President’s Message

What were you doing 25 years ago? Where were you in 1981? How has your life changed? These questions have been running through the minds of the Board as we plan for our annual conference and business meeting at the Sawgrass Resort in Ponte Vedra, Florida. Our theme this year, “Where the Past Meets the Future: A Legacy of Leadership and Clinical Excellence,” unites thousands of advanced practice nurses and others who have a passion for the care of older adults. NCGNP has a long tradition of leadership with issues related to the education of APNs, legislative issues affecting the practice of APNs, and healthcare practices that affect our clients. NCGNP represents a powerful network of APN clinical experts in gerontology and geriatrics to whom industry leaders look for advice and guidance. From our humble roots we have grown into an organization of significant influence. Twenty five years ago, “who would have thunk it?” Well, someone did! And that someone, or to be more accurate, those someones were true pioneers.

Twenty-five years ago they thought it would be a good idea to get some sort of continuing education program for GNPs together, and boy, what a program it has turned out to be (see page 4)! Today NCGNP has a full-time Executive Director and a full complement of staff at our national office in Pensacola, Florida. We are called on by major gerontology groups to partner with them on issues of advocacy, program development, and research. We host an annual education conference that provides over 30 continuing education units. We certainly have grown up a little over these last 25 years! I want to personally thank each of you and tell you how glad I am that you continue to choose to grow with NCGNP, because we’re not done yet! Your membership and active recruitment of new members is vital to NCGNP, so share the good news about this great organization with a colleague and encourage her or him to become a member.

The Board of Directors has recently approved two new chapters, one in Wisconsin and one in North Carolina. These newest chapters will no doubt tell you, and so will I, to think about starting a chapter of “gero groupies” in your own state! Get involved in one of NCGNP’s exciting committees and watch your own circle of knowledge and support expand as you set new standards of excellence with gero-APN experts from across the country on issues about which you are passionate.

And finally I am pleased to announce that NCGNP will offer a GNP certification review course for the first time this fall at our annual conference (see inside for details). So pass the message along to students and faculty you know that NCGNP is doing it again — paving the way for another 25 years of leadership and excellence!

What will you be doing 25 years from now? Where will you be in 2031? I am planning to be at the 50th Anniversary of NCGNP and I hope you will join me in contributing to the history of the next 25 years of this great organization. See you in September at Sawgrass!

Best Regards, Sharon Roth Maguire

MS, APRN-BC, GNP, President

Save the Date

25th Anniversary Conference

“Where the Past Meets the Future: A Legacy of Leadership and Clinical Excellence”

Sawgrass Resort, Ponte Vedra, Florida

September 27–October 1, 2006
Editor’s Note: In our last issue (Spring 2006, Volume 25, Number 1, Page 2) we announced that the Board had hired a new Executive Director (ED) and association management company to help us grow our organization and support the membership. For this issue I asked our ED, Dr. Belinda E. Puetz to tell us how all of this works. Here is her answer — I am sure you will find it as enlightening as I have and will have a better idea of who takes care of what and where you can go with questions. You can also see that future newsletters will come directly from them, in case you have submissions!

Orientation to Association Management Services
By Belinda E. Puetz, PhD, RN, Executive Director

Often when an association changes management companies, it’s a good time for members and others who read their newsletter to know exactly what an association management company (AMC) does for its client association (that’s us!). Regardless of the name, or whether a charitable, professional, or trade group, the member organization is an “association.”

Generally AMCs view themselves and their client association as two elements of one team, both focusing on the same outcomes. Specifically, the Board of Directors is the leadership group of the Association; the Board focuses on governance, being visionaries, and strategically moving forward. The AMC staff manage the day-to-day operations. Together the Board and staff form a partnership to achieve the goals of the organization.

The Board

- Determining the Vision, Mission, and Goals of the Association
- Generating and Adopting a Strategic Plan
- Assuming Fiduciary Responsibility
- Communicating with Members
- Managing the Organization’s Resources
- Determining Programs and Services for Members and Constituents
- Promoting the Organization’s Image
- Mentoring New Leaders
- Assessing and Measuring Organizational Performance

The Association Officers

have specific roles and responsibilities as well (see bylaws available at www.ncgnp.org). For example, the President serves as the spokesperson for the Association. The President also presides at all meetings of the Association.

