

care • continuity • connection

GAPNA
Gerontological Advanced
Practice Nurses Association

Contemporary Pharmacology and Prescribing in Older Adults

March 27-28, 2015 • Sheraton Philadelphia Downtown • Philadelphia, PA

www.gapna.org



**11.5 Rx hours including
4 hours on Prescribing Controlled Substances**

REGISTRATION BROCHURE

Contemporary Pharmacology and Prescribing in Older Adults

This conference will enable attendees to:

- Determine appropriate pharmacotherapeutic agents for selected disease states in older adults
- Discuss the pharmacodynamic and pharmacokinetic considerations surrounding selection of pharmacotherapeutic agents in older adults
- Design safe and appropriate pharmacotherapeutic regimens for older adults with selected disease states

What You Can Expect:

- Eight sessions designed to offer choice and variety
- Educational interactions with leading industry representatives
- Indefinite Online Library access
- Opportunities to network with colleagues from across the country
- Earn up to 11.5 CNE contact hours
- Earn 11.5 pharmacology contact hours

Conference Planning Committee

Pamela Z. Cacchione, PhD, CRNP, BC, FAAN

Valerie T. Cotter, DrNP, AGPCNP-BC

Lisa M. Gill, DNP, CRNP

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP

Ken Mitchell, MPAS, PA-C, PA Representative

Marianne Shaughnessy, PhD, AGPCNP-BC

Hazel Dennison, DNP, RN, APNc, CPHQ, CNE, Director of Nursing Development

Rosemarie Marmion, MSN, RN-BC, NE-BC, Nurse Planner

FRIDAY, March 27, 2015

7:45 am – 6:30 pm
Registration Open

7:45 am – 8:45 am
Continental Breakfast/Networking

8:45 am – 10:15 am
101: Pharmacogenomics: What's in Your Genes Matters!

1.5 contact hours/1.5 pharmacology contact hours
Calvin H. Knowlton, PhD, MDiv, BSPHarm

In order to reduce medication misadventures, especially preventable adverse drug events, the migration from preference-based and evidence-based (or population-based) medication selection to personalization of such incorporates an array of science-centered components, including

pharmacogenomics. This session will explore an overview of these components, while discussing in-depth the emerging domain of pharmacogenomics.

10:15 am – 10:45 am
Coffee Break/Networking

10:45 am – 11:45 am
102: Medication Therapy for Pulmonary Disease in Older Adults

1.0 contact hour/1.0 pharmacology contact hour
Maureen George, PhD, RN, AE-C, FAAN

This session will compare and contrast asthma and COPD to identify similarities and differences in pharmacologic management by comparing the recommendation from evidence-based guidelines based on age and severity.

12:00 pm – 1:00 pm

Industry-Supported Presentation Theater
Supported by AstraZeneca

No continuing education credit will be provided for this event.

1:00 pm – 2:30 pm

General Session

103: Medication Therapy for Hypercholesterolemia

1.5 contact hours/1.5 pharmacology contact hours
Neil Stone, MD, MACP, FAHA, FACC

This session will review the latest 2013 Prevention Guidelines from ACC and AHA and will explore, through case studies, the role of the nurse clinician in evaluation and treatment of appropriate patients.

2:30 pm – 3:30 pm

104: Medical Management of Heart Failure

1.0 contact hour/1.0 pharmacology contact hour
Lisa Rathman, MSN, CRNP, CHFNP, CCRN

Heart failure is a common clinical syndrome representing the end stage of a number of different cardiac diseases. It is the leading cause of hospitalization in the elderly and is accompanied by high direct and indirect costs for treatment. This session will provide a comprehensive overview of the current strategies for the pharmacologic treatment of heart failure.

3:30 pm – 4:00 pm

Refreshment Break/Networking

4:00 pm – 5:30 pm

105: Antibiotic Prescribing in Older Adults in the Era of Antimicrobial Resistance

1.5 contact hours/1.5 pharmacology contact hours
Jason Gallagher, PharmD, FCCP, BCPS

This session will discuss the safety and efficacy in the use of antibiotics in older adults. Issues regarding the treatment of bacterial infections in patients with resistant infections and a discussion of the “downstream” consequences of antimicrobial use will be included.

5:30 pm – 6:30 pm

106: An Update in Approaches to Glycemic Management for Older Patients with Type 2 Diabetes

1.0 contact hour/1.0 pharmacology contact hour
Tyan Thomas, PharmD, BCPS

This session will serve as a brief overview of the current treatment guidelines for older people with type 2 diabetes. Discussion will include evidence of cardiovascular risk factor improvement with GLP-1 analogs and DPP-IV inhibitors and agents for type 2 diabetes recently brought to market or currently being studied.

SATURDAY, March 28, 2015

7:00 am – 12:30 pm

Registration Open

7:00 am – 8:00 am

Continental Breakfast

8:00 am – 9:00 am

201: Alcohol and Substance Addiction in Later Years

1.0 contact hour/1.0 pharmacology contact hour
David Oslin, MD

This session will explore the issues related to addiction in the older adult population. There will be an emphasis on the epidemiology of alcohol and opioid abuse and methods for screening/assessment particularly in nonpsychiatric settings such as primary care or hospitals. Treatment options in all types of care settings will also be discussed.

