

CURRICULUM VITAE

SARA McCUMBER, DNP, APRN, CNP, CNS, CHSE, FAANP
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EDUCATION

Train New Trainers Primary Care Psychiatry Fellowship 2021
UC-Irvine/UC-Davis

Telehealth Certification for Providers and Educators 2020
Old Dominion University

Doctor of Nursing Practice
University of Minnesota

Professional Certificate – Teaching & Learning in Web-Based Courses
Indiana University

Post-Master's Certificate – FNP
Post-Master's Certificate – ANP
The College of St. Scholastica, Duluth, MN

Master of Science in Public Health Nursing
University of Minnesota

Bachelor of Applied Science in Community Health Education
University of Minnesota

Diploma in Professional Nursing
St. Luke's School of Nursing, Duluth, MN

CERTIFICATION AND LICENSURE

Registered Nurse – Minnesota
Registered Nurse – Wisconsin

Advanced Practice Nurse Prescriber – Wisconsin
Advanced Practice Registered Nurse, CNP--Minnesota

American Nurses Credentialing Center –
Adult Gerontological Primary Care Nurse Practitioner Exp. 12/29/2028
Gerontological Nurse Practitioner (Alternative Criteria), Exp. 12/29/2028
Family Nurse Practitioner, Exp. 7/31/2028
Adult Nurse Practitioner, Exp. 7/2026
Clinical Nurse Specialist Adult Health, Exp. 7/2025
Clinical Nurse Specialist Public/Community Health, retired
Medical Surgical Nurse, Exp. 7/12/2025
Community Health Nurse, Exp. 7/12/2025

Respecting Choices Advanced Care Planning (ACP) Next Steps Facilitator

PROFESSIONAL EXPERIENCE

2023-present Professor (Tenured), The College of St. Scholastica
2016-2023 Associate Professor of Nursing (Tenured), The College of St. Scholastica
2010-2016 Assistant Professor of Nursing (Tenure Track), The College of St. Scholastica
September 2021- present FNP Program Director
August 2017-2024- Adult-Gerontology Primary Care NP Program Director

January 2014-August 2017-NP Program Director, The College of St. Scholastica

2021-2025 -Nurse Practitioner, Ecumen Hospice
2012- Present- Nurse Practitioner, Essentia Health Neurology
2019- 2020- Nurse Practitioner, Essentia Health Convenient Care

2003 – 2010-Adjunct Faculty, RN-BS and Graduate Nursing, The College of St. Scholastica

2001 -2012-Nurse Practitioner/Care Coordinator, Essentia Health Elder Care
2007 -2010-Clinical Team Leader

1986 -2001-Staff Nurse, Arrowhead Regional Corrections, Duluth, MN

1989- 1993-President, Minnesota Nurses Association, St. Paul, MN

1985-1987-Head Nurse and On-Call Supervisor, Park Point Manor Nursing Home, Duluth, MN

1984-1985-Director of Nursing, Colonial Terrace Health Care Center, Superior, WI

1983 -1984-Director of Nursing, Middle River Health Facility, Hawthorne, WI

1981- 1983-Director of Nursing, Surf and Sand Health Center, Duluth, MN

1980-1981-Staff Nurse, St. Luke's Hospital, Duluth, MN

1980-Staff Nurse, St. Mary's Hospital, Duluth, MN

PROFESSIONAL PRESENTATIONS

PODIUM (peer reviewed)

2025, May Kleven, K., **McCumber, S.**, & Earley, P. *Navigating the Challenges of Integrating Virtual Reality into Nurse Practitioner Education*. Podium Presentation at I-SAIL Midwest Inter-professional Conference, Minneapolis, MN **[peer reviewed]**

2024, September **McCumber, S.**, Nygren, M., Kleven, K., & Earley, P. Remote Patient Monitoring (RPM): Successful Integration into Nurse Practitioner Educational Programs. Podium Presentation at ICN NP/APRN Network Conference 2024, Aberdeen, Scotland, **[peer reviewed]**

2024, September DiGuillio, M.; Kriebel Gasparro, A.; Manderschein, A.; **McCumber, S.**; & Riveria, S. *Curricular Strategies for Gerontology Advanced Practice Faculty*. Podium Presentation

- at 2024 Annual GAPNA Conference, Las Vegas, NV **[peer reviewed]**
- 2024, May **McCumber, S.** & Nygren, M. *Implementing Remote Patient Monitoring (RPM) in a Simulation Program.* Podium presentation at I-Sail Midwest Interprofessional Simulation Conference, Minneapolis, MN **[peer reviewed]**
- 2023, September **McCumber, S.**; Earley, P.; & Smith, L. *Strategies to Implement Immersive Virtual Reality in AGPCNP Education.* Podium Presentation at 2023 Annual GAPNA Conference, New Orleans, LA **[peer reviewed]**
- 2022, September **McCumber, S.**; Ideker, M.; & Bassila, L. *Enhancing Undergraduate & DNP Nursing Curriculum and Practice Readiness Using Remote Patient Monitoring Telehealth.* Podium Presentation at Northwest Telehealth Resource Center 11th Annual Conference, Salt Lake City, UT **[peer reviewed]**
- 2022, September Blakely, Kala; Peacock, A.; & **McCumber, S.** *Engaging Techniques to Integrate Social Determinants of Health Learning Activities into Practice & Academia.* Podium Presentation at 2022 Annual Gerontological Advanced Practice Nurses Association, Orlando, FL **[peer reviewed]**
- 2022, September **McCumber, S.**; Arms, T., & Baxter, T. *Improving Clinical Practice on Social Isolation and Loneliness in Older Adults.* Podium Presentation at 2022 Annual Gerontological Advanced Practice Nurses Association, Orlando, FL **[peer reviewed]**
- 2022, May **McCumber, S.**; Ideker, M.; & Tingum, J. *Implementing Telehealth & Remote Patient Monitoring in a DNP Program.* Podium Presentation at 2022 Great Plains Telehealth Conference, Bloomington, MN **[peer reviewed]**
- 2021, April Buchanan, L.; **McCumber, S.**; Eckhoff, D.; & Chike-Harris, K. *Transitioning to Telehealth Using Simulation and Telehealth Technologies, Telemedicine, Remote Patient Monitoring, Store and Forward, and Hybrid Case Exemplars.* Podium Presentation at 2021 NONPF 47th Annual Conference Virtual. **[peer reviewed]**
- 2020, September Kennedy-Malone, L.; Blakely, K.; **McCumber, S.**; & Kramps, M. *Engaging Clinical Preceptors to Prepare Advanced Practice Nurses to Care for Older Adults.* Podium presentation at 2020 GAPNA Virtual Annual Conference. **[peer reviewed]**

- 2019, October Kennedy-Malone, L., Baker, N., Chan, T., Long, E. & **McCumber, S.** *Embracing Technology and Teaching Innovations in Advanced Practice Gerontological Nursing Education*. Podium Presentation at 38th Gerontological Advanced Practice Nurses Association Conference, Las Vegas, NV. **[peer reviewed]**
- 2017, March **McCumber, S.** *Medication Management of Memory Medications*. Podium presentation at the 2017 National Association of Clinical Nurse Specialists Annual Conference, Atlanta, GA **[peer reviewed]**
- 2016, September **McCumber, S.** *Implementing Advance Care Planning with Patients with Dementia*. Podium presentation at the Respecting Choices National Share the Experience Conference, Milwaukee, WI **[peer reviewed]**
- 2016, April **McCumber, S.** *Medication Therapy Management: Interprofessional Clinical Experience with Pharmacists*. Podium presentation at the NONPF 42nd Annual Meeting, Seattle, WA **[peer reviewed]**
- 2014, April McCumber, S. *Active Learning Strategies for Teaching Geriatric Health Assessment*. Podium presentation at National Organization of Nurse Practitioner Faculty Conference, Denver, CO **[peer reviewed]**
- 2012, September McCumber, S. *Geriatrics 101: A Staff Development Module*. Podium presentation at the Gerontological Advanced Practice Nurses Association, Las Vegas, MN **[peer reviewed]**
- 2004, October **McCumber, S.** *Now and At the Hour of Our Death*. Presented at the 2004 Minnesota Nurses Association, Morris, MN **[peer reviewed]**