The Executive Director’s role

is to serve as Chief Staff Officer and to make day-to-day operational decisions. The President and Executive Director partner with each other in these activities to further the Association.

The Association Secretary

reviews the minutes of meetings. The AMC governance staff person actually records the minutes, thus freeing the Secretary to participate in the important discussions of the Board.

The Treasurer

monitors the Association finances, while the staff handle the day-to-day matters of writing checks, filing tax returns, and handling accounts receivable and accounts payable. The Treasurer and staff work together to develop the annual budget to present to the Board for approval. Staff provide the Officers with monthly financial reports.

All of the AMC staff

involved with NCGNP function in an administrative, advisory capacity.

The AMC governance staff:

- Staff (assist with) Board Meetings and Conference Calls
- Prepare and Distribute Minutes
- Implement Board Decisions
- Monitor and Implement the Strategic Plan
- Suggest Projects and Programs
- Communicate and Network
- Conduct Official Correspondence
- Develop Organizational Policies and Procedures

The AMC financial services staff:

- Develop and Maintain Financial Records
- Establish and Maintain Bank and Investment Accounts
- Provide Annual Budget
- Provide Monthly Reports
- Write Checks as Authorized
- Collect Dues and Receivables
- Cooperate with Accountant in preparation of Annual Tax Return and Corporate Filing(s)
- Facilitate Audits of NCGNP’s Financial Records

The AMC member services staff:

- Maintain Membership Records and Database
- Maintain List of Non-Member Prospects
- Invoice Members for Dues
- Follow-Up on Non-Renewing Members
- Respond to Member Requests and Concerns
- Process New and Renewing Membership Applications
- Promote Membership Recruitment and Retention

(continued on page 3)
Orientation to Association Management Services (continued from page 2)

The AMC convention services staff:
- Identify Convention Sites and Make Recommendations to the Board on Selection
- Prepare a Budget
- Manage the Abstract Process
- Negotiate Room Rates, Food and Beverage Rates, and Meeting Room Rates
- Recommend Speakers, Activities, and Special Events
- Publish Travel Information
- Manage On-site Activities (such as Registration, Audiovisual, Handouts, Exhibitors, Speakers, Business Meeting, Social Events)

In addition, staff is responsible for fund-raising and marketing NCGNP products and services to members, member prospects, and others. This includes sponsorship of special events at conventions as well as sponsorship of NCGNP educational activities, programs, and projects, and ongoing operations of the Association.

Publication services staff manage the design, editing, printing, and distribution of the NCGNP newsletter. Staff also work with committees and task forces.

As an AMC, Puetz & Associates, Inc., provides the infrastructure to enable the Board to lead the Association. Puetz & Associates is the “business arm” of NCGNP. We are partners in ensuring the success of NCGNP.

Where the Past Meets the Future:
A Legacy of Leadership and Clinical Excellence

You won’t want to miss this special 25th Anniversary Conference. It promises to be rewarding at every level... professional, educational, and social.

Our conference for 2006 will carry forward its reputation as the premier event for advanced practice nurses engaged in improving health care for older adults. It will feature over 35 hours of continuing education credits including pre-conference and skills workshops, in-track programming, and satellite symposia. Our industry partners are lining up to exhibit, support educational programming, and provide other resources and tools in addition to sponsoring networking events.

Where were you 25 years ago?
We ask each of you to dig through old photo albums and find pictures from 1981 (yikes!) to share with the conference committee. We have some fun surprises in store to celebrate NCGNP’s 25 years. You won’t want to miss it!

Program Highlights

Pre-Conference Workshops:
- Essential Geriatrics Workshop for APNs new to this practice specialty
- Advanced Geriatrics Workshop for seasoned NPs

Practice and Professional Development Topics including:
- Business Development
- Ethics and Futile Care
- Cultural Competence

Relevant Clinical Practice Topics including:
- Heart failure
- Metabolic syndrome
- Wound management
- Women’s health, and many, many more

Research Posters and Presentations

Post-Conference Skills Workshop

25TH ANNUAL NCGNP CONFERENCE,
September 27-October 1, 2006
Marriott Sawgrass Resort and Spa, Ponte Vedra, Florida

The Hotel
The Sawgrass Resort and Spa, located 18 miles from downtown Jacksonville, provides a perfect setting to celebrate the 25th Anniversary of NCGNP. Heralded as one of the “Top 50 U.S. Resorts” by Condé Nast Traveler, the Sawgrass Resort features world-renowned golf courses, a rich assortment of dining and recreational options, a luxurious spa, and picturesque Ponte Vedra Beach just minutes away.