9:00 am – 9:15 am

Coffee Break

9:15 am – 12:15 pm

202: Pain Management and Opioid Prescribing

3.0 contact hours/3.0 pharmacology hours
Rasham Shah-Ortiz, PharmD

Deborah Way, MD, CMD, FAAHPM

This interactive 3-hour didactic and case-based session will provide a review of pharmacotherapy of pain management. The focus will be on the unique needs of the geriatric patient across the care continuum.



General Information

Online Library & Paperless Conference!

Receive added educational value for your conference investment. FREE access to the GAPNA Online Library!

www.gapna.org/library

What does this mean?

- Indefinite free online access to all approved sessions after attending the conference.
- "Virtually" attend sessions you missed on site or revisit courses you found interesting.
- Share the meeting content with two colleagues at no charge.

Content will be available approximately 3 weeks after the conference, so you can take advantage of this additional learning experience at your convenience.

Handouts Available Online

Approximately 2 weeks before the conference, redeem the conference code GAPNAP15 in the Online Library (www.gapna.org/library) to access the session handouts.

Paperless Online Evaluations and CNE Certificates

No need to worry about filling out paper forms and submitting them onsite. Simply complete the evaluation and print your CNE certificate at your convenience from home or work! Now you can focus on networking and enjoy the conference!

Continuing Nursing Education

Gain continuing nursing education (CNE) contact hours for your professional development, recertification, and relicensure.

- Main conference: Up to 11.5 contact hours
 - Friday, March 27:7.5 contact hours
 - Saturday, March 28:4.0 contact hours

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the objectives and content outline. Pharmacology credit of 11.5 hours can be accumulated by any one person attending conference sessions.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

Continuing Medical Education (CME) Credit

This program is not yet approved for CME credit. Conference organizers plan to request at least 11.5 hours of AAPA Category I CME credit from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.

Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

Payment Policy

Register early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$50 administration fee. Cancellations must be postmarked by **March 2, 2015**. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

Hotel Information

Sheraton Philadelphia Downtown Hotel
201 North 17th Street
Philadelphia, PA 19103

Sheraton Philadelphia Downtown has been designated as the headquarters hotel for the Gerontological Advanced Practice Nurses Association Mid-Year Pharmacology Conference. A block of rooms has been secured for attendees at the special rate of **\$149 single/double**. Rates are subject to applicable state and local taxes (currently at 15.5%). The special conference rate is available until Friday, **February 27, 2015**. Reservations received after this date will be accepted on a space and rate available basis. To make your reservations, call 888-627-8178 and refer to the GAPNA Conference, or make your reservations online at www.gapna.org.

Check-in time is 3:00 pm and check-out time is 12:00 pm.

Located in the heart of Center City Philadelphia, the Sheraton Philadelphia Downtown Hotel is close to all the great things to do in historic Philadelphia.

Airport/Transportation Information

The hotel is approximately 8 miles from Philadelphia International Airport. Taxi service will cost approximately \$28 each way, while Lady Liberty Shuttle is only \$10 each way. (All rates are subject to change.)

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in print or electronic media.

REGISTRATION FORM

GAPNA

Contemporary Pharmacology and Prescribing in Older Adults March 27-28, 2015 - Philadelphia, PA

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Home <input type="checkbox"/> Work	
E-mail (required) <input type="checkbox"/> Home <input type="checkbox"/> Work	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

3 Ways To Register

- 1** Register Online at www.gapna.org
- 2** By Fax: 856-218-0557
- 3** Mail completed form with payment to:
GAPNA Registration
East Holly Avenue/Box 56
Pitman, NJ 08071-0056

**Registration cannot be processed without payment.
Purchase Orders cannot be accepted.**

All pre-registrations for this meeting must be received at the conference registration office no later than March 2, 2015. Registration will be available onsite.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by March 2, 2015, we will refund registration cost, less a \$50 administrative fee. We are unable to make refunds after March 2, 2015, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

*Non-members may register at the Member rate by including membership fee with registration fees.	GAPNA member	Non-member
Main Conference Registration Fees		
Postmarked 2/2/15 & before - Early Bird Fee	<input type="checkbox"/> \$259	<input type="checkbox"/> \$369
Postmarked 2/3/15 & after - Regular/Onsite Fee	<input type="checkbox"/> \$349	<input type="checkbox"/> \$459
Daily Rate		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$225	<input type="checkbox"/> \$295
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$125	<input type="checkbox"/> \$175
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)		<input type="checkbox"/> \$_____
—————>	TOTAL ENCLOSED	\$

Special Needs* (dietary, access, etc.) _____ _____
*Please let your server know that you reserved a special meal.

PAYMENT OPTIONS

Check enclosed made payable in U.S. funds to GAPNA

Charge my:

* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Credit Card # _____

Exp. Date _____ Security # * _____

Billing address _____

Signature _____ Name on Card (please print) _____



Annual Conference

*Marriott Rivercenter • San Antonio, Texas
September 30 - October 3, 2015*

www.gapna.org

SAVE THE DATE

*Creating a Culture
of Excellence in the
Care of Older Adults*



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