Activity	Contact Hours Earned	Maximum Allowed
Book Chapter Author/Co-		25 per recertification
Author	5; per chapter	period
		10 per recertification
Journal Article Author	5; per article	period
Multimedia		
Presentation/Lecture approved	3; per 1-hour	
by accredited approver or	presentation in	
provider of continuing	recognition of	9 per recertification
education (sole presenter)	preparation time	period
Research abstracts		6 per recertification
published/presented	2; per abstract	period
		15 per recertification
Textbook Editor	15; per textbook	period
Research proposal submitted		
to federal agency, foundation,		15 per recertification
or industry	15; per proposal	period
Study Site Coordinator - must		10 per recertification
not be primary job	5; per study	period
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	1 - 1 manuscript;	
Editors/Assistant	3 - 2 manuscripts;	E nor recertification
Editors/Assistant	5 - 3 or more	5 per recertification
Editors/Manuscript Reviewers	manuscripts	period