To make your reservations, call the Marriott Sawgrass and ask for the National Conference of Gerontological Nurse Practitioners (NCGNP) room block. Call 1-800-457-GOLF. The room rate is $139 per night single or double, plus 9% tax. We are expecting to fill the hotel fast, so reserve early to take advantage of this great rate.

(continued on page 4)
The Mountain States Project met during May 28-30, 1981, a gathering of geriatric nurse practitioners who were part of a pilot project funded by the Kellogg Foundation. This meeting, identified as the Western Conference of Gerontological Nurse Practitioners, evolved into the NCGNP we know and love today. The meeting was held in Mount Angel Abbey, St. Benedict, Oregon, and was subtitled The Effects of Nutrition on Health in Later Years. The conference program is shown to the right.

The Effects of Nutrition on Health in Later Years
May 28-30, 1981

Wednesday, May 28th
8:00-9:30 pm Film: Nutrition Throughout Life

Thursday, May 29th
8:00-8:30 am Review of Pretest
8:30-10:00 am Nutritional Assessment:
Margaret Dam, RD
10:00-10:20 am Film: Sugartime
10:45 am-12:00 pm Oral Assessment of the Geriatric Patient:
James Bennett, MD
1:00-2:00 pm Body Systems — Nutrition
2:20-3:00 pm Georgina Barte
2:00-2:20 pm Water — Essential to Life
7:00-8:00 pm Film: Anemia — Signal of Disease
8:00-9:00 pm New Trends and Adventures in Practice

Friday, May 30th
8:00-9:00 am Exercise and Nutrition: Della Parks, GNP
9:00-9:20 am Film: Pinch an Inch
9:30-10:00 am Obesity and Chronic Disease:
Della Parks, GNP
10:00-11:00 am Role of Sugar and Disease:
Della Parks, GNP
11:00 am-12:00 pm Film: Great Grain Robbery
12:00-1:30 pm Use of Major Tranquilizers:
John Walsch, MD
1:30-2:30 pm Nutritional Care in Cancer:
Leklem, PhD
2:30-3:00 pm Film: Spider’s Web
3:15-4:15 pm Drug and Food Interactions:
William Simonson, PhD
4:15-5:00 pm Discharge Planning Nutrition:
Casey Pritchard, RD

What Were You Doing in 1981?
In 1981 Ronald Reagan became president of the United States. It was an auspicious year for gerontological nurses. What were you doing then? Were you still in high school? College? Were you a GN pioneer? Please bring your mementoes of that year with you to the NCGNP conference to share with others as we celebrate our legacy! Photos, graduation announcements, birthday cards, wedding and birth announcements — you name it — let’s have some fun with it!
Over the past year, I have been commuting between my home in Boise, Idaho, and Portland, Oregon, in order to complete a postdoctoral fellowship at Oregon Health & Science University. This mentored traineeship will extend my research skills to allow me to address quality of life questions in older adults who live with chronic illnesses in a variety of settings. My research focuses on the symptom experience of older adults with heart failure, with a particular interest in fatigue. In addition, I teach in the GNP program at OHSU on the Ashland campus.

I have been a GNP for 10 years, working in a variety of settings: cardiology clinic, home visits to provide HF community case management, and nursing homes. I chose to become a GNP after 20 years of working as a cardiac nurse in critical care because of the vast opportunities and challenges of meeting the needs of older adults with chronic illness. Along with specializing in geriatric care, I had to leave my comfort area of the hospital and learn to provide care in a variety of settings where older adults spend the majority of their time.