POSTERS

- 2026, January **McCumber, S.**, Earley, P & Smith, L. *Lessons Learned from Virtual Reality (VR) Implementation in a DNP Program*. Poster presentation at AACN 2026 Doctoral Conference, Bonita Springs, FL **[peer reviewed]**
- 2023, January **McCumber, S.**, Smith, K., Tran, K., Gdula, M., Pettinelli, B. & Harju, C. *Integrating Mental Health and Substance Abuse Across a Primary Care Nurse Practitioner Curriculum*. Poster Presentation at AACN 2023 Doctoral Conference, San Diego, CA **[peer reviewed]**

- 2023, January **McCumber, S.** *Curriculum Strategies for Adult Gerontology Primary Care NPs to Meet Older Adult Mental Health Needs.* Poster Presentation at AACN 2023 Doctoral Conference, San Diego, CA **[peer reviewed]**
- 2022, October Nygren, M. & **McCumber, S.** *Implementing Hospital at Home Technology into an Acute Care Nurse Practitioner Program.* Virtual Poster Presentation at 2022 Hospital at Home Virtual Conference. **[peer reviewed]**
- 2022, September Larson, M., Earley, P., Tingum, J. & **McCumber, S.** *Virtual Reality Patient Encounters as a Strategy to Promote Interprofessional Education.* Poster Presentation at 2022 Nexus Conference. **[peer reviewed]**
- 2022, April Smith, K. & **McCumber, S.** *Standardized Patient Experiencing Opioid Withdrawal Telehealth Simulation for Primary Care NP Students.* Poster Presentation at 2022 NONPF Annual Conference.**[peer reviewed]**
- 2022, April **McCumber,S.**, Ideker, M., & Tingum, J. *Remote Patient Monitoring in DNP Program .* Poster Presentation at 2022 NONPF Annual Conference **[peer reviewed]**
- 2022, January **McCumber , S.**, Tingum, J. & Ideker, M. *Successful DNP Geriatric Simulations Utilizing Telehealth.* Poster Presentation at 2022 Doctoral Conference Virtual **[peer reviewed]**
- 2022, January McCumber, S., Tingum, J. Ideker, M. & Haugen, P. *Implementing Remote Patient Monitoring in a Doctor of Nursing Practice Program.* Poster presentation at 2022 AACN Doctoral Conference Virtual **[peer reviewed]**
- 2021, April McCumber, S. & Ideker, M. *Collaborative Partnership Between DNP Program & Telehealth Clinical Partner Results in Innovation: Workflow Process Diagrams for Planning & Preparing DNP Curriculum.* Poster Presentation at 2021 NONPF 47th Annual Conference Virtual **[peer reviewed]**
- 2021, March McCumber, S. & Ideker, M. *Collaborative Partnership Between DNP Program & Telehealth Clinical Partner Results in Innovation: Workflow Process Diagrams for Planning & Preparing DNP Curriculum.* Poster Presentation at 2021 Virtual Mid-Atlantic Telehealth Resource Center Summit **[peer reviewed]**

- 2021, January Larson, M.; Smith, K.; Tingum, J.; & **McCumber, S.** *1-2-3 COVID: Flipping a Health Assessment Course with Telehealth.* Poster presented at AACN 2021 Doctoral Education Virtual Conference. **[peer reviewed]**
- 2020, April McCumber, S. *Implementing Active Learning Strategies For Opioid Risk Management and Prescribing.* Poster Presentation at NONPF 46th Annual Conference Virtual **[peer reviewed]**
- 2019, October Schipper, L., **McCumber, S.** & Fay, V. *Primary Care in Long-Term Care Sites: Long-Term Care Sites as Appropriate Clinical Placements for Primary Care Nurse Practitioner Students* Poster Presentation at 38th Gerontological Advanced Practice Nurses Association Conference, Las Vegas, NV. **[peer reviewed]**
- 2018, September **McCumber, S.** *Effective Implementation of a Cardiac Patient Simulator Across the AGPCNP Curriculum.* Poster presentation at the 2018 Gerontological Advanced Practice Nurses Association Conference, Washington, DC **[peer reviewed]**
- 2018, January **McCumber, S.** *Collaborative DNP Educational Experiences with Occupational Therapists & Pharmacists.* Poster presentation at AACN Doctoral Conference, Naples, FL **[peer reviewed]**
- 2017, September **McCumber, S.** *Gawande's Being Mortal: Utilizing Popular Literature to Teach Students End of Life Planning.* Poster Presentation at the 2017 Gerontological Advanced Practice Nurses Association Annual Conference, Nashville, TN **[peer reviewed]**
- 2015, April Donovan, M.L. & **McCumber, S.** *Interprofessional Collaborative Practice: Dementia Case Studies Engage Nurse Practitioner and Occupational Therapy Students.* Poster presented at New Models of Care: An Interprofessional Perspective, St. Paul, MN **[peer reviewed]**
- 2015, April Chadwell, K.L., Matthews, J.H., Kersey-Matusiak, G., Sheehy, R.R., Ehrlich, E. & **McCumber, S.** *Creating a Tool to Engage Advanced Practice Nurses in the Use of Genetic/Genomic Information During Health Assessment.* Poster presented at National Organization of Nurse Practitioner Faculty Conference, Baltimore, MD **[peer reviewed]**
- 2015, April McCumber, S. *Strategies for Infusing Pharmacogenomics Into NP Education.* Poster presented at National Organization of Nurse Practitioner Faculty Conference, Baltimore, MD **[peer reviewed]**

- 2014, November Donovan, M.L. & **McCumber, S.** *Interprofessional Education for Nurse Practitioner and Occupational Therapy Students.* Poster presented at 10th Cognitive Symposium 2014, Redondo Beach, CA [**peer reviewed**]
- 2014, February **McCumber, S.** & Donovan, M.L. *Dementia Cases : Inter-professional Teaching Tool with NP and OT students.* Poster presented at Association of Gerontology in Higher Education Annual Conference, Denver, CO [**peer reviewed**]
- 2013, September **McCumber, S.** & Donovan, M.L. *Interprofessional Geriatric Education: Nurse Practitioner and Occupational Therapy Students.* Poster presented at the Gerontological Advanced Practice Nurses Association, Chicago, IL [**peer reviewed**]
- 2013, May Saftner, M., Quass, B., **McCumber, S.**, Rich, J. *Using Qualitative Research and a Grassroots Campaign to Support the Use of CNM's in a Healthcare System in Northern Minnesota.* Poster presented at American College of Nurse Midwives 58th Annual Conference, Nashville, TN [**peer reviewed**]
- 2011, September McCumber, S. *Enhancing Medication Adherence in Older Adults.* Poster presented at the Gerontological Advanced Practice Nurses Association, Washington, DC [**peer reviewed**]
- 2011, March McCumber, S. *Beyond a Pillbox: Enhancing Medication Adherence Communication with Older Adults.* Poster presented at Nurses Improving Health System Care for Elders, Las Vegas, NV [**peer reviewed**]
- 2004, March McCumber, S. *Certification in Community/Public Health Nursing: Education & Practice Meet.* Poster presented at the Association of Community Health Nursing Educators, Minneapolis, MN [**peer reviewed**]

PROFESSIONAL

- 2024, November **McCumber, S.** *Alzheimer's in the Office.* Podium presentation at Essentia Health Advanced Practice Provider Conference Virtual . [**peer reviewed**]
- 2020, October **McCumber, S.**; Pogorles, J.; Bottila, M.; Dwyer, K. & Delani, M. *Building a Care Team to Support Persons with Dementia and Care Partners.* Podium presentation at St. Louis County Health and Human

