

Biographical Statement

Sara McCumber initially completed a Diploma in Nursing, St. Luke's School of Nursing Duluth, MN. Additional education includes: Bachelor of Science in Community Health Education & Master of Science in Public Health Nursing, University of Minnesota (MN); Adult NP and Family NP post graduate certificates The College of St. Scholastica, Duluth, MN; DNP degree University of MN. She also completed fellowships in Older Adult Aging Care at the University of MN & Train the Trainer Primary Care Psychiatry at University of California-Irvine.

Sara is a full Professor with tenure at The College of St. Scholastica, Duluth, MN serving as FNP Program Director and previously Adult Gero Primary Care NP Director. As a professor Sara teaches classes to DNP FNP, PMHNP and AGPCNP students, provides leadership for the Primary Care Programs and champions Simulation with DNP students with an emphasis on Virtual Reality, Telehealth and Remote Patient Monitoring simulation.

Sara also maintains a clinical practice as a Nurse Practitioner at Essentia Health Neurology with a focus on Dementia Care Management and Care Navigation.

Recent GAPNA positions: Secretary National Board of Directors (2024-2026); Board Liaison to Education & Research Committees (2024-2026); Chair Education Committee (2020-2024); GAPNA LACE Representative (2020-2024); Member Education Committee (2010-current); Poster and Podium Presentations at Annual Conference, multiple years last in 2024. Participating in writing team GAPNA column articles in Geriatric Nursing GAPNA proficiencies for the APRN gerontological specialist case studies (2024-present).

Recent GAPNA related work: developing and implementing anti-amyloid infusion care at Essentia Neurology; implementing components of Dementia Care Specialist in neurology clinic; multiple community presentations on Older Adult Care and End of Life Care, "Getting Your Ducks in Order"; implementing virtual reality simulations and RPM with students emphasizing older adults and social determinants of health; and implementing older adult focused simulations incorporating the 5 M's Framework.

Ballot Statement

I have been privileged to serve the membership for the past two years as GAPNA Secretary. By continuing to serve as Secretary of the GAPNA BOD I will be able to achieve: accurately recording meeting minutes of Board and official meetings; representing the views and concerns of the membership to Board deliberations; ensuring continuity in the work of the board; partnering with designated member groups to facilitate effective communication and implementation of their goals; and participating in the development and implementation of the strategic plan. I would like to promote the GS-C certification as

the mark of advanced practice nursing geriatric expertise. As a practicing Adult & Gerontological NP I will bring the direct practice focus to Board deliberations. I will continue to advocate for increasing membership with an emphasis on younger nurse practitioners.

Outcomes of my service to GAPNA will include: accurate meeting records reflecting key deliberations and actions; a strategic plan focused on promoting excellence in advanced practice nursing resulting in improved wellbeing of older adults; increased membership, especially in younger NPs and reflecting the diversity of NP cultures and practice settings; development and refinement of programming to meet membership needs; and GAPNA being positioned as a key voice for older adult care. An additional outcome will be doubling the number of GS-C certified nurse practitioners. During my service on the GAPNA board I hope that member groups and member leaders will implement programs and projects requested by members.