My biggest accomplishment to date has been to transition my practice environment from critical care to long-term care. I underestimated how difficult and time consuming it would be to “crossover” into a completely different culture. However, I have daily experiences that tell me that I made the right decision to change. One that I will share is the joy that I felt participating in a recent holiday party that the staff had planned for the residents of our facility. As I watched the staff skillfully herd all the residents into the dining room, I recognized that I was part of a big family. The staff brought their own children so that the residents could enjoy seeing children sit on Santa’s lap. Any resident who wanted to talk with Santa, played by one of our LPNs, could join in too. And the finale was seeing the residents and staff coax a CNA, who is a professional Elvis impersonator, to take the stage and sing a few carols. I knew that I had crossed over, and I loved my new work setting. Much of the focus for the GNP in long-term care is nursing, and advanced practice brings the autonomy to assure that residents receive the best nursing care. And similar to my legislative mantra, “think global, act local,” the quality of the day-to-day care that we provide will make the difference.

Sharon A. Stephen, PhD, GNP
Chair Health Affairs Committee

The NCGNP CE Approver Unit is the specialty nursing organization accredited by the American Nurses Credentialing Center (ANCC) Commission on Accreditation for advanced practice nurses working with older adults. Approval of CE activities by the NCGNP Approver Unit is the hallmark of excellence for gerontological advanced practice nurses and the health care of older adults, including educational workshops, webcasts, monographs, and other presentations, publications, and electronic media. See the NCGNP website for CE guidelines and application forms.

The American Nurses Credentialing Center (ANCC) Commission on Accreditation granted the NCGNP CE Approver Unit a two-year provisional accreditation in 2004. Now the ANCC has awarded full four-year accreditation to the Approver Unit as a Specialty Nursing Organization for advanced practice nurses working with older adults. This accreditation distinguishes NCGNP as the hallmark of excellence for the approval of CE activities specifically for gerontological advanced practice nurses and the health care of older adults, including educational workshops, Web casts, monographs, and other presentations, publications, and electronic media.

Further, the ANCC has clarified that NCGNP chapters need to apply for approval of CE contact hours through the Approver Unit, not the Provider Unit. The CE Approver Unit guidelines and application forms are posted on the NCGNP Web site and are available to chapters at discounted non-profit fees. For more information, contact the NCGNP National Office at 850-471-7075; toll free, 866-355-1392; or see the Web site, www.ncgnp.org.
Great Lakes Chapter NCGNP News

The Great Lakes Chapter meets quarterly in March, June, September, and December in the Metropolitan Detroit area at various restaurants. March 16, 2006, we met at the Il Posto in Southfield, MI. Ortho Biotech sponsored a dinner meeting with a presentation on “Anemia in Chronic Kidney Disease.” June 22, 2006, Dr. Pina from the Cleveland Clinic will discuss Congestive Heart Failure at Mitchell’s Fish Market in Birmingham, MI. The presentation is sponsored by AstraZeneca.

GLNCGP is a legislative chapter of the Michigan Council of Nurse Practitioners (MCNP). We had an informational display about our chapter at the MCNP educational conference in Troy, MI, March 31 – April 2, 2006. The major legislative effort this year is “Right to Write” — independent APN prescriptive authority. We welcome new members. Please contact Kathryn Cosgrove at klcosgrove@earthlink.net for more information.

Northern California Chapter

The Northern California Chapter of NCGNP has developed a one-page family education pamphlet about the pros and cons of tube feeding in end-stage dementia. It will soon be posted on the NCGNP members Web site for use by all members. It was developed to be used as a starting point for discussions with families of persons who have end-stage dementia, for whom tube feeding is being considered. Special thanks to committee chair Donna Theisen and members Patty Kang, Pat Hess, Jennifer Serafin, Fran Gensberg, and Laurie Umeh for their hard work on this project for the past year.

For more information, contact one of the officers of the Chapter, Robin Bon Fredericks (robin.bon-fredericks@kp.org), President-Elect Jennifer Serafin (jserafin@jhsf.org), Secretary Patty Kang (poweroo48@aol.com), or Treasurer Fran Gensberg.

Illinois (Chicago) Chapter — And the new officers are:

President
Carol Einhorn (cjeinhorn@aol.com)

President-Elect
Carla Tozer (ctozer@medicine.bsd.uchicago.edu)

Secretary
Joanne Miller (Joanne_m_miller@rush.edu)

Treasurer
Julie Schnieder (jmschneid1226@sbcglobal.net)

Looking for a Chapter Near You?