Service Conference Virtual. **[peer reviewed]**

- 2019, October **McCumber, S.** *Fronto-temporal Dementia Identification & Management.* Podium Presentation at St. Louis County Health & Human Services Conference, Duluth, MN. **[peer reviewed]**
- 2018, November **McCumber, S.** *Fronto-temporal Dementia Care Challenges.* Podium presentation at Care Providers of MN 70th Annual Convention & Exposition, Prior Lake, MN **[peer reviewed]**
- 2017, October **McCumber, S.** *Managing Dementia Effectively at Home.* Podium presentation at St. Louis County Health & Human Services Conference Duluth, MN. **[peer reviewed]**
- 2016, November **McCumber, S.** *Strategies to Improve Medication Management in Older Adults.* Podium presentation at the 2016 Care Providers of Minnesota 68th Convention & Exposition, Bloomington, MN **[peer reviewed]**
- 2016, October **McCumber, S. & Donovan, M.L.** *Strategies for Effective Dementia Care Management.* Podium presentation at the 2016 St. Louis County Health & Human Services Conference, Duluth, MN **[peer reviewed]**
- 2015, June **McCumber, S. & Kossett, D.** *Getting Nurses in the Senior Linkage Line Groove.* Presentation at the 2015 MN Aging & Disability Odyssey Conference, Duluth, MN **[peer reviewed]**
- 2014, October **McCumber, S., Donovan, M.L. & Dwyer, K.** *Interprofessional Dementia Care Management.* Podium presentation presented at St. Louis County Health and Human Services Conference, Duluth, MN **[peer reviewed]**
- 2013, October **McCumber, S.** *All Those Pills & Geriatric Ills: Medication Management in Older Adults.* Podium presentation at St. Louis County Health and Human Services Conference, Duluth, MN **[peer reviewed]**
- 2013, June **McCumber, S.** *Advance Care Planning in Chronic Disease.* Roundtable presentation at 2013 Age and Disabilities Odyssey Conference, Duluth, MN. **[peer reviewed]**
- 2013, June **McCumber, S., Wichman, R. & Garder, J.** *Patient Centered Approaches to Parkinson's and Dementia Management.*

Workshop presentation at 2013 Age and Disabilities Odyssey Conference, Duluth, MN. [peer reviewed]

2013, June **McCumber, S.**, Guttorsom, S., Schroeder, M., & Just, M. Beyond the Pillbox: Creative Approaches to Medication Management. Panel presentation at 2013 Age and Disabilities Odyssey Conference, Duluth, MN [peer reviewed]

INVITED

2025, April McCumber, S. *Effective Conversation in Advanced Care Planning*. Presented at Aging Well Series, Salem Lutheran Church, Hermantown, MN

2025, March McCumber, S. *Effective Conversations in Advanced Care Planning*. Presented at "Getting Your Ducks in a Row" Duluth, MN

2023, May McCumber, S. McCumber, S. *Mental Health & Neuro-cognitive Disorders in Older Adults*. Presented at University of Wisconsin-Superior.

2023, March McCumber, S. *Strategies for Improving Health Care Delivery for Older Adults*. Presented at MNORN Membership Meeting, Virtual Event [invited]

2023, March McCumber, S. *Loneliness in Older Adults*. Presented at University of Wisconsin-Superior [invited]

2022, June McCumber, S. *Effective Dementia Care Management: Essential Strategies for Nurses*. Presented at Bellin College Improving Care for Older Adults Through Nursing Education, Sturgeon Bay, WI [invited]

2022, March McCumber, S., Pogorels, J., & Groon, L. *Alzheimer's in the Office*. Presented at Essentia Health, Duluth [invited]

2022, February McCumber, S. *Loneliness in Older Adults*. Presented at University of Wisconsin-Superior [invited]

2021, June McCumber, S. *Beyond COVID: Reaching Lonely Older Adults in Our Communities*. Presented at Bader Philanthropies, Social Isolation and Technology Virtual Convening.

2021, May McCumber, S. *Mental Health & Neurocognitive Disorders in Older Adults*. Presented at University of Wisconsin-Superior. [invited]

2021, March Systems Thinking: Application to the DNP Curriculum

NONPF Special Topics Conference Fall 2020, The College of St. Scholastica Faculty Meeting

- 2021, March McCumber, S. *Loneliness in Older Adults*. Presented at University of Wisconsin-Superior. [invited]
- 2020, November McCumber, S. *Loneliness in the Clinic Exam Room*. Essentia Advanced Practice Providers Fall Conference. [invited]
- 2020, May *Dementia Update*. Presented at Essentia Health MSHO Coordinators, Duluth, MN [invited]
- 2020, January McCumber, S. *Community Resources to Enhance Patient Care-Administrative Update for Certified Medical Assistants*. Presented at Essentia Health Neurology Department, Duluth, MN [invited]
- 2019, November Dickey, S. & **McCumber, S.** *Success for Nurse Practitioner Students: Sanity Saving Strategies*. Presented at Nurse Tim Webinars, Minneapolis, MN [invited]
- 2019, July McCumber, S. *Recognizing the adverse health effects of Isolation and Loneliness*. Presented at University of Wisconsin- Superior, WI [invited]
- 2019, May McCumber, S. *Health Care Office Visits: Enhancing Communication with The Medical Care Provider & Health Care Team*. Caregiver Conference: Building the Caregivers Toolbox, Superior, WI [invited]
- 2019, April McCumber, S. *Dementia Beyond the Basics*. Essentia Primary Care Conference, Brainerd, MN [invited]
- 2019, April McCumber, S. *Brief Interview of Mental Status & Cognitive Assessment*. Ecumen 5th Annual MDS/BOM/Social Worker Workshop, Shoreview, MN [invited]
- 2019, March McCumber, S. *Early Detection of Dementia: Challenges and Achievements*. Alzheimer's Association of MN Meeting of the Minds Dementia Conference, St. Paul, MN [invited]
- 2018, November McCumber, S. *Current Best Practices in Geriatric Nursing Care*. Ecumen Enhancing Your Clinical Toolbox: Current Best Practices in Geriatric Care for Clinical Faculty in TCU/LTC, Duluth, MN [invited]
- 2018, October McCumber, S & Ellis, J. *Effective Assessment and Referral for End-of-Life Care: A Practical Approach for Clinicians*. Interprofessional Healthcare Ethics Conference, Duluth, MN

[invited]

2018, October McCumber, S. *Evaluating and Managing Dementia in Primary Care*. Presented at the Essentia PA/APRN Conference 2018, Duluth, MN [invited]

2018, August McCumber, S. *Current Best Practices in Geriatric Nursing Care*. Ecumen Enhancing Your Clinical Toolbox: Current Best Practices in Geriatric Care for Clinical Faculty in TCU/LTC, Mankato, MN [invited]

2018, August McCumber, S. *Advance Care Planning & Health Care Directives*. Polinsky Stroke Support Group, Duluth, MN [invited]

2018, July McCumber, S. *Dementia Care in the Northland: What is Being Done to Address Care and Support?* Twin Ports Dementia Conference, Duluth, MN [invited]

2018, July McCumber, S. *Memory Impairment*. Lung Rangers Pulmonary Support Group, Duluth, MN [invited]

2018, June McCumber, S. *Best Practices in Geriatric Nursing Care*. Ecumen Fellows Program, Duluth & Mankato, MN [invited]

2018, April McCumber, S. *Undiagnosed Cognitive Impairment in Older Adults* MN Society of Health System Pharmacists-Northwestern Division, Bemidji, MN [invited]

2017, November McCumber, S. *Advance Care Planning-Ethics & Strategies for Success* at Arrowhead Parish Nurse Association, Duluth, MN [invited]

2017, November McCumber, S. *Practice-Education Dialogue in Pharmacy*. University of Minnesota-College of Pharmacy, Duluth, MN [invited]

2017, September McCumber, S. *Advance Care Planning-Ethics & Strategies for Success* at Ecumen Lakeshore, Duluth, MN [invited]

2017, August McCumber, S. *2017 Clinical & Geriatric Update-Ecumen Nurse Leaders* at Ecumen Nursing Leaders Conference, St. Cloud, MN. [invited]

2017, May McCumber, S. *Dementia Care Management*. Presentation at Duluth Area Dementia Professionals, Duluth, MN [invited]

2017, February McCumber, S. *Memory Changes*. Presentation at Essentia Lung Rangers Support Group, Duluth, MN [invited]

