To Register
Register Online at
www.gapna.org/annual-conference

By Fax: 856-218-0557

Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pittman, NJ 08071-0056

Registration cannot be processed without payment.

Purchase Orders cannot be accepted.
Make checks payable in U.S. funds to: GAPNA

All cancellations and transfers must be received in writing. For cancellations postmarked prior to August 26, 2015, we will refund registration cost, less a $50 administrative fee. We are unable to make refunds after August 26, 2015, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

Catch Up with Colleagues/Share a Room
☐ No, I do not want my information included on a list of attendees.

☐ I am interested in sharing a room.

Special Needs* (dietary, access, etc.)

________________________________________

* Please let your server know that you reserved a special needs meal.

Catch Up with Colleagues

PRE-CONFERENCE WORKSHOPS

Pre-Conference Workshop Fees (additional fee)

☐ Pre-Conference Workshop 010: Research $95 $135

☐ Optional Research Book for Workshop 010 $35 $35

☐ Pre-Conference Workshop 020: Education $95 $135

☐ Pre-Conference Workshop 030: Pharmacology $115 $135

☐ Pre-Conference Workshop 040: Opioid (no additional fee) Yes, I will attend

GAPNA Foundation Event Fees:

9/30/15 Scramble Golf Outing ___ # persons @ $150 = $

10/2/15 Fun Run/Walk ___ # persons @ $25 = $

10/2/15 Texas Hoedown ___ # persons @ $80 = $

Foundation Donation $25 $50 $75 $100 $ Other $

TOTAL ENCLOSED $

Session Selections — Indicate 1st and 2nd choice for all Concurrent Sessions. Attendees are automatically registered for the Keynote Address and all General Sessions.

Thursday, October 1

New Member/First-Time Attendee Breakfast
7:00 am - 8:00 am

110 ___

Concurrent Sessions – 1:15 pm – 2:15 pm
141 ___ 142 ___ 143 ___

Concurrent Sessions – 3:45 pm – 4:45 pm
161 ___ 162 ___ 163 ___

Friday, October 2

Concurrent Sessions – 1:45 pm – 2:45 pm
231 ___ 232 ___ 233 ___

Concurrent Sessions – 3:45 pm – 4:45 pm
241 ___ 242 ___ 243 ___

Saturday, October 3

In-Depth Focus Sessions – 9:30 am – 11:30 am
321 ___ 322 ___ 323 ___

Awards Luncheon – 11:45 am – 1:15 pm
330 ___

Concurrent Sessions – 2:30 pm – 3:30 pm
341 ___ 342 ___ 343 ___

* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

PAYMENT OPTIONS

☐ Check enclosed made payable in U.S. funds to GAPNA Charge my: ☐ VISA ☐ M/C ☐ AmEx ☐ Other.

Credit Card Number _____________________________ Exp. Date _____________________________ Security Number * _____________________________

Billing address _____________________________

Signature _____________________________ Name on Card (please print) _____________________________
Register online at www.gapna.org/annual-conference

Annual Conference
Marriott Rivercenter • San Antonio, Texas
September 30 - October 3, 2015
www.gapna.org

Creating a Culture of Excellence in the Care of Older Adults