Arizona (Phoenix)
Jean Stanley (jstanley5513@hotmail.com)

California (Northern)
Robin Bon Fredericks (robin.bon-fredericks@kp.org)

Florida (Southern)
Gail Fox-Seaman (gfox277@aol.com)

Illinois (Chicago)
Carol Einhorn (cjeinhorn@aol.com)

Maryland (Baltimore)
Michelle Klima (maklima@comcast.net)

Michigan (Great Lakes)
Bea Iho (b.iho@sbcglobal.net)

New York (Rochester)
Pat Federico-Fields (pfedfields@yahoo.com)

Ohio
Evelyn Duffy (evelyn.duffy@care.edu)

Texas (Gulf Coast)
Andrew Rolniak (ajrolni@aol.com)

Texas (Dallas area)
Joyce Danter (jiharter@aol.com)
Committee Reports

Need a Great Web site for Staying Up to Date on Practice Issues?

Check out Practice Links on the NCGNP Web site (www.ncgnp.org)

The Practice Committee is comprised of eight NCGNP members who have recently come together to revitalize this committee. Its purpose is to disseminate gerontological practice information to advance practice nurses by maintaining the Web site and communicating updated practice information.

The committee has met several times over the past few months to review and update the information found on the Web site. This Web site was originally designed to assist new NPs and experienced NPs new to long-term care, during the transition. It is comprised of seven sections including business planning, equipment, types of visits, nursing home culture, clinical topics, and billing and coding.

During the next several months you will be able to view the updates. We would appreciate any feedback you have.

• What do you like?
• What would you like to see?

Win Three Nights at the Sawgrass Resort During the 2006 NCGNP Conference

Recruit lots of new members — whoever recruits the most regular members (not including students — sorry), with a minimum of 10, wins!

New member applications are available in this newsletter and online at www.ncgnp.org.

Member Services Committee

If you have renewed your membership in the past few months, you have seen our new NCGNP Membership Card, along with lots of additional helpful information about contacting and networking with colleagues locally and nationally. Chapters are developing all over the country: Southern California, Northern Florida, Minnesota, Mississippi, North Carolina, and Wisconsin. Please visit the NCGNP Web site, where you can now update your profile, connect with colleagues, renew your membership, and register for the 25th Anniversary Conference at the Sawgrass Marriott Resort in Ponte Vedra, Florida. Make sure to register before August 1st to capture a reduced rate. Contact Marianne Shaughnessy (mshaughn@grecc.umaryland.edu) for information on how to get involved.
In 1970, those persons from ethnic groups which are statistically under-represented in the United States made up approximately 16% of the population; by 1998 that number had grown to 27%. By 2050 this percentage will increase to approximately 50%, with the largest growth coming from those persons who identify themselves as Hispanic (Administration on Aging, 2004). While the precise number of ethnic elders is unknown, it is reasonable to assume that the numbers are growing with the general population both in persons born in the United States and elsewhere. The states with the largest number of ethnically divers elders are California, Illinois, Florida, Nevada, New Jersey, Massachusetts, Arizona, Virginia, and Michigan (Gelfand, 2003).

Gerontological nursing in these states in particular is likely to be or become a cross-cultural experience. As nurses, we are increasingly likely to provide care to older adults with differing life experiences, values, and interests than ours. As a consequence, it is becoming more and more important for gerontological nurses to develop skills and techniques which welcome elders of all kinds into our care and our practices. Welcoming care is that which is available, affordable, accessible, and acceptable (Jett, 2006).

Gerontological nurses are often in a position to be available to older persons, making care accessible. We provide primary care in nursing homes, assisted living facilities, and in persons’ homes. We can also offer flexible hours and appointments when appropriate and possible. We often accept assignment, and some of us work in free or sliding-scale clinics, contributing to affordable health care. But what can we do to make sure that our care is acceptable to all elders, including those from backgrounds dissimilar to our own?

For an example of how you can prepare culturally specific and appropriate educational materials, see the next page. Health Eating Caribbean Style was created at the request of our Caribbean elders with diabetes. They reported that they were repeatedly told what “not to eat” but never what “to eat.” So we worked with a dietician and the elders themselves to identify common foods and then placed them in categories. We call the categories “Say yes to green,” “Say no to red,” and “Say...
### Healthy Eating Caribbean Style

#### Dairy
- Low Fat Milk (1%)
- Sugar Free Ice Cream
- Evaporated milk
- Coconut Milk
- Whole Milk

#### Oils
- Canola Oil
- Olive Oil
- Vegetable Oil
- Coconut Oil
- Peanut Oil
- Palm Oil
- Butter
- Lard

#### Sweets & Snacks
- Crackers (Low fat)
- Cookies (Nonsweetened, low fat)
- Fruits
- Peanuts (1 handful)
- Peanut butter
- Cane Syrups
- Burnt Sugar
- White Sugar

#### Proteins
4-5 ounces a day (one handful)
- Chicken
- Hen
- Lean Stew Beef
- Conch
- Crabs
- Cod Fish
- Fresh Fish
- Boiled Fish
- Baked Fish
- Snapper
- Smoked Herring
- Salmon
- Smoked Fish
- Lobster
- Patty
- Pork Chops
- Goat broiled
- Lamb
- Salted Cod Fish
- Eggs (3 per week)
- Lean Meatballs
- Chicken & Beef Liver
- Stewed Chicken Feet
- Fried Beef
- Fritters
- Meat fat drippings
- Ox Tail
- Stewed Cow Foot
- Pig Feet Pies
- Tripe
- Bacon

#### Starches
9-11 servings (4-5 cups) per day
- Grits
- Oatmeal
- Porridge
- Yellow Rice
- Brown Rice
- Macaroni
- Whole Wheat Breads
- Banana Bread
- Crackers
- Sweet Potatoes
- White Potatoes
- Corn
- Cassava
- Yucca
- Yam

#### Beans
- Black Eye Peas
- Red Beans
- Lima Beans
- Pigeon Beans
- Black Beans

#### Fruits & Vegetables
9 servings (4 cups) per day
- Spinach
- Tomatoes Fresh
- Okra
- Eggplant
- Leeks
- Onions
- Mushrooms
- Pumpkin
- Avocado
- Beet
- Calabaza
- Scallion
- Shallot
- Malanga
- Tamarind
- Watercress
- Heart of Palm
- Breadfruit
- Cabbage
- Apricot
- Banana
- Any Fresh Fruit
- Bananas
- Sour apple
- Tamarind
- Custard Apple
- Raisins
- Watermelon
- Papaya
- Canteloupe
- Guava
- Sour Orange
- Pineapple
- Strawberries
- Peaches
- Plums
- Mango
- Oranges
- Tangerines
- Grapefruit
- Lemons
- Limes
- Guava

#### Spices
- Salt, small amt
- Pepper
- Scotch Bonnet
- Vinegar
- Ginger
- Garlic
- Peppers
- Thyme
- Sage
- Cinnamon
- Cloves
- Mint
- Nutmeg
- Lemon Grass
- Peppermint

#### Sauces
- Lo-fat Red Sauce

#### Beverages
- Gingerale
- Punch
- Milo Malt Drink
Committee Reports
(continued from page 7)

Historical Committee
Has someone you know in the organization made a big difference in your practice? Consider nominating her or him for inclusion in our special 25th anniversary publication. Contact Historical Chair Norma Small at nsmall@earthlink.net.

Communication Committee
Consider contributing an article for our newsletter, or the NCGNP section of Geriatric Nursing or Advance for NPs. Contact Kathleen Jett at kjett@fau.edu.

Health Affairs Committee
Interested in legislative action and health affairs? Consider becoming your state’s liaison with the Health Affairs Committee! Help your colleagues keep up to date and lend your voice to political action. Contact Sharon Stephen at stephsha@ohsu.edu.

Late Breaking NEWS!!!!
Looking for a really great GNP certification review course?

Plans are in the works for a full-day certification course held the last day of the NCGNP Conference on Sunday, October 1st! Don’t be the last on your block to be certified! Price will be very reasonable and faculty are GNPs of national repute. More details forthcoming on the NCGNP Web site — stay tuned and tell your friends.

Where Were You In 1981?

• In 1981 the Templeton Prize for Progress Toward Research or Discoveries about Spiritual Realities, usually awarded for progress in religion, was awarded to Dame Cicely Mary Strode Saunders, OM, DBE (June 22, 1918-July 14, 2005), a prominent British nurse, physician, and writer involved with many international universities. She was most famous for her role in the birth of the hospice movement, emphasizing the importance of palliative care in modern medicine.

• Minutes after Ronald Reagan becomes president, Iran releases 52 American hostages that had been held captive for 444 days.

• Space shuttle Columbia, the world’s first reusable spacecraft, is sent into space.

• President Reagan appoints Sandra Day O’Connor to be the first woman on the Supreme Court.

• The Pac-Man video game is introduced in the United States.

• Alicia Keys, Elijah Wood, Kelly Rowland, Anna Kournikova, and Britney Spears are born.

• Los Angeles Dodgers win the World Series.

• Oakland Raiders win Superbowl XV.

• New York Islanders win the Stanley Cup.

• Raiders of the Lost Ark is the top-grossing film.

• “Bette Davis Eyes” by Kim Carnes spends the most time at the top of the US charts.

• MTV debuts on cable television, playing music videos 24 hours a day.

• Bob Marley, Jamaican singer and musician, dies at the age of 36.

Ethnic Elders... An Emerging Majority
(continued from page 8)

sometimes to yellow.” The colors used are those common in the Islands. The other side (not shown) has detailed instructions about portions; but with simple instructions, just the list can be used! We also have the same thing in Creole and in just pictures for those who cannot read. Feel free to duplicate (credit appreciated), or contact me for a pdf file at kjett@fau.edu.

If you are interested in more dialog on this topic — come to my workshop at the NCGNP Conference in September. I look forward to putting our minds together!

References:


National Conference of Gerontological Nurse Practitioners, Inc.

The National Conference of Gerontological Nurse Practitioners, incorporated in 1983, invites all advanced practice nurses who specialize in the care of older adults to become members of our organization.

Goals:
1. Advocate quality care for older adults.
2. Promote professional development of advanced practice nurses.
3. Provide continuing education for advanced practice nurses in geriatrics.
4. Enhance communication and professional collaboration among healthcare providers.
5. Educate consumers regarding issues of aging.

Membership Benefits:
1. The NCGNP Newsletter, a quarterly publication written by and for GNPs.
2. Complimentary subscription to Geriatric Nursing Journal.
3. Publication opportunities.
4. Annual convention providing current research and clinical information (reduced fee).
5. Networking opportunities with other GNPs.
7. NCGNP is a member of American Nurses Credentialing Center (ANCC), which allows members a 25% reduction in initial and recertification fees.
8. NCGNP is a member of the American College of Nurse Practitioners (ACNP) and is building affiliations with other national healthcare associations.

Membership:
There are four levels of membership:

- **Active**: (Advanced Practice Nurse; voting privileges) ..................................................$75.00
- **Associate**: (Nonadvanced Practice Nurse) ................................................................$75.00
- **Student**: (Currently enrolled in Advanced Practice Nurse Program)..............................$35.00
- **Retired**: (Previous NCGNP member, now retired; voting privileges) ..............................$35.00

Membership Application:

Name __________________________________________________________

Certifying Body:

- [ ] GNP
- [ ] FNP
- [ ] ANP
- [ ] CNS
- [ ] CS
- [ ] OTHER

Home Address* ___________________________________________________ City/State/Zip____________________________________

Home Phone _____________________________________________________ E-mail* __________________________________________

Employed by _______________________________________________________________________________________________________

Address ___________________________________________________________________________________________________________

Phone ( ____)_____________________________________________ Fax ( ____) __________________________________________

PRACTICE SITE: (Please check all that apply):

- [ ] Admin
- [ ] Clinic
- [ ] Education
- [ ] Home Health
- [ ] Hospital
- [ ] Long-Term Care
- [ ] Rehab
- [ ] Research
- [ ] Sub Acute
- [ ] Other: ________________________________________________

I obtained this form from:

NCGNP Member’s Name:____________________________________________________________________________________________

(Members receive a membership fee rebate for recruiting.)

Convention/Conference:_____________________________________________________________________________________________

To contact NCGNP:

E-mail: ncnomp@puetzamc.com
Web site: www.ncgnp.org
Phone: (850) 471-7075
Toll Free: (866) 355-1392
Fax: (850) 484-8762

Make your check payable to: NCGNP and mail to:

NCGNP National Office
7794 Grow Drive, Pensacola, FL 32514

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Please send your change of address and corrections to ncgnp@puetzamc.com.


NEXT NEWSLETTER DEADLINE:
July 8, 2006

Send articles to Mnicolson@puetzamc.com.