- 2017, April Donovan, M.L. & **McCumber, S.** *Understanding Mental Health and Neurocognitive Disorders*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2017, February McCumber, S. *Managing Multiple Chronic Conditions*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2016, September McCumber, S. *Cats, Kids & Falls: What's the Dementia Connection*. Presentation at Essentia Health Neurology Staff Meeting, Duluth, MN
- 2016, September McCumber, S. *Cats, Kids & Falls: What's the Dementia Connection*. Presentation at Franciscan Health Center, Duluth, MN. [invited]
- 2016, July McCumber, S. *Dementia: What You Want to Know*. Presentation at Inter-Faith Care Center, Carlton, MN [invited]
- 2016, July McCumber, S. *Advance Care Planning*. Presentation at Ecumen Lakeshore, Duluth, MN [invited]
- 2016, June McCumber, S. *Developing & Implementing a Personal Plan of Care*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2016, February McCumber, S. *Managing Multiple Chronic Conditions*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2016, April Donovan, M.L. & **McCumber, S.** *Understanding Mental Health and Neurocognitive Disorders*. University of Wisconsin Superior Center on Continuing Education, Superior, WI. [invited]
- 2016, June McCumber, S. *Developing & Implementing a Personal Plan of Care*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2015, June Waring, S., Sharland, M., Boyce, M., **McCumber, S.**, Bianco, J. & Rudd, J. *Essentia Health Dementia Health Care Home: Transforming Dementia Health care Delivery Through Primary Care*. Poster presented at 2015 MN Age & Disabilities Odyssey Conference, Duluth, MN
- 2015, September McCumber, S. *Dementia Behaviors and Caregiver*

- Challenges*. Ely Elder Care Expo, Ely, MN [invited]
- 2015, August McCumber, S. *End of Life (EOL) Care: Effectively Supporting Families*. Ecumen Lakeshore, Duluth, MN [invited]
- 2015, May McCumber, S. *Delirium*. Ecumen Awakenings Program, Minneapolis, MN [invited]
- 2015, June McCumber, S. *Reducing Psychotropic Medication Use in Older Adults*. Franciscan Health Center, Duluth, MN [invited]
- 2015, April McCumber, S. *Living with Grief: The Experience of Dementia Patients, Caregivers & Clinicians*. Panel presentation St. Mary's Grief Support Services, Duluth, MN [invited]
- 2015, June McCumber, S. *Developing & Implementing a Personal Plan of Care*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2015, February McCumber, S. *Managing Multiple Chronic Conditions*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2015, April Donovan, M.L. & **McCumber, S.** *Understanding Mental Health and Neurocognitive Disorders*. University of Wisconsin Superior Center on Continuing Education, Superior, WI. [invited]
- 2015, April McCumber, S. *Dementia in the Office*. Presented to Essentia Clinical Assistant Conference, Duluth, MN [invited]
- 2014 McCumber, S. *New Nursing Practice Laws: What? So What? Now What?* Response panel member University of Minnesota School of Nursing Conference. [invited]
- 2014 McCumber, S. *Pain Management in Older Adults*. Benedictine Health Center, Duluth, MN [invited]
- 2014 McCumber, S. *Managing Multiple Chronic Conditions*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]
- 2014 McCumber, S. *Developing & Implementing a Personal Plan of Care*. University of Wisconsin Superior Center on Continuing Education, Superior, WI [invited]

- 2014 Donovan, M.L. & McCumber, S. Understanding Mental Health and Neurocognitive Disorders. University of Wisconsin Superior Center on Continuing Education, Superior, WI. [invited]
- 2013 McCumber, S. *Intellectual Disabilities and Alzheimer's Dementia*. Presented to St. Louis County Foster Care Providers Training. [invited]
- 2012 **McCumber, S.** & Olsen, V. *The Clinical Nurse Specialist in Post Acute Care*. Poster presented at MN Affiliate of National Association of Clinical Nurse Specialists Conference, Plymouth, MN
- 2012 McCumber, S. *Lessons Learned From Re-Hospitalization Reviews*. Presented at Ecumen Lakeshore, Duluth, MN [invited]
- 2012 McCumber, S. "Can Mom Die Here? A Toolbox for Caregivers. Panel presentation presented at Greater Duluth End of Life Coalition, Duluth, MN [invited]
- 2012 McCumber, S. AGS Updated Beers' Criteria. Presented to MSHO Care Coordinators, Essentia Health
- 2012 McCumber, S. *Dementia: The Coming Tsunami*. Presented at Oncology Nursing Society, Duluth, MN [invited]
- 2011 McCumber, S. *Resident Assessment 101*. Presented at Ecumen-Bayshore (2 sessions), Duluth, MN [invited]
- 2011 McCumber, S. *Provider Orders for Life Sustaining Treatment*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]
- 2011 McCumber, S. *The Challenge of Self-Neglect*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]
- 2011 McCumber, S. *Geriatrics 101*. Presented at Ecumen-Lakeshore (3 sessions), Duluth, MN [invited]
- 2011 McCumber, Sara (2011). *Mental Health Challenges*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]
- 2010 McCumber, S. *Targeting Interventions in Member Condition Changes*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]

- 2010 McCumber, S. *Active, Cognitive & Behavioral Support Plans*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]
- 2010 McCumber, S. *Timely Topics: Memory Loss and Alzheimer's Disease*. Presented at Memory Loss Network, Superior, WI [invited]
- 2010 McCumber, S. *Medication Use in Older Adults: Palliative Care Updates*. Presented at Essential Health Palliative Care Rounds, Duluth, MN [invited]
- 2010 McCumber, S. *Healthy Minds & Health Bodies: Case Management*. Presented at University of Wisconsin-Superior, Superior, WI [invited]
- 2009 McCumber, S. *How Dementia Could Impact Your Life*. Presented at SMDC Clinical Trials Program, Duluth, MN [invited]
- 2009 McCumber, S. *Beyond Lorazepam: Strategies for Disruptive Geriatric Behaviors*. Presented at SMDC Primary Care Conference, Duluth, MN (invited)
- 2009 McCumber, S. *Dementia and the Dwindles: End Stage Disease & Advance Care Planning*. Presented at Hibbing and Chisholm, MN [invited]
- 2009 McCumber, S. *Diabetes Management: Management of Complex Patients*. Presented at MSHO Care Coordinators, Essentia Health-Duluth Clinic, Duluth, MN [invited]
- 2007 McCumber, S. *Assessment & Treatment of Pain*. Presented at Douglas County Health Department, Superior, WI [invited]
- 2006 McCumber, S. *ANCC Certification Update*. Presented at Northern Nurse Practitioner Network, Duluth, MN [invited]
- 2006 McCumber, S. *Adult Health System Assessment – Cardiac, Abdominal, Neurological, Musculoskeletal*. Presented at Douglas County Health Department, Superior, WI [invited]
- 2006 McCumber, Sara (2006). *Adult Health System Assessment – History, HEENT & Respiratory*. Presented at Douglas County Health Department, Superior, WI [invited]
- 2005 McCumber, Sara (2005). *Who is That Taking Care of You?*

- Presented at University for Seniors, Duluth, MN [invited]
- 2005 McCumber, Sara (2005). *What's New, What's Next in Alzheimer's Disease*. Presented at Caregiver's Conference, Superior, WI [invited]
- 2005 McCumber, Sara (2005). *Geriatric Pharmacology*. Presented at SMDC Oncology Nursing Conference, Duluth, MN [invited]
- 2004 McCumber, Sara (2004). *Prevention & Early Detection of Alzheimer's Disease*. Presented at St. Mary's – Duluth Clinic, Duluth, MN [invited]

MEDIA/OTHER PRESENTATIONS

- 2020 Interviewed for Video MNORN [2020 Year of the Nurse Meets COVID-19](#) , “Telehealth Use with Patients and Nursing Students.”
- 2020, March 26 Interviewed and quoted in Duluth News-Tribune [Caring for the elderly during COVID-19](#) by Andee Erickson
- 2020, March 18 Interviewed and quoted in U.S. News & World Report, [COVID-19: How Do You Know if Your Parent Is Safe in a Nursing Home?](#) by Lisa Espisito

TESTIMONY

- 2021, March 28 Testimony MN House of Representatives Health Finance and Policy Committee, on behalf of MNNP [HF4398](#) Governor's Supplemental Budget Bill

PROFESSIONAL ACTIVITIES *Offices, Committees, Task Forces*

American Nurses Association

- 2022-2025 Innovations Advisory Committee & Care Delivery Model Work Group (RN & APRN) (Selected)
- 2019-2021 Nominations & Election Committee (Elected)
- 2016-2019 Committee on Bylaws (Selected)
- 2016 Advisory Group member for the Palliative & Hospice Nursing Care Professional Panel
- 2011–2015 Political Action Committee Board of Trustees (Selected)
- 2014-2015 American Nurses Advocacy Institute Fellowship (Selected)
- 2012 –2013, 2008 –2010 Congress on Nursing Practice and Economics (Elected)
- 2009 Meeting with President Barack Obama re. Affordable Care Act
- 2002 – 2006 Nominating Committee (Elected)
- 2004 – 2006 Chair, Nominating Committee (Elected)

1996 – 2000 National Board of Directors (Elected)
 1998 – 2000 Committee on Finance and Planning (Selected)
 1998 – 2000 Managed Care Task Force (Selected)
 1996 – 1998 Committee on Appointments(Selected)
 1997 Unlicensed Assistive Personnel Task Force (Selected)
 1994 – 1996 Congress of Nursing Economics
 March 1993 American Nurses Association, White House Meeting with Hilary Clinton on Health Care Reform (Selected)
 1991 – 1993 Commission on Economic and Professional Security (Selected)
 1989 – 1993 Constituent Assembly
 1988 – present Delegate, Alternate Delegate or Representative to ANA House of Delegates or Membership Assembly (Elected)

American Nurses Credentialing Center (ANCC)

2015 Standard Setting Panel (to determine passing score) for Adult Gerontological Primary Care Nurse Practitioner Certification Exam (Selected)
 2008 – 2010 ANCC Representative to American Association of College of Nursing & Hartford Institute, Geriatric Nursing Adult-Gerontology CNS Competencies (Selected)
 2001 – 2008, 1998-2000 National Board of Directors (Selected)
 2006 – 2007 Vice President (Elected)
 2002 – 2006, 1998-2000 Treasurer (Elected)
 2001 – 2008, Commission on Certification

Gerontological Advanced Practice Nurses Association

2024-2026 Secretary, Board of Directors (Elected)
 2015-present Education Committee
 2020-2024 Education Committee Chair (Elected)
 2021-present Health Affairs Committee & Gero-psych Committee
 2018-present Annual Conference Abstract Reviewer

Minnesota Nurse Practitioners Association

2021-2023 President
 2020-2021 President-Elect
 2019-2021 Secretary
 2018-2019 Membership Liaison on Board of Directors

Minnesota Organization of Registered Nurses-ANA Affiliate

2022-2023,2016-2017 Nominations Committee (Elected)
 2019 -2021 Secretary Board of Directors (Elected)

Minnesota Nurses Association- (ANA Affiliate prior to 2011)

2022 Mental Health Task Force
 2012 –2014 Chair, MNA Foundation Board of Directors
 2002 – 2008 MNA Foundation Board of Directors
 2007 – 2011 Commission on Nursing Practice & Education
 2003 – 2005 Health Care Reform Task Force

2001 Task Force on Medication Safety
1999-2001 Nominating Committee
1985-2011 Delegate to MNA Convention
1994 Task Force on Workplace Redesign
1993 -1997 Commission on Governmental Affairs
1991 - 1992 HIV Task Force
1990 – 1992 Task Force on Strategic Planning
1989 – 1993 President
1987 – 1989 First Vice President
1988 Chair, Executive Director Search Committee
1985 – 1987 Chair, Commission on Nursing Practice
1985 – 1987 Basic Entry Level Task Force
1983 – 1987 Commission on Nursing Practice
1982 – 1984 Secretary, Gerontology Interest Group

Minnesota Nurses Association- Second District

2007 – 2011, 1994-1996 Board of Directors
2003 – 2006, 1986-1990 Treasurer
1997 – 2001, 1985-1987 President
1984 – 1985 First Vice President
1980's Nominating and Program Committee

American Correctional Health Services Association, MN Chapter
1992 – 1995 First Vice President

Colleagues in Caring, Region 2 Collaborative Council
1998 – 2001

Bemidji State University, Nursing Family, Practicum Advisor
Fall 2001

St. Luke's School of Nursing,
1978-1980 Curriculum Committee
1979-1980 Vice President, Student Nurses Association

REVIEWER

2018 The Journal for Nurse Practitioners
2018-2023 Annual Conference Poster Abstracts, Gerontological
Advanced Practice Nurses Association

AWARDS & HONORS

2024 Fellow American Association of NPs (FAANP)

2022	Gerontological Advanced Practice Nurses Association, Excellence in Education Award
2022	Honorable Mention for Outstanding Poster Presentation in Quality Improvement/Evidence Based Practice Project , AACN Doctoral Conference
2021	Gerontological Advanced Practice Nurses Association Rising Star
2020	Gerontological Advanced Practice Nurses Association, Excellence in Community Service Award
2019	NHCGNE Distinguished Educator in Gerontological Nursing
2015-2016	American Nurses Advocacy Institute Fellowship
2013	Edmund Safra Visiting Nurse Faculty Parkinson's Fellowship
2008 – 2009	Hartford Geriatric Scholar, University of Minnesota School of Nursing
2009	Rose Diehn Graduate Scholarship, Minnesota Nurses Association
2005	Education Fellow, Minnesota Area Geriatric Education Center (MAGEC)
2004	President's Award, Minnesota Nurses Association
1994	C. F. Anderson Scholarship, Minnesota Nurses Association
1991 – 1992	Charter Class, Leadership, Superior-Douglas County
1991	Individual Employee Excellence Award, Arrowhead Regional Corrections
1982	Cum Laude Graduate, University of Minnesota
1980	Graduate First in Class of 66 Students, St. Luke's School of Nursing

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

National

2019-present	American Psychiatric Nurses Association
2019- present	Society for Simulation in Healthcare
2011- present	American Geriatrics Society
2009 –present	American Association of Nurse Practitioners
2007 –2019	American Medical Directors Association

2001 – present	Gerontological Advanced Nurse Practitioners Association
2000 – 2012	American College of Nurse Practitioners
1998 – 2016	National Association of Clinical Nurse Specialists
1997 – present Chapter)	Sigma Theta Tau Honor Society of Nursing (Theta Xi
1996 – 2011	American Public Health Association
1980 - present	American Nurses Association

State

2017-present	Minnesota Nurse Practitioners
2017-present	Minnesota Gerontological Society
1980 - present	Minnesota Nurses Association
2012 –present	Minnesota Organization of Registered Nurses
2009-present	Minnesota APRN Coalition
2010 – 2012	Wisconsin Nurses Association

COLLEGE SERVICE

College

2021-present	Faculty Welfare Committee, Chair (2022-2023)
2022	Brightspace Access Task Force
2021- present	JED Working Group-Student Support & Campus Protection
2020-2022	College Virtual Assessment Day-Scorer
2018-2019	Faculty Representative to College Budget Committee
2016-2018	Graduate Council
2012-2016	Faculty Development Committee
2015-2016	Treasurer, Faculty Development Committee
2014-2015	Secretary, Faculty Assembly Steering Committee
2014-2015	Academic Leadership Advisory Group
2014-2015	President’s Leadership Group

School of Nursing

2022	Volunteer Sim Crawl MN Health Education Conference
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2021	Hiring Committee SON Simulation Operations Specialist
2019-present	Simulation Committee -Simulated Patient Policy and Procedure 2021
2018-2020	Workload Task Force
2017-present	Administrative Leadership Team
2017-present	ANEW Advisory Group
2018-2020	Sigma Theta Tau Xi Vice President
2017-2018	School of Nursing Search Committee, Graduate Searches
2016-present	School of Nursing Promotion & Tenure Committee
2016-2018	Simulation Task Force
2013-2015	Inclusivity Task Force
2013-2015	Sigma Theta Tau-Xi Leadership Succession Committee
2012-2013	Executive Committee
2014-2015	Lunch and Learn Presentations to School of Nursing Faculty 2-2014 Test Writing to Remove Cultural Bias 10-2014 QESN Competencies and Strategies 2-2014 Genomics in Nursing Education

Graduate Nursing Department

2023	Search Committee-Three Graduate Faculty Positions
2021-	Graduate Retention and Progression Committee
2021	Hiring Committee DGN Administrative Assistant
2019-2020	Adult Gerontology Acute Care NP Task Force
2017-2019, 2021-	Retention and Progression Committee
2017-2021	Admissions Committee
2016-2017	Graduate Admission & Progression Committee
2017	Graduate Faculty Search Committee
2014-present	Clinical Faculty Task Force/Committee
2010-2016	Graduate Curriculum Committee
2012-2016	Representative to Statewide MN NP Student Conference Planning Committee
2015-2016	Graduate Search Committee-3 faculty searches

2014	Graduate Search Committee, Chair, St. Cloud
2012-2013	DNP Task Force
2011-2012	Graduate Search Committee
2010-present	Graduate Faculty Committee

COMMUNITY SERVICE

2022, June	Alzheimer's Presentations at Faith Haven Senior Living
2019- 2021	Aging Mastery Presentations, Arrowhead Agency on Aging
2018-2023	Minnesota Department of Health, Grant Reviewer Rural Mid-Level Loan Forgiveness
2017-present	Essentia Health Institutional Review Board
2017-present	Essentia Health Advanced Practice Provider Annual Education Planning Committee
2016-2021	Duluth Family Medicine Residency Interprofessional Work Group
2014-2021	Benedictine Health Center Board of Directors
2018, May 2017, June	"Care Talks" Senior Connections, Superior, WI
2017, June	Minnesota Department of Human Services, Video Interview & Role Playing, Intellectual Disabilities & Dementia E-Learning
2013-2017	Essentia Health Dementia Health Care Home Workgroup
2013-2016	Essentia Health Annual Primary Care Conference Planning Committee
2014-2015	Advance Care Planning Northeastern MN
2012-2014	Greater Duluth End of Life Coalition
2011 –2020	Duluth Area Dementia Professionals
	2015 Alzheimer's Walk-Duluth
	2014 <i>Partnering with Your Physician/Nurse Practitioner.</i>

Presented at Memory Club, Duluth, MN. [invited]

2014 *Advanced Care Planning*. Presented at Alzheimer's Association Get the Facts, Duluth, MN [invited]

2012 Presentation- *Advance Care Planning for Older Adults with Alzheimer's Dementia: Physicians Orders for Life Sustaining Treatment and Health Care Directives*. Presented at Duluth Area Dementia Professionals Meeting, Duluth, MN

2011 – 2012	Health Care Home Learning Collaborative, Minnesota Department of Health/Institute for Clinical Systems Improvement
2011 –2012	Health Care Home Learning Collaborative Evaluation Sub-Group, Minnesota Department of Health/Institute for Clinical Systems Improvement
2008	Health Workforce Study Group, Minnesota Department of Health
2008	Health Care Home Task Force, Minnesota Department of Human Services
2003 – 2017	Duluth Bethel Society Communicable Disease and Diabetes Annual Staff Training
2002 – 2005	AIDS Information Duluth Advisory Board
2002	Proposal Reviewer, HIV Health Education and Risk Reduction Program Proposals, Minnesota Department of Health
1998 – 1999	Duluth Family Services Collaborative Health Services Task Force
1988 – 1999	Volunteer Guardian for Chronically Mentally Ill Clients
1987 – 1990	Greater North AIDS Project – Education Committee
1989 – 1990	Greater North AIDS Project – Local Board Member
1987 – 1991	Greater North AIDS Project – Community AIDS Educator
1986 – 1992	Northern Pine Girl Scout Council – Adult Trainer (First Aid, New Leader and Outdoor Camping)

1989 – 1992	Northern Pine Girl Scout Council – Adult Recognition Task Force
1981 – 1984	Northern Pine Girl Scout Council – Board of Directors
1984 – 1988	Northern Pine Girl Scout Council – First Vice President

PUBLICATIONS

McCumber, S. (2026). End of life issues. (2026). *Gerontological resources for APRN preceptors and students (10th ed.)*. Pitman, New Jersey: Gerontological Advanced Practice Nurses Association (GAPNA). **[peer reviewed]**

Arms, T. & **McCumber, S.** (2022). Social isolation: Levels of response in older adults. *Journal of Nurse Practitioners*. **[peer reviewed]**

McCumber, S. & Zucker, J. S. (2022). Asymptomatic bacteriuria. In *Gerontology resources for APRN preceptors and students*. (8th ed). Pitman, New Jersey: Gerontological Advanced Practice Nurses Association. **[peer reviewed]**

Chilke-Harris, K.E.; LaManna, J.B.; Eckhoff, D.O.; Buchanan, L.; **McCumber, S.**;; Corcoran, K.J.; Shea, J.M.; & Rutledge, C. M. (2021). The missing link: The iSOAP model for incorporating telehealth within simulations. *Clinical Simulation in Nursing*, 59, 39-51. **[peer reviewed]**

Baker, N.R.; Schipper, L.; **McCumber, S.**; & Fay, V. (2021). Utilization of long-term care facilities for primary care nurse practitioner students. *Journal of Nursing Education*, 60(2), <https://doi.org/10.3928/01484834-20210120-08> **[peer reviewed]**

McCumber, S.(2021). Cognitive Assessment Utilizing MOCA Case Exemplar on National Telehealth Toolkit for Educators <https://telehealtheducation-ctier.com/wp-content/uploads/Attachment-P-Telehealth-Simulation-Cognitive-Impairment.pdf> **[peer reviewed]**

McCumber, S. (2020). Suggested preceptor preparation for role & Suggested teaching guidelines for preceptors. In *Gerontology resources for APRN preceptors and students (7th ed)*. Pitman, New Jersey: Gerontological Advanced Practice Nurses Association. **[peer reviewed]**

Schipper, L.; Fay, V.: **McCumber, S.** (2019). Primary care in long-term care sites: Long-term care sites as appropriate clinical placements for primary care nurse practitioner students. Gerontological Advanced Practice Nurses Association: Washington, DC. **[peer reviewed]**

McCumber, S. (2018). Suggested preceptor preparation for role & Suggested teaching guidelines for preceptors. In *Gerontology resources for APRN preceptors and students (6th ed)*. Pitman, New Jersey: Gerontological Advanced Practice Nurses Association. **[peer reviewed]**

McCumber, S. (2018). *Ecumen scholars: 2018 home care externship manual*. Shoreview, MN: Ecumen.

Donovan, M. L. & **McCumber, S.** (2015, September) Interprofessional Collaborative Practice: Dementia Case Studies Engage Nurse Practitioner and Occupational Therapy Students. *Journal of Nursing Education*. [peer reviewed]

McCumber, S. (1998). Overcoming Managed Care's Quick Fix. *American Journal of Nursing*, 98(6):80. [peer reviewed]

Reports

Ripp, K., O,Gere, L., (2023) American Nurses Association Innovations Advisory Committee. New Care Delivery Models (Nursing & APRN). Accessed https://www.nursingworld.org/~49458f/globalassets/innovation/guide/iac-new-care-models_20230313.pdf

Book Chapters

McCumber, S. (December 2022). Syncope. In L. Kennedy -Malone & E.G. Duffy (eds). *Advanced practice nursing in the care of older adults*, 3rd ed. Philadelphia: F.A. Davis.

McCumber, S. (December 2022). Hematuria. In L. Kennedy -Malone & E.G. Duffy (eds). *Advanced practice nursing in the care of older adults*, 3rd ed. Philadelphia: F.A. Davis.

Newsletters

McCumber, S. (1993). Will You Be the Nurse of the Future? *Minnesota Nursing Accent*, 65 (1).

McCumber, S. (1992). Looking to New Horizons. *Minnesota Nursing Accent*, 64 (1).

McCumber, S. (1992). United, Autonomous, Political and Powerful. *Minnesota Nursing Accent*, 64 (8).

McCumber, S. (1992). ANA Convention 1992. *Minnesota Nursing Accent*, 64(6).

McCumber, S. (1992). President's Address: 1991 MNA Convention. *Minnesota Nursing Accent*, 64(1).

McCumber, S. (1991). ANCC Certification: The Pathway to Professional Success . *Minnesota Nursing Accent*, 63(8).

McCumber, S. (1991). MNA and Strategic Planning: How Does It Affect You? *Minnesota Nursing Accent*, 63(8).

McCumber, S. (1990). MNA's Answers to the Broad Issues of Nursing. *Minnesota Nursing Accent*, 62(8), 3.

- McCumber, S. (1990). No Longer victims; We Are Leaders. *Minnesota Nursing Accent*, 62(4), 7.
- McCumber, S. (1990). Decade of Decision. *Minnesota Nursing Accent*, 62(3), 3.
- McCumber, S. (1990). MNA: Dynamic, Futuristic and Responsive. *Minnesota Nursing Accent*, 62(1).
- McCumber, S. (1985). Ethical Issues Confronting Managers in Long Term Care. *MNA Nursing Service Administrators Occupational Group Communicator*, 11, 4-5.

RESEARCH/SCHOLARY WORK

2014 Implementing a Medication Adherence Guideline with Older Adults, University of Minnesota, Minnesota, MN Doctor of Nursing Practice Clinical Project

2012 Saftner, M., Quass, B., **McCumber, S.**, & Rich, J. Perceptions of Women's Health Care in Duluth.

2000 Site Coordinator, Minnesota Department of Health Sexually Transmitted Disease Prevalence Study

1996 Selected Health Risk Behaviors of Delinquent Adolescents, University of Minnesota, Minneapolis, MN (Plan B Project)

CONTINUING EDUCATION (LAST 5 YEARS)

- 2023 MN NACNS Pharmacology Series-Perinatal Hypertension Management; Management of Type I Diabetes in Children & Adolescents: Disruptive Behavior Management
- 2023 Professional Development Workshop - Test Writing & Analysis
- 2023 Competency Based Education Professional Development
- 2023 Integrating LGBTQIA2S+ Cultural Care Concepts within Nursing Curriculum
- 2023 NONPF 2023 Telehealth Webinar Series
- 2023 Supporting Resilience: Common Mental Health Diagnoses In Children & Adolescents; Screeners Choice, Scoring & Interpretation in Children; Assessment Skills; Overview of Assessment & Screening: What's the Difference And Why Use Them; Overview of Assessment & Screening; Supporting Parents: The Key to Building Family Resilience;
- 2023 Geriatrics Healthcare Series on Dementia-Winter 2023

- 2023 Integrated Opioid & Addiction Care ECHO-Chemsex 101Part 1 & Chemsex 101 Part 3
- 2023 NONPF 49th Annual Conference: Momentum & Sustainability In Advancing NP Education
- 2023 Co-Occurring Disorders in Primary Care : An Integrated Behavioral Health Approach
- 2023 Crisis Line Response: Helping People with Personality Disorders: Part 2
- 2023 Treating the “Tough Patient” with Just Culture
- 2023 Clinician Toolbox for the Early Recognition & Diagnosis Alzheimer’s Disease
- 2023 Queer and Trans Youth Mental Health: Trauma-Informed & Anti-Racist Co-Conspiratorship
- 2022 Gerontological Advanced Practice Nurses Association Annual Conference
- 2022 Perinatal Suicide
- 2022 Harm Reduction and Pregnancy
- 2022-2023 Stratis Health Opioid Addiction (SOAR) Education & Treatment ECHO Series-multiple weekly topics-including equity
- 2022 MN Outbreak Provider Learning Series: People Who Use Drugs Also have Sex! Let’s Talk to them about Undetectable-Untransmittable.
- 2022 Syphilis Summit Series
- 2022 Stanford Children’s Health Week-Cardiac Arrhythmia, Pediatric Urology, Pediatric Health Equity, Sleep Problems, Urgencies & Emergencies
- 2022 ANA Legislative Hill Day
- 2022 Improving Care for Older Adults Through Nursing Education
- 2022 American Nurses Association-ECHO on Racism in Nursing
- 2022 DEA Virtual Diversion Nurse Practitioner Awareness Training
- 2022 Stratis Health Opioid Addiction in Rural Education & Treatment ECHO series & MN Opioid and Addiction ECHO—multiple sessions, Harm Reduction for Patients with SUD with Naloxone & Fentanyl Test Strips; Toxic/Dangerous Antidepressants Beyond TCAs and MAOIs; Minnesota SUD Reform, Direct Access, and Considerations for Placement – One Counselor’s Perspective
- 2022 MAFP-Opioid Use Disorder Education and Treatment ECHO

series-multiple sessions-In-depth Look at MOUD Tx Options;

2022 Understanding Moral Distress & Moral Injury in Healthcare

2022 NONPF 48th Annual Conference

2022 Standards, Core Competencies and Best Practices in Healthcare Simulation Workshop-February 2022 Cohort

2022 AACN Doctoral Conference-Plenary: Improving Health Equity Through Disability Exclusion; Plenary: Addressing Health Inequities: The Essential Role of Workforce Diversification

2022 AACN Faculty Practice Pre-Conference-Future of Faculty Practice: Addressing Health Equity and Social Determinants of Health in Practice; Leveraging Faculty Practice to Lead Change Towards Health Equity Across Nebraska; Nursing Faculty Practice to Improve Sexual health in the LGBTQ+ Community

2021 NONPF Fall Conference

2021 Medications for Opioid Use Disorder (MOUD) Treatment Boot Camp

2021 ANA Infection Prevention and Control Fundamentals ECHO

2021 Pediatric Psychopharmacology and Mental Health Treatment Education for Prescribers – Suicide Prevention Training

2021 MNNP Catch the Hotdish in Advanced Practice Nursing in MN

2021 Gerontological Advanced Practice Nurses Association Annual Conference- Embedding Diversity, Equity, and Inclusion into APRN Educational Programs; Cultural Intelligence: The Conduit to Bias Management and Health Equity

2021 Thriving Diverse Elders: Effective Communication Strategies

2021 MHTTC Addressing Suicidality When Crisis Shows up in Practice

2021 SSND Virtual Border Immersion: Issues Facing Immigrants at US-Mexico Border

2021 Midwest Tribal ECHO-Indigenous Health Toolkit; Intercultural Development Inventory; Gabapentin: When Does it Help & When Does it Harm?; Addressing Racism with Youth of Color In our Daily Interventions: ReClaiming Their Right to Dream?

2021 Advancing Care Coordination & Transition Management: RN Roles & Professional Nursing Practice

2021 NONPF 47th Annual Conference: New Frontiers for NP Education

2021 HIV Intensive Nursing Review-2021

2021	Train New Trainers Primary Care Psychiatry Fellowship Webinars
2021	Race in Medicine: A Conversation
2021	What's Race Got to do with it? The Use of Race in Medical Decision-Making & Clinical Care
2021	The Match Game: Matching Antidepressants to Symptoms of Anxiety and Depression—Which Drug for Which Symptom?
2020	Elder Loneliness & Isolation: Fact, Fiction or Epidemic?
2020	NONPF Fall conference Excellence in Virtual NP Education
2020	Focusing on COVID-19 Research & Implications
2020	Integrative Care for Provider Burnout Prevention
2020	Care of the NICU Graduate in Primary Care
2020	Dementia Care Specialist Course
2020	Gerontological Advanced Practice Nurses Association Annual Conference
2020	SAMHSA Providing Mental Health Telehealth Services in Farming and Rural Communities
2020	Telehealth Certification for Providers & Educators
2020	Social Justice During COVID-19: The Critical Role Allies Can Play Dismantling Structural Racism
2020-2021	COVID-19 ECHO Sessions (May 2020-March 2021)
2020	Year of the CNS 2020: Virtual Pharmacology Series
2020	Integrated Opioid & Addiction Care ECHO Series-Pain & Opioids Series
2020	Connecting the Dots: Addictions, Mental Health & Trauma Informed Care
2020	Providing Mental Telehealth Services in Farming & Rural Communities
2020	Ongoing Addressing the Opioid Epidemic 2020 Course
2020	Project ECHO: HHS/ASPR Telemedicine TeleECHO
2020	Improving Mental Health care by Understanding the Culture of Farming and Rural Communities

2020 Psychopharmacology for Primary Care Nurse Practitioners

2020 Understanding Social Isolation Series Part 1: What it is, Why It Matters, and How it's Measured

2020 Sustaining Primary Care-Behavioral Health Integration Virtual Conference

2020 NONPF 46th Annual Conference

2020 All Together Better: Innovative Dementia Care Strategies For Healthcare Professionals

2020 Dealing with COVID-19 by Implementing a Telehealth Program: The State of Telehealth Today

2020 Telehealth Clinical Best Practices for COVID-19

2020 Telemedicine in PA Education – A Virtual Panel Discussion

2020 Medical Marijuana: Answers to Your Questions

2020 Telemedicine: Conducting an Effective Physical Exam

2020 Implicit Bias: How practitioners can inadvertently perpetuate Healthcare disparities

2020 COVID-19: A Clinical Update

2020 Helping Patients with Addictions: While Helping Yourself Get Through the Day!

2020 Assessment and Treatment of Treatment-Resistant Depression

2019 Hypertension: A Review of the Current Clinical Practice Guidelines

2019 NONPF Special Topics Conference

2019 Disability Access in Health Science and Medical Education

2019 GAPNA 38th Annual Conference

2019 Mental Health Conference: The Changing Landscape of Mental Health Care

2019 Geriatric Competent Care: Diagnosing & Treating Dementia-Current Best Practices

2019 Culturally Competent Direct Care: Meeting the LTTS Needs Diverse Dually Eligible Beneficiaries

2019 Palliative Care APRN Externship

2019 Nurses Day on the Hill

2019	Simulation Facilitator Workshop
2019	APNA Psychopharmacology Institute
2019	Pediatric Psychopharmacology and Mental Health Treatment Education for Prescribers
2019	NONPF 45 th Annual Conference
2019	AANP Live: 2019 Diabetes Virtual Conference
2019	Meeting of the Minds Dementia Conference 2019
2019	Policy, Regulation & Law: Creative Teaching Strategies for Graduate and Undergraduate Faculty.
2019	The Evolving Role of the Professional Nurse In Ambulatory Care Presentation
2019	To Improve the Quality of Life of LGBT People as They Age
2018	NONPF Special Topics Conference-includes Microaggressions and Implicit Bias
2018	Interprofessional Discussion of Healthcare Ethics: Starting the Conversation
2018	Mental Health Conference: Practical Skills & Strategies for Health Care Providers
2018	GAPNA 37 th Annual Conference
2018	Back to School with Complex Medical Needs
2018	Enhancing Your Clinical Toolbox: Current Best Practices in Geriatric Care for Clinical Faculty in TCU/LTC
2018	Spectrum of Surrogate Decision Making for Adults with Decision Making Deficits: What Are the Options & Who Has Authority to do What?
2018	Geriatric Competent Care: Promoting Practices for Meeting the Behavioral Health Needs of Dually Eligible Older Adults
2018	Caring for a Person with Memory Loss
2018	Medical Letter: Huntington's Disease, Type 2 DM & COPD
2018	Medical Letter: Drugs for GERD and Peptic Ulcer Disease
2018	Tobacco Dependence: Helping Patients Kick the Habit
2018	NONPF 44 th Annual Meeting
2018	Midwest Nursing Research Society Annual Research

Conference

2018	Meeting of the Minds Dementia Conference
2018	Maternal Immunization: Understanding Safety and Efficacy and Making a Strong Recommendation Webinar
2018	Diversity & English Language Learners: Helping Students Succeed
2018	The Diverse Student: Panel Discussions on Success
2018	Community Health Nursing: Strategies for Teaching Undergraduate and Graduate Nursing
2018	Cultural Diversity Part I: Enhancing Success to Provide a Diverse Workforce
2018	Cultural Diversity Part II: Successful Strategies for Developing Cultural Competence
2018	Medical Letter on Drugs & Therapeutics: Pain Medications
2018	AACN Faculty Practice Pre-Conference
2018	AACN Doctoral Education Conference
2018	Update on Cardiovascular Disease Prevention
2018	Trauma Informed Care and the Comprehensive Path to Recovery
2018	Using Simulation for Faculty & Preceptor Development
2017	Standardized Patients: A Critical Resource in Human Simulation
2017	Gerontological Advanced Practice Nurses Association Annual Conference 2017
2017	Certificate in Nursing Education-Drexel University
2017	Psychopharmacology: What You Need to Know About Psychiatric Medications
2017	Who Decides Who Decides, An Ethics Discussion about Decision Making Capacity
2017	Beyond Alzheimer's Disease-Other Causes of Progressive Dementia in the Older Adult
2017	NONPF 43 rd Annual Conference
2017	Meeting of the Minds Dementia Conference
2017	National Association of Clinical Nurse Specialists Annual

Conference

- 2017 Centers for Disease Control and Prevention Autism Case Training : Identifying (Web Based)
- 2017 Bronchiolitis in Children: An Evidence Based Approach
- 2017 Antibiotic Stewardship-The Society of Post Acute and Long Term Care Medicine
- 2017 Twin Ports Dementia Conference
- 2017 Polypharmacy-Preventing Unnecessary Medications in Older Adults
- 2017 AACN: BSN to DNP Education: Lessons Learned
- 2017 Uncomplicated UTIs In Women
- 2016 AACN-Understanding the CDC Guideline for Prescribing Opioids for Chronic Pain and other National Movements
- 2016 AACN-The Opioid Crisis: APRN Curricular Integration
- 2016 Behavioral Health Care for Refugees Webinar-Mental Health Issues of Refugee Population-Screening, Diagnosis, Treatment
- 2016 Minor Consent and Confidential Care for Adolescents: Legal Issues, Barriers, and Opportunities
- 2016 Crisis Intervention and De-escalation-National Alliance of Mental Illness
- 2016 Working with Resistance: Strategies for Helping Clients with Dementia and Their Care Partners
- 2016 Implementing Evidence Based Service Models to Promote Mental Health of Aging Adults
- 2016 Vulvovaginal Atrophy
- 2016 Emergencies in the Geriatric Patient
- 2016 NONPF Special Topics Conference Readiness for Practice: Defining Progress Indicators
- 2016 Zika A to Z: What Doctors in the Northland Need to Know About Zika
- 2016 AACN Webinar: Helping Students turn Dissertations & Scholarly Projects into Publishable Articles
- 2016 Advance Care Planning (ACP) Redesign: Transforming Person Centered Care
- 2016 Adult Gerontology Primary Care NP Live Review

2016	National Organization of Nurse Practitioner Faculties 42 nd Meeting.
2016	Meeting of the Minds Dementia Conference
2015	Pharmacology: Management of Anxiety, Depression & Bipolar Disorder
2015	Extended Release/Long Acting Opioid REM's: Achieving Safe Use While Improving Patient Care
2015	Gerontological Advanced Practice 2015 Annual Conference
2015	Caring for a Person with Memory Loss
2015	8th Annual Midwest Gerontological Nursing Education Alliance Meeting
2015	Long Acting Reversible Contraception, Nurse Practitioner Perspectives
2015	National Organization of Nurse Practitioner Faculties 41 st Annual Meeting,
2015	Skin & Wound Care, PESI
2015	Hepatitis C, University of Wisconsin Superior
2015	Doctoral Education Conference, AACN
2014	Genetics Short Course, National Human Genome Research Institute
2014	National Organization of Nurse Practitioner Faculties 40 th Annual Meeting
2014	Population Health Nursing Series Part II: Incorporating Population Health Into Graduate Education